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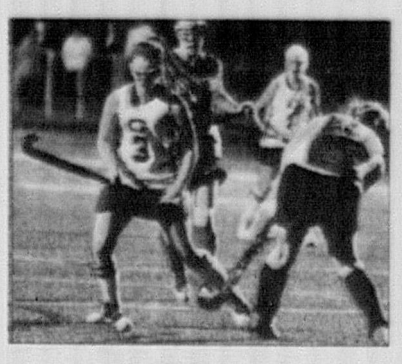

SPORTS

FIELD HOCKEY STILL UNBEATEN

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COHASSET MARINER

Friday, October 2, 2015 | Cohasset.WickedLocal.com | Vol. 36, No. 41 ■ $2

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COMING IN PRINT

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LOCAL GEM

Thayer shares passion for Vo-Tech

DPW retiree will stay involved in school

By Amanda C. Thompson
athompson@wickedlocal.com

By the time this paper hits the stands, Kenny Thayer – recent retiree from the Department of Public Works – will be on his way to Florida to surprise his granddaughter for her birthday.

When he comes back, he'll be starting part-time work (probably towing), drag racing (just because), and, of course, continuing to represent the town of Cohasset as vice chairman of the South Shore Vocational Technical High School (SSVT) school committee.

In other words, retiring from the DPW has not meant slowing down for Thayer.

"I never thought the day would come when I would be retiring," said Thayer. "But I'm not putting my feet up. Now I can devote more time to Vo Tech." Even before he was hired full-time by Cohasset, Thayer was involved at SSVT, and when asked about his retirement, it's that more than anything that he wants to talk about.

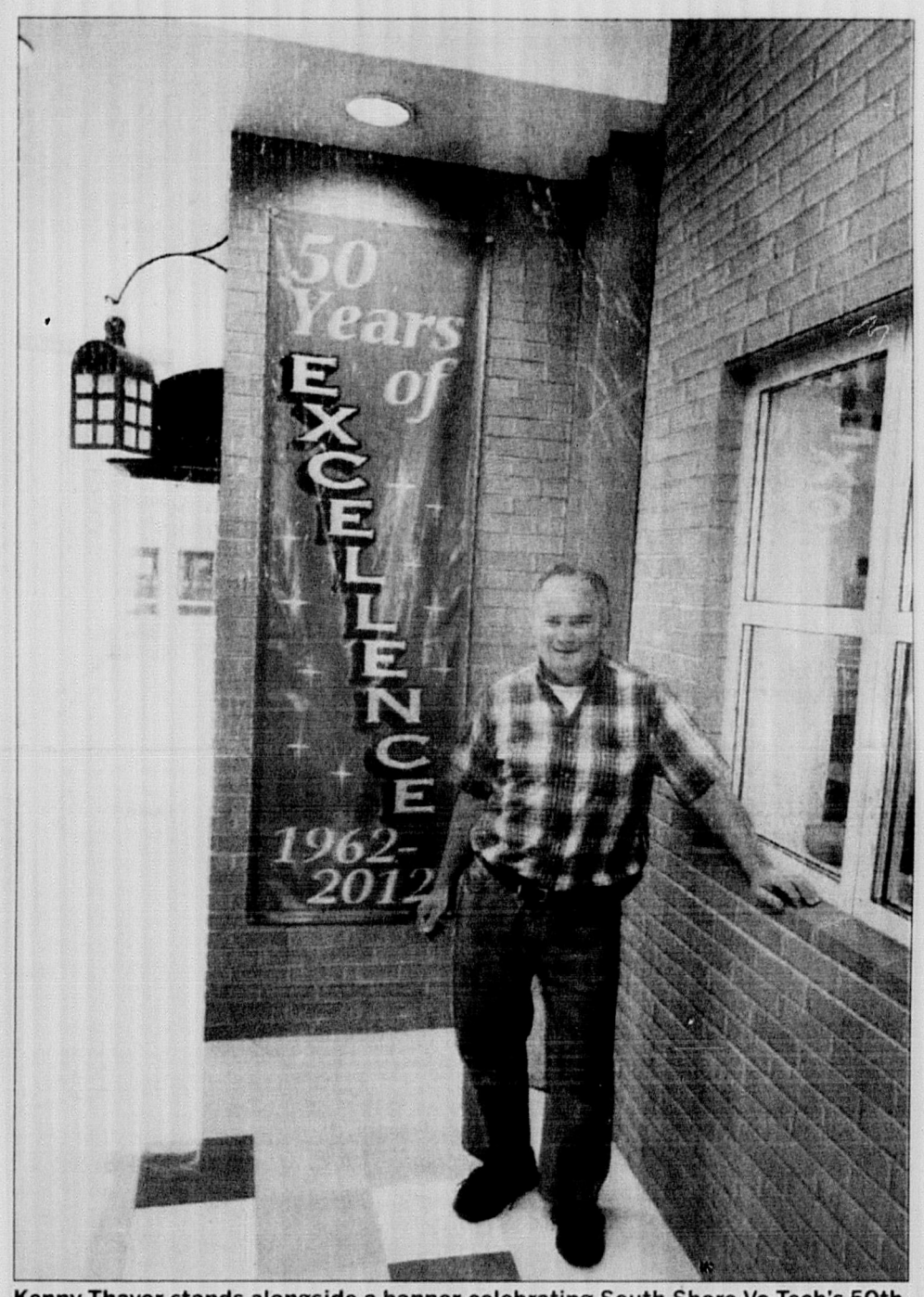
"When you come out of there, you know something," he said. "We need tradespeople. Kids who go in there come out and do stuff they love. We need welders, builders – and that's where they learn it."

SSVT serves eight towns and offers 14 trade programs, including automotive (Thayer's "major"), carpentry, electrical, HVAC, health care, computer info tech, culinary arts, and cosmetology.

The school takes an immersion approach: students take academics for a week at a time, with alternating weeks dedicated to shop work. Incoming freshman have a chance to try all the shops in their first semester; then they choose one to focus on for the rest of their high school education.

The academic work is what one would expect from any public high school. Students follow a block schedule, take MCAS, and have the

SEE THAYER, A13



Kenny Thayer stands alongside a banner celebrating South Shore Vo-Tech's 50th anniversary. WICKED LOCAL PHOTOS BY CHRIS BERNSTEIN

South Shore Vo-Tech alumnus Kenny Thayer of Cohasset has been an automotive advisor to the school.

LIBRARY

Light switch

LED retrofit ready to go

By Amanda C. Thompson
athompson@wickedlocal.com

Next week, the books on the shelves won't be the only thing that's illuminating at the library. The building is about to undergo a complete lighting retrofit, which will replace 276 fluorescent and incandescent lighting fixtures with high-efficiency LED ones.

"I never realized how many different fixtures there are in there," said Brian Joyce, director of project management. "There are wall sconces, ceiling lights, hanging pendants – there's an amazing variety that you don't realize until you walk through."

Starting October 13, every one of those fixtures will be getting a lamp transplant. Just the lamp, though. They are changing bulbs, not décor.

"Aesthetics were a major concern," said Joyce. "The fixtures were architecturally chosen for a reason when they did the library over. That's why we're staying with the same architectural features; we're keeping the housing the same and only changing the interior."

"The goal is to remove all mercury-containing fluorescent lamps," said Ed Kordash, energy analyst for Energy Conservation, Inc., the company in charge of the project. The company has already completed an LED lighting retrofit at the Police and Fire station, replacing 148 fixtures.

Kordash explained that, in a fluorescent lamp, there is a small amount of mercury gas inside the lamp. When the filaments come on and excite the gas, it

SEE LIGHT, A12

CHILDREN'S BOOK

Local author's story grows wings

By Amanda C. Thompson
athompson@wickedlocal.com

Like a garden, a book must be grown before it can be harvested and enjoyed. It's not enough to plant the idea-seed. It need the author's rain and the publisher's sun. It must be edited, pruned, and weeded.

Velma Begley's new children's book, "The Way of the Meadow," indeed seemed to follow the way of the meadow as it grew. It did not look like much at first – just a collection of paintings from her garden that featured butterflies, flowers, and fairies.

The fairies were created by students at the charter school in Hull, which Begley co-founded and where she taught for 20 years before retiring last spring.

The butterflies were tenants in Begley's home garden. For a while, she had a hobby business called "Whispering Wings Butterfly Farm" that provided butterflies to release at weddings and graduations.

But there aren't as many

SEE AUTHOR, A13

Velma Begley draws much of her inspiration from nature and her garden in Cohasset. WICKED LOCAL STAFF PHOTO / ROBIN CHAN

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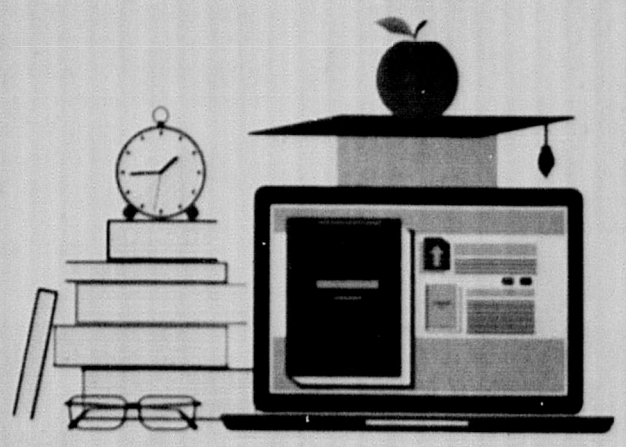
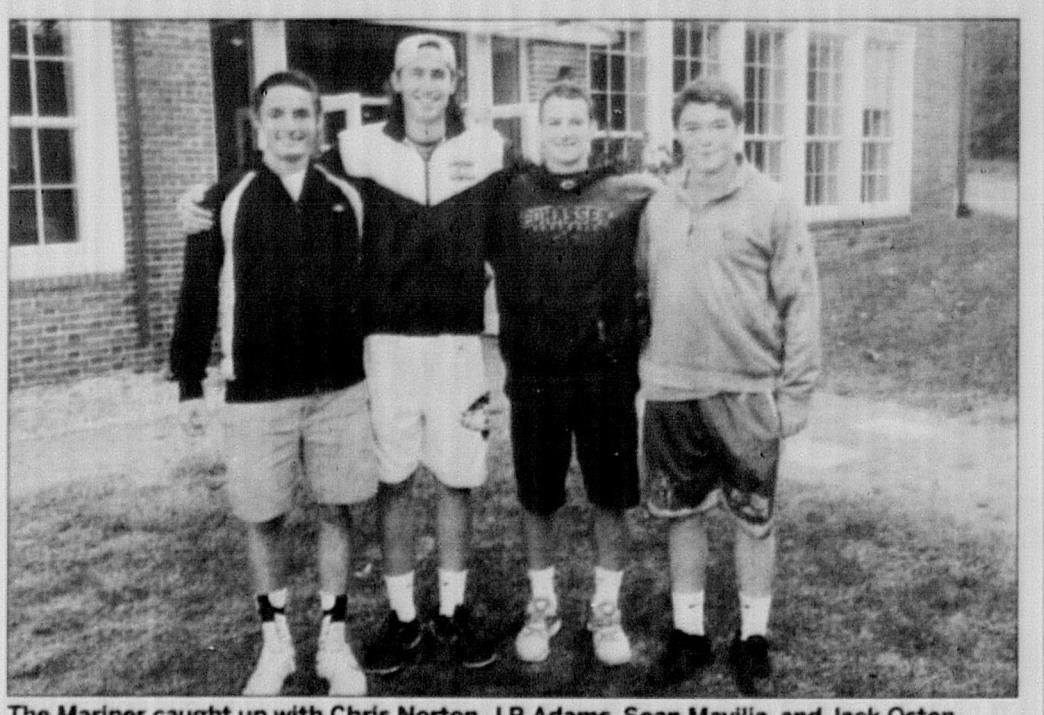

Coming Next Week
Trying to decide on the best private school for your child? Turn to our **Preparing for Private School** section to the get the tips and guidance you need as you prepare to make that important decision.
WICKED LOCAL

PICTURE THIS

Chris, J.P., Sean and Jack



The Mariner caught up with Chris Norton, J.P. Adams, Sean Mavilia, and Jack Osten, members of Jack Buckley's community service class, who were helping the the Rec. Department move into its new home behind the library. WICKED LOCAL PHOTO BY MARY FORD

Names: Chris Norton, John Paul (J.P.) Adams, Sean Mavilia, and Jack Osten

Occupation: Members of Jack Buckley's Community Service Class at Cohasset Middle High School.

Best day of your life: When I get into college (Chris). Catching my first bluefin tuna (J.P.). I hope it hasn't happened yet (Sean). Lacrosse state championship (Jack).

Best vacation: Yellowstone National Park (Chris). Anguilla (J.P.). Utah (Chris). British Virgin Islands (Jack).

Favorite season: Summer (Chris, J.P., and Jack). Every season (Sean).

Favorite holiday: Christmas (Chris, J.P., Sean and Jack).
Favorite junk food: Gushers (Chris). Rice Krispies Treats (J.P.). Powdered donuts (Sean). Cake (Jack).

Best book: "Lord of the Flies" (Chris and Jack). "Animal Farm" (J.P.). Siddhartha (Sean).

Best movie: "Interstellar" (Chris). "Sandlot" (J.P.). Anything with Mark Wahlberg (Sean). "Wolf of Wall Street" (Jack).

Best TV show: "How I Met Your Mother" (Chris). Sports Center (J.P.). "Prison Break" (Sean). "Narcos" (Jack).

Best music, group, or artist: Drake (Chris). Zac Brown Band (J.P.). Russ (Sean). Mike Stud (Jack).

Pet peeve: When people brag (Chris). When people waste (J.P.). Unreasonable people (Sean). Slow drivers (Jack).

Fun fact: I am a twin (Chris). My dad was one of 12 children (J.P.). I have siblings (Sean). I have two dogs (Jack).

Goal: Start my own business (Chris). Nice family and successful job (J.P.). Success (Sean). Go to school down south and major in business (Jack).

Person you'd most like to meet: Abraham Lincoln (Chris and Jack). Muhammad Ali (J.P.). Frederick Douglass (Sean).

Biggest worry: I don't get into any schools (Chris). College (J.P.). Getting insured (Sean). Losing a close friend of family member (Jack).

Best part of Cohasset: The ocean (Chris). Sandy Cove (J.P.). Bassing Beach (Sean and Jack).

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PHOTOS
Coastal cleanup

VIDEO
Dishing it out at Boathouse Bistro

BLOG: WILD ABOUT BIRDS
Pam French, owner of Wild Birds Unlimited, has the word on birds.

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- New HR director here to help employees

COHASSET ELDER AFFAIRS

Creating your personal legacy

Cohasset Elder Affairs events and activities scheduled for Tuesdays and Thursdays will take place at Willcutt Commons, 91 Sohier St. Others will remain at 3 North Main St. unless otherwise stated. Call 781-383-9112 for reservations to ALL events.

■ **Thursday, Oct. 8, 1 p.m.** Five Wishes, Aging with Dignity. Nancy Curtis from Beacon Hospice will discuss formulating end of life directives. Learn about a simple document that helps you communicate who you want to make health care decisions for you when you can't make them, the kind of medical treatment you want, and other important things you want your loved ones to know. Free, but please call to let us know you will be attending. At Willcutt Commons, 91 Sohier St.

■ **Thursday, Oct. 8, 15, 22 (Part 1) and Nov 5, 12, 19 (Part 2) 4 to 6 p.m.** Creating Your Personal Legacy: Facilitated by artist, photographer, pilot and workshop leader Margot Cheel. Explore your passions to develop their influences both now and to come. Practical exercises to identify what matters to you and how to express it to family, friends or your community. Complimentary first class. To register contact: Margot@margotcheel.com or 781-383-9184. $55 for Part 1 or $100 for Parts 1 and 2. At Willcutt Commons, 91 Sohier St.

■ **Tuesday, Oct. 13**, at noon Octoberfest lunch. Reservations required. Celebrate the fall season with delicious German food from Chef John, and music from members of the Cohasset High School band. $5. At Willcutt Commons, 91 Sohier St.

■ **Tuesday, Oct. 13, 6 to 8 p.m.** Alzheimer's Association presents: It All Starts with Communication. Learn communication techniques to minimize frustrations, decrease anxiety and avoid disagreements. Free, but registration is required 1-800-272-3900. Location TBA.

■ **Thursday, Oct. 15, 6 p.m.** "Being Mortal." This PBS documentary follows writer and surgeon Dr. Atul Gawande as he explores the relationships with patients approaching the end of life and how to help people navigate their final chapters. At Sunrise, shown in conjunction with CEA. Free. To attend, call 781-383-6300. Transportation available.

■ **Tuesday, Oct. 20, 1:30 p.m.** Medicare Open Enrollment Presentation. Peg McDonough, of the regional SHINE office (Serving Health Insurance Needs of Elders) will be here to discuss the options you have under Medicare for 2016. For reservations, call 383-9112. At Willcutt Commons, 91 Sohier Street.

Ongoing Programs

Lunches. Tuesday-Thursday, noon Meals provided by local restaurants and talented Cohasset cooks. Reservations requested no later than 24-hours in advance. Willcutt Commons, 91 Sohier St.. Voluntary donation, $3.

Reiki. Second Wednesday of the month, 15 minute treatments to help heal and reduce stress. By appointment, 1-2:30, at 91 Sohier St. $3.

Yoga/Meditation: Thursdays, 8:30 a.m. Eclectic, fusion, beginner-friendly yoga class offering a variety of combinations to help you on your path to mindfulness and calm. Drop in class. $5.

Veteran's Services hours, Tuesdays and Thursdays, 1 to 4 p.m. at 91 Sohier St.

Gentle Yoga. Tuesdays, 9:30 to 10:30 a.m., Wear comfortable clothing. Bring a mat. 91 Sohier St.

Line Dancing: Tuesdays, 1:30 to 2:30 p.m., Beginner to beginner plus. Helps posture and balance, improves memory skills and confidence. Drop-ins welcome. 91 Sohier St.

Sit to Get Fit: Thursdays, 10 a.m.

Book Club: First Thursday of the month, 1 p.m., 91 Sohier St.

Knitting: Drop in. Learners welcome. Fridays from 1 to 3 p.m. Edna Finegan, leader. Cost is $3. 3 North Main St.

Transportation: Door-to-door van service to the following. For out-of-town trips a voluntary donation of $5 is requested.

Medical appointments within a 15-mile radius of Cohasset.

Around Town Route 3A: Mondays, 1 to 3 p.m.

Shaw's: Tuesdays, 1 p.m.

Cohasset Train Station: Wednesdays, at 9:04 a.m. train inbound. 3:08 p.m. outbound.

Walmart/Hanover Mall: Wednesdays, 9:30 a.m.

Around Town downtown Cohasset: Thursdays, 9:30 a.m.

Farmer's Market: Thursdays 1:45 p.m. pick up, 3 p.m. return.

Stop & Shop: Fridays, 9:30 a.m.

Trader Joes/Marshalls: Second Friday of the month, 9:30 a.m.

Derby Street Shops: Third Friday of the month, 9:30 a.m., return 11:30 a.m.

Christmas Tree Shop: Fourth Friday of the month, 9:30 a.m.

South Shore Tide Chart

COHASSET HARBOR (WHITE HEAD)

OCT. 2015		HIGH				LOW					
		AM	HGT.	PM	HGT.	AM	HGT.	PM	HGT.	SUNRISE	SUNSET
Thursday	01	2:01	10.5	2:21	11.0	8:01	-1.0	8:34	-1.4	6:39	6:25
Friday	02	2:56	10.0	3:14	10.6	8:53	-0.5	9:29	-0.9	6:41	6:23
Saturday	03	3:52	9.5	4:10	10.1	9:48	0.0	10:26	-0.4	6:42	6:21
Sunday	04	4:52	9.0	5:09	9.6	10:45	0.6	11:26	0.1	6:43	6:19
Monday	05	5:54	8.6	6:12	9.2	11:45	1.0			6:44	6:18
Tuesday	06	6:57	8.4	7:15	8.9	12:28	0.5	12:48	1.2	6:45	6:16
Wednesday	07	7:58	8.3	8:16	8.8	1:30	0.7	1:49	1.3	6:46	6:14
Thursday	08	8:54	8.4	9:11	8.8	2:28	0.8	2:47	1.1	6:47	6:13

Please be aware that all tide charts are really just predictions and assume average weather conditions. Usually, onshore winds or low barometric pressure will produce higher tides than predicted and vice-versa.

UPDATE

Community offers oasis in aftermath of fire

By Amanda C. Thompson
athompson@wickedlocal.com

In the aftermath of a fire that ravaged much of her home at 33 Tower Lane last Thursday (Sept. 24), the thing Heather Nicholls misses the most right now is her raincoat.

"A lot of stuff was ruined," Nicholls said. "But it's just stuff. Everybody is safe; that's what's important."

Nicholls said that friends, family, and community members have been very supportive, providing places to stay and extra clothing to tide them over. There's no word yet on when she and her family can move back into their own house.

"The house is unlivable right now," Assistant Fire Chief John Dockray said last Friday. "There was a lot of heat, smoke, water and fire damage. They should be able to move back in, but I don't know how soon." He estimated that roughly $500,000 of damage had been incurred by the structure and its contents.

It took two hours, five fire departments and nearly 30 firefighters to douse the fire, which broke out on the second floor at 1:33 p.m. last Thursday afternoon and later spread to the third floor and attic.

Cohasset Fire Department responded with two fire engines, a ladder truck, and an ambulance. They started by attacking the fire from the exterior but soon had to run an additional line from the hydrant on Ripley Road all the way up the hill, through the front door, and up to the second floor, where firefighters had to open up the walls and ceiling to get at the spreading flames.

When Fire Chief Silvia arrived on scene, he called for a second alarm, which summoned reinforcements from Hingham, Hull, Scituate and Norwell. Hanover covered fire headquarters while the units were operating. Ripley Road was closed during this time.

Support was also provided by the Pembroke Fire Air Supply Unit and the Department of Fire Services Rehab Unit, which allows members to take short breaks during the course of the call to rest and rehydrate.

The only member of the family who was home when the fire started was the dog, which had been dropped off half an hour earlier by the family dog-walker. Firefighters let the dog outside when they arrived. Nicholls said she was on her way home from Boston when the fire broke out, and the kids were still at school.

The fire did not spread to any nearby structures or vegetation, and no one was seriously hurt. Two firefighters, one from Cohasset and one from Scituate, were transported to area hospitals for minor injuries. Both were released soon after.

In conjunction with the Cohasset Fire Department,

Assistant Fire Chief John Dockray and Rockland Fire Chief Scott Duffy talk after they had helped extinguish the two alarm fire at 33 Tower Lane on Thursday, Sept. 24. The fire started in the front corner on the second floor. WICKED LOCAL STAFF PHOTO/ ROBIN CHAN

Cohasset firefighter/ paramedic Tim Collins checks the damage to the roof from the third floor after the two alarm fire on Tower Lane on Thursday, Sept. 24. WICKED LOCAL STAFF PHOTO/ ROBIN CHAN

Hingham firefighter/ paramedic Carlton Chambers spray down the roof to make sure that it won't start up again. WICKED LOCAL STAFF PHOTO/ ROBIN CHAN

POLICE BEAT

Tractor-trailer takes down cable, electrical wires

By Mary Ford
mford@wickedlocal.com

A 2007 tractor-trailer took down cable and electrical wires last Thursday afternoon around 3 p.m. at Black Rock and Jerusalem roads, knocking out power to several neighbors after the wires were pulled from homes during the mishap. A utility pole was also moved two to three feet, police said.

National Grid, Verizon and Comcast all responded to restore service. The driver of the 53-foot tractor-trailer that was in the area as part of a construction project was a 26-year-old man from Mint Hill, N.C.

Police had to direct traffic around the accident site.

MV stops/tows

■ At 2:46 p.m. on Monday (Sept. 21), an officer's attention was drawn to a 2006 GMC Envoy traveling on Chief Justice Cushing Highway (Route 3A) with an expired registration sticker on the license plate. The officer stopped the vehicle, being operated by a 66-year-old Scituate man, and confirmed the registration had expired. The driver was unable to renew the registration online and the vehicle was towed; he was issued a $105 citation for operating with expired registration.

■ At 2:41 p.m. on Saturday (Sept. 26) on Bancroft Road a 2013 Chevrolet Silverado pickup truck, operated by a 60-year-old Cohasset man, was stopped for an expired registration. The man could not renew it online and the truck was towed. He was issued a $105 citation.

■ At 5:37 p.m. on Sunday (Sept. 27) on Chief Justice Cushing Highway, police stopped a 2004 Toyota Tundra pickup truck with an expired registration that could not be renewed online. The 39-year-old Hingham man who was driving was issued a $105 citation and the truck was towed, police said.

Liquor regulations

Cohasset police have notified liquor license holders in town that they will be conducting licensed premises inspections this month.

The town adopted comprehensive liquor regulations a year ago and police conducted preliminary inspections in June to help educate license holders and provide guidance on how to comply with the new regulations which are detailed on the town website (cohassetma.org).

Results of the inspections will be provided to the Board of Selectmen and the Alcoholic Beverage Control Commission, police said.

Litter dump

A Cohasset homeowner on Black Rock Road nearly fell victim to a recent driveway paving scam but may have been spared because the two men were arrested for fraud in Weymouth before they could complete the work.

Cohasset police responded to a complaint on Tuesday (Sept. 22) about illegal dumping of asphalt and debris at a construction site on Jerusalem Road (former Templar House); the caller got the plate on the vehicle that traced back to the men who were arrested. Cohasset police may seek charges of illegal dumping against the men.

Found car

A 62-year-old Scituate woman called police in a panic from Shaw's on Wednesday afternoon (Sept. 23) believing her 2008 Volkswagen sedan had been stolen. She called back after several minutes having located her car, having apparently forgotten where she had parked it.

Deer accidents

Two car accidents involving deer were reported last week. One apparently occurred on Sohier Street; around 8 p.m. on Wednesday (Sept. 23) a caller reported a dead deer on the side of the road. There were no details about the accident.

The second one occurred on Route 3A near Red Fox Lane (not far from Stop & Shop) on Sunday (Sept. 27) around 8:30 a.m. In that accident, a 44-year-old Scituate woman in a 2007 Toyota Camry was headed north when the deer darted out from the west side of the road. There were no injuries and the Toyota had moderate damage but was drivable.

Exercising

A caller from Fairoaks Lane called police around 5:30 a.m. on Thursday (Sept. 24) after hearing banging noises in the roadway. It turned out to be a couple of people conducing cross-fit training who were up early to get their workout in.

Signage

5 South Main asked and was granted permission to take down the temporary no-parking signs in front of the eatery during business hours. National Grid is doing overnight gas main work in the village and the signs clearly spell out the no-parking hours but some motorists just see "no parking" and keep going. Police urge residents to support local businesses during this utility work.

Rear-end crash

Police responded to a rear-end accident at the lights at Stop & Shop on Sunday (Sept. 27) at 11:33 a.m. A 2015 Chevrolet pickup truck, operated by a 33-year-old Hingham man, had stopped at the lights headed north when hit from behind by a 2007 Jeep Grand Cherokee, operated by a 57-year-old Cohasset woman. The Jeep was towed; the truck was drivable. The Cohasset woman was cited for following too closely on a state highway.

Suspended license

A 30-year-old W. Roxbury man is being summonsed to court for operating after license suspension following a traffic stop on Chief Justice Cushing Highway (3A) by Hingham Lumber on Sunday (Sept. 27) around 6:18 p.m. An officer pulled over the 2008 Nissan Pathfinder that was later towed. The man's license had been suspended for a payment default, police said.

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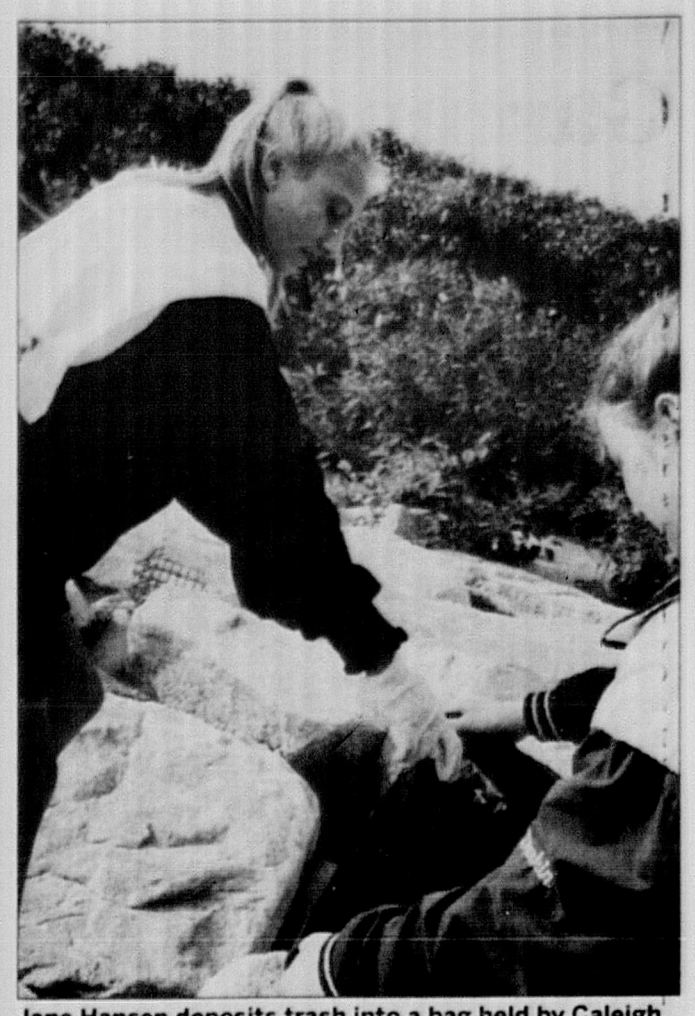
Clean sweep

Caroline Hess has handfuls of trash.

STAFF PHOTOS BY ROBIN CHAN

Peter Afanasiw drops some debri into a garbage bag held by Caleigh Durkin while cleaning up Rocky Beach.



Jane Hansen deposits trash into a bag held by Caleigh Durkin.

Freshman Olivia Hansen hands a handful of empty cans while looking for a bag to throw them away while helping clean up Rocky Beach on Friday, Sept. 25. One hundred twenty freshmen were cleaning up the shores of Cohasset that day.

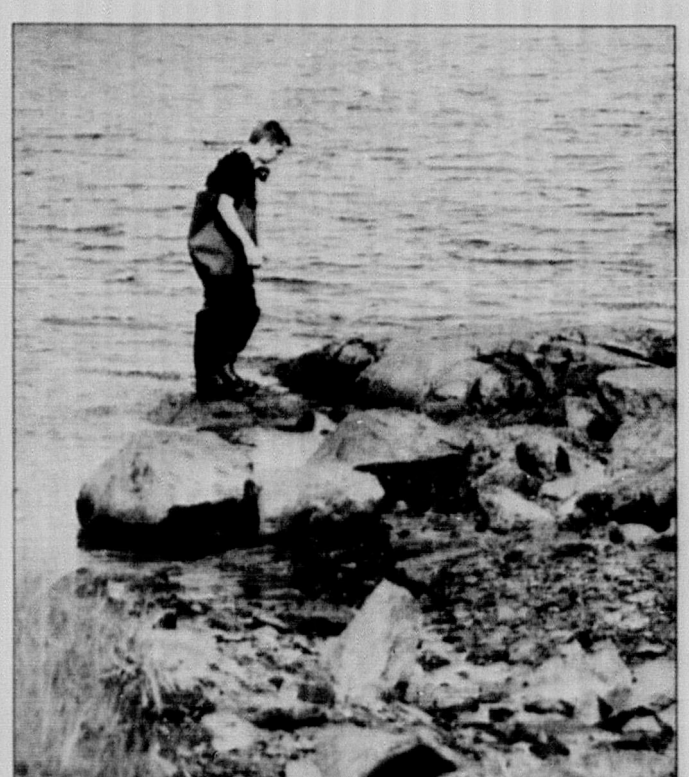
A handful of freshmen climb the rocks of Rocky Beach to find trash.

Freshman Torey Vater and Michael Milanoski clean up the marshes by CSCR.

Lucy Novelline, Elizabeth Zheng, and Bridget Wixted look at the different types of trash they found in the marshes around CSCR.

The crew at CSCR pose for a group photo with some of the trash they extracted from the marshes around the research facility.

Joe Donaghue, right, holds the bag open for Keith Hendrickson who was throwing garbage away at Rocky Beach.



Kevin Perrone heads back to shore after helping clean up around CSCR.

Freshmen Tommy Olson and Sofia Whetstone record the different type of trash they found in the marshes by CSCR.

WILLCUTT COMMONS

Garden, landscaping reflects spirit of community

By Jan Todd
Special to the Mariner

Willcutt Commons, Cohasset's new senior center, is now enjoying its garden. The landscaping was completed over the summer. Included are an irrigation system, a terrace, sidewalks, benches, flagpole, multiple trees, shrubs, flowers, and a lawn of grass. Like the building itself, its landscaping has been the work of several parts of Cohasset's community. The accompanying large-group photo captures the majority of the people who were involved. (All of the women, channeling Grant Wood, were those who worked directly with the planning and planting of the garden.)

The Social Service League of Cohasset was the driver behind both the building and its landscaping. Marita Carpenter, president, Sandra Halverson, vice president, and Christine Murphy, treasurer, attended landscape meetings, kept all of the moving parts to a schedule, and were supportive in every way they could be to encourage the garden's planners.

Marita has named the terrace and its garden, The Friendship Garden. Set into the terrace is a memorial to the memory of a young Cohasset man, Justin Langham. Two other memorials, one at the base of the flag pole and the other set in front of a tree along the front, are remembrances of two exceptional men, T. Gerard Keating and Sumner Smith Jr., both of whom gave parts of their lives to the Council on Elder Affairs. The terrace's stone benches will be dedicated to the Community Garden Club of Cohasset and to Cohasset's Rotary Club.

The Community Garden Club of Cohasset has been saving money for the past five years for this project. In 2010 the Club offered their involvement. Yuletide, the Christmas holiday house tour, is their major fundraiser. Largely from that, the Club has been able to provide the funds for the garden that now exists, both along the side of the building as well as at its front right side. The Club has planted 15 trees, a double row of roses and lavender, as well as hydrangeas and boxwood, just to mention a few of the plantings. Sestito Landscaping planted the garden.

A most generous contribution came from Rotary Club. Their gift will be distributed over five years. In addition, one of the Rotarians, Wayne Sawchuk, supplied plants from his private holdings, plus he worked on building walls and on the hardscape. Glenn Pratt was another individual who made the garden a reality. Marita refers to him as "Mr. Citizen." He was the chairman of the building committee, but a chairman who was hands-on. He was often in the garden in jeans working on some aspect of the landscaping.

Two other local people, each of whom run landscape companies in Cohasset, are Margaret Cotter (Design With Plants) and Martha Gangemi (MLG Landscape Design). They were guided by pragmatic principles: Use hardy native plants and choose plants that will be easily maintained – but are attractive. Their donation of skill and time was immensely valuable. They created professional landscaping plans. These became one of the backbones of the project. Before the hard winter set in last November, Wayne Sawchuk was able to plant the entire bank side of the property, using his private supply of plant material and his company's labor, to provide the hardy natural native border set out by Martha and Margaret in their collaborative plans.

Community – clubs, businesses, private citizens came together to bring green life to Willcutt Commons. This is a garden to nourish both mind and soul, to provide a spot for pleasure and for peace.

Rotary pledged

Three years ago the Cohasset Rotary Club pledged to provide $25,000 paid over five years towards the new patio terrace and associated work and furnishings for the new outdoor space at Willcutt Commons, 91 Sohier St.

The Cohasset Rotary Club's contributions to date have paid for the preparation and installation of the 900-square-foot masonry terrace, and placement of two granite benches and "Friendship Park" circle, which is now complete. Coming early next year to finish this project is a white fence surrounding the terrace with trellis/pergolas, additional interior landscaping, patio furniture, and lighting.

Left to Right: Christine Murphy, SSL; Sandra Halverson, SSL; Margaret Cotter; Janice Todd, CGCC; Dolores Roy, CGCC; Lelia Weinstein, CGCC; Linda Fraker, CGCC; Marita Carpenter, SSL; Wayne Sawchuk, Rotary Club; Martha Gangemi. WICKED LOCAL PHOTOS BY ALYSSA STONE

Enjoying the grounds of Willcutt Commons are: (front row, from left) Shirley Kehoe and Cora Ainslie. Back row: from left, Fay Sargent, AJ Antoine, Wayne Sawchuck, Sherwood Ainslie and Don Kennedy.

ASP CORNER

Registration for trip is due today

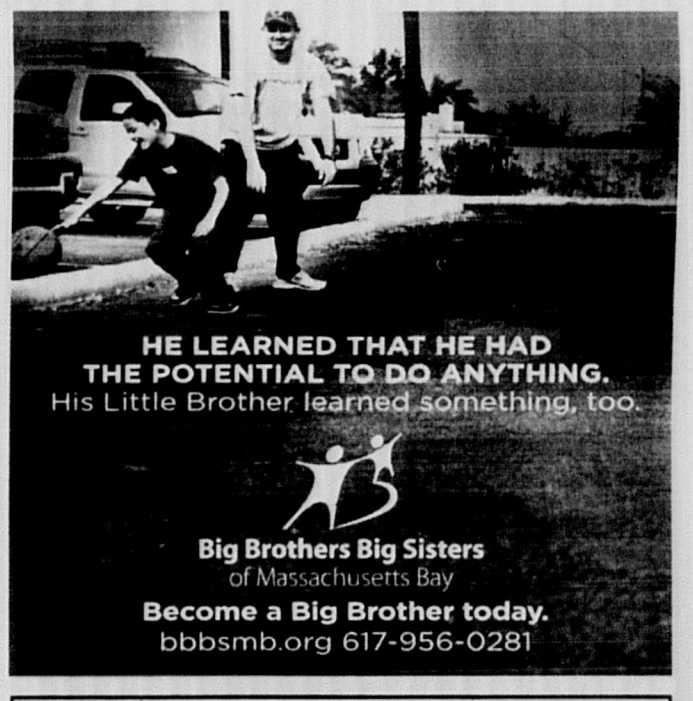
Registrations for this year's 2016 Cohasset trip to Appalachia are due today! Cohasset Appalachia Service Project is a home repair organization that takes a group of teens and adults to Appalachia at the beginning of each summer to help make homes of the disadvantaged "safer, drier and warmer."

After a year of fundraising and training workshops, they will head out on June 25 and return July 3. This meaningful adventure is open to 9th graders and above, including adults (needed to be work-crew leaders on the trip). Their 2016 Handbook and necessary forms can be found on-line at CohassetASP.org.

If you'd like to help unload pumpkins for this year's Pumpkin Patch (at the entrance to Wheelwright Park on North Main Street), the truck arrives Wednesday afternoon, Oct. 7.

Amy Hyde and her daughter Leah help unload last year's pumpkins. COURTESY PHOTO

PLEASE RECYCLE THIS NEWSPAPER



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AROUND TOWN

Take time to enjoy the moments

JENNIFER PIEPENBRINK

Hi there Cohasset...I hope that after the rain and wind we had, everyone is drying out a bit and possibly gearing up for a bit more, depending on the track of our next storm. Not sure if this is any sign of the season ahead but as I may have mentioned before, I do love a good storm. (As long as the damage is not to homes, roads or wires and no one is hurt!) I was on and at the beach on Wednesday during the downpours and the sky was so crazy, going from dark to bright white to swirling grey...beautiful in its own special way. It also always seems to have a healing power for me, especially when I trying to work through emotions of sadness or anger and on this day, it did.

I was thinking of the Hughes Family who most of us here in town know just lost Dr. Michael Hughes this past week. Mike was a son, a brother, a friend to so many and most important was a husband and such a loving and proud Dad to his two children, Samantha and Max. My feelings as I was walking the beach, watching and splashing in the puddles with my little guy who I watch were all over the place...why did he have to go?

Then, I looked out to see 4 surfers, high above the waves enjoying what nature was dishing out. I thought of our loved and missed Tommy "Wiggy Strong" Wigmore and again thought "Why?" I looked at the ocean, wild and beautiful, looked at the swirling clouds and down at this beautiful little guy, my 2-year-old Colin who has medical issues and deals with them everyday with a smile and, the whys just can't be answered but it does remind myself and us all to enjoy the moments, walk and dance in the rain, love those who are in our lives as family and friends... life is a borrowed gift. RIP Dr. Hughes, thinking of you Wiggy always...1-4-3!

ASP forms

This week if you could please encourage teens and adults to pick up registration forms at Cohasset High School and the Second Congregational Church for the 2016 ASP trip from July 25th through July 3rd - home for the 4th of July! They are hoping to have the completed forms dropped off in the 2nd Congregational Church mail slot by today (Friday, Oct. 2nd). Cohasset ASP is a faith based home repair project that brings teens, college-age students, and adults together to work with families in Central Appalachia to make homes warmer, safer, and drier.

Pumpkins!

Also, the Pumpkins with a purpose are coming! The unloading of the pumpkins will be on Oct. 7th at 3 p.m. so all those who would like to help with the unloading should stop by Wheelwriight Park. The opening of the Pumpkin Patch will be Saturday, Oct. 10th.

Teens wanted

High School students looking for a community service opportunity please consider helping the library plan and run programs. The Teen Advisory Board meets once a month during the academic year, and the first Board meeting of the season will be held Monday, Oct. 5th at 6 pm.

Farm run

Thr Holly Hill Farm & Friends 8th Annual DISCOVER THE WOODS 5K Trail Race and 1 Mile Fun Run is tomorrow, Saturday, October 3. The Woodland 5K trail runs along the paths surrounding fields of organic vegetables, flowers and herbs and starts at 10am. The 1 mile fun run/walk along salt marsh meadows and shady trails and starts at 11am. Visit our resident farm animals and enjoy post-race refreshments. There are prizes for top finishers from Marathon Sports and Chipotle.

If you register by TONIGHT, you will be entered into a drawing for gift certificates for our Farm Stand. This race benefits the Frank H. White Scholarship Fund that makes visits to Holly Hill Farm possible for those who may need financial assistance. Detailed information and sign up online at www.hollyhillfarm.org.

Big Apple!

Cohasset Rec. Dept. would like to invite you and your family/friends to come and enjoy a day that you plan in the Big Apple. A deluxe motor coach leaves Cohasset Town Hall at 6 a.m. You will arrive in NYC about 10:30 a.m., have a midtown drop off near Rockefeller Center and be picked up at 7 p.m sharp. All children under age 18 must be accompanied by an adult. The fee for this trip 8s $18 and you may register by contacting cohassetrec.com

That's the news for this week Cohasset. Contact me by Tuesday at 5 pm for inclusion in next week's column. EMAIL: aroundtowncohasset@yahoo.com

DOG TALES

Laddie is 10-year old Podengo looking for a family to love and one who will love him. COURTESY PHOTO BY RICH MCSWEENEY

Best things in life are free

My favorite pastime is rolling around in the grass, and among my other skills is the ability to track and hunt bees.

My name is Laddie and I am a bargain!

I've been residing at the Scituate Animal Shelter for far too long and I'm ready to go home with you. And the best part is it won't cost you a dime.

Let me tell you about myself. I am a 10-year old Podengo and I know how to act around the house, if you know what I mean. I know enough to go outside when that time comes, so don't worry about that. I would say I'm shy and I know I'm quiet. My favorite pastime is rolling around in the grass, and among my other skills is the ability to track and hunt bees. Yes, I know that's a bit unusual.

I must warn you that I am a runner and it's in your best interests to keep me on a leash just in case there's a rabbit or a squirrel nearby. So a fenced-in yard is necessary. Something about very small dogs bugs me, and I admit I'm right out of the cartoons when it comes to cats. Don't like 'em. But I am very social with all dogs that won't fit in your lap, which means most any other dog. No problem there.

Being something of a senior myself, I would really like to be taken home by a human person of a certain age. I can promise you a great (leashed) walk, each and every time.

Take a look at my picture. I would think I'm pretty irresistible, even if I do say so myself. And remember what I said. I won't cost you anything.

Interested? Email Info@scituateanimalshelter.org or call 781-544-4533.

As told to Bob Ryan, retired columnist for the Boston Globe and regular panelist on ESPN's "The Sports Reporters."

FLU SHOT

Best bet for avoiding influenza

Getting a flu shot often protects you from coming down with the flu. And although the flu shot doesn't always provide total protection, it's worth getting.

Who should get the flu vaccine?

The CDC recommends annual influenza vaccinations for everyone age 6 months or older. Vaccination is especially important for people at high risk of influenza complications, including: pregnant women, older adults, young children.

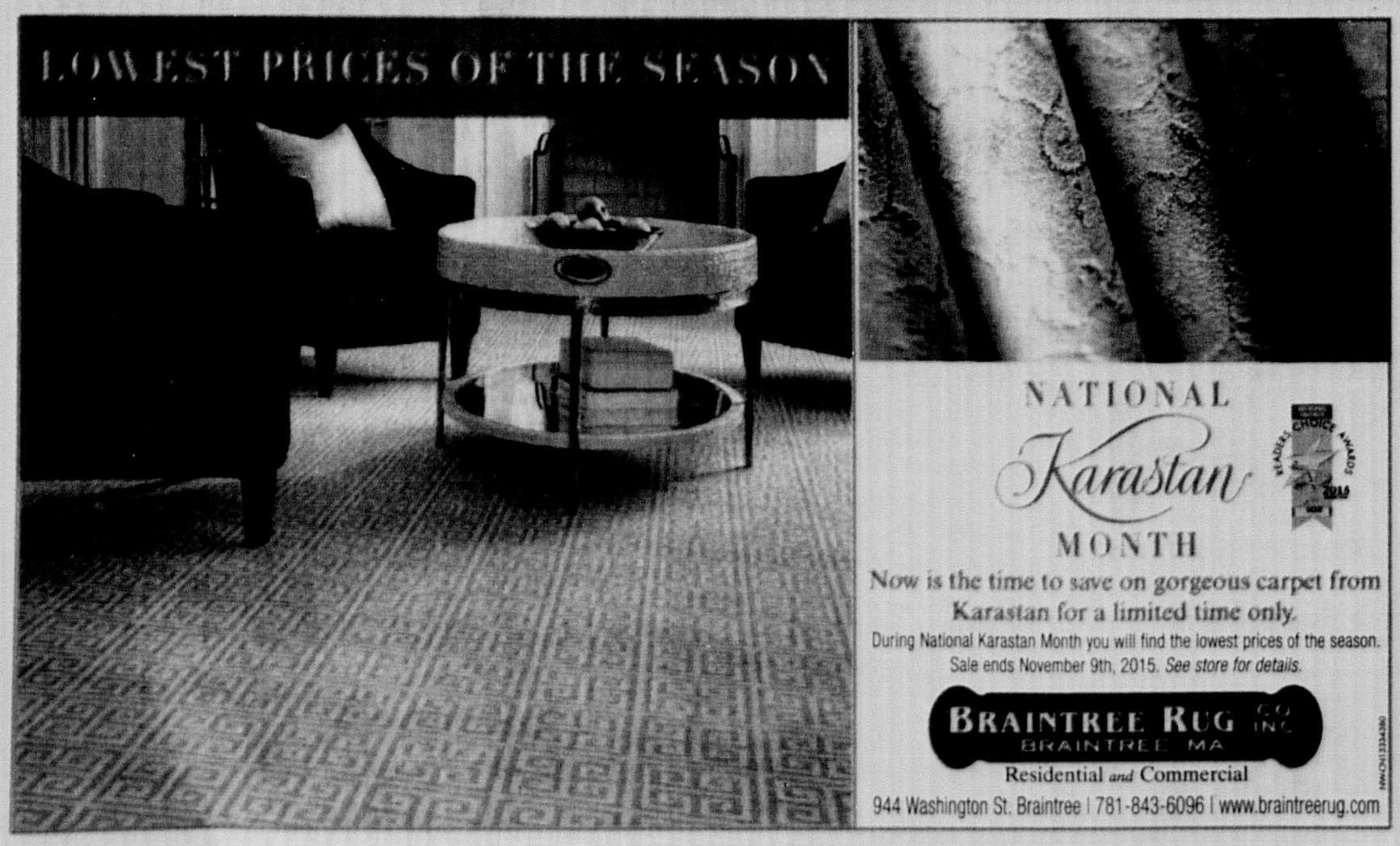
Children between 6 months and 8 years may need two doses of flu vaccine, given at least four weeks apart, to be fully protected. Check with your child's health care provider.

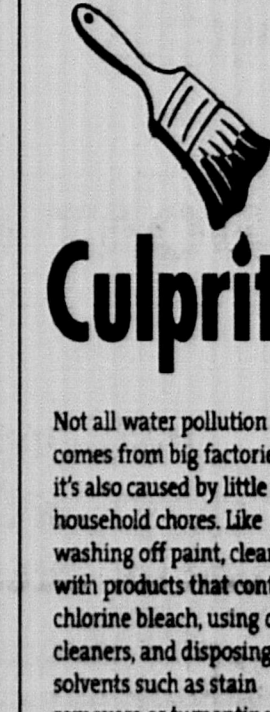
Chronic medical conditions can also increase your risk of influenza complications. Examples include: asthma, cancer or cancer treatment, chronic obstructive pulmonary disease (COPD), cystic fibrosis, diabetes, HIV/AIDS, kidney or liver disease and obesity.

The Cohasset Board of Health will be sponsoring the following flu clinics:

- Tuesday, Oct. 13, 10 a.m. to noon at Willcutt Commons, 91 Sohier Street
- Tuesday, Oct. 20, 10 a.m. to noon at Cohasset Town Hall Auditorium
- Saturday, Oct. 24, 10 a.m. to noon at Cohasset Town Hall Auditorium
- Tuesday, Nov. 17, 6 to 7:30 p.m. Paul Pratt Memorial Library

All flu clinics are open to any Cohasset resident 9 years of age and older. Remember to bring all your health insurance cards. For questions call Mary Goodwin at 781-383-2210 ext. 130.





5 THINGS TO DO THIS WEEK

1 PET PARADE: The Pet Parade at the Cohasset Farmers Market has been postponed to Thursday, Oct. 8 at 4 p.m. Please Meet at the Hot Dog Stand, all types of animals are welcome! Pets need to be on a leash, or in a cage that can be pulled or carried. Stuffed animals also accepted!. Prizes from Gracie's Doghouse and Carberry Kitchen will be awarded to: Best Pet Costume, Best Pet Costume – non canine, Cutest Critter, Best Pet & Owner Costume Combo. Once again this year, immediately following the Parade, there will be a guest star demonstration of talent and tricks with Terry Haskins, The Dog Butler.

These friendly fellas don't want you to miss the annual Pet Parade at the Cohasset Farmer's Market on Thurs., Oct. 8 at 4 p.m. COURTESY PHOTO

2 DOCUMENTARY: Cohasset community-wide screening of the documentary "Traces of the Trade: A Story From The Deep North" at St. Stephen's Church on Sunday, Oct. 4th, at 11 a.m. The film traces the journey of filmmaker Katrina Browne into the dark past of the slave trade that enriched her white New England family, the DeWolf's. Following the screening, lunch will be served in the parish hall, after which Dain Perry, one of the descendants of the DeWolf family, and his wife Constance, a descendant of slaves, will facilitate a conversation on race and white privilege, reconciliation and healing.

3 POETRY READING: First Parish in Cohasset is offering a series of poetry reading group sessions open to the public. The group meets on Monday afternoons, at 4 p.m. in the Atkinson Room, First Parish House, 23 North Main St. The next meeting is Oct. 5. A donation of $10 is suggested. For more information or to register for the remaining sessions, email either Marie Caristi-MacDonald at mariecaristi@gmail.com or Jim Morrison at j.c.morrison@me.com.

4 LEGACY: Cohasset Elder Affairs presents a six-part workshop, Creating Your Personal Legacy. Facilitated by Margot Cheel, artist, photographer, pilot and workshop leader. Join others for a complimentary first class, from 4 to 6 p.m., Oct 8. Bring notebook and pen. The fee: Part one, $55. Payment can be made at the first class. To register or for questions: Margot@margotcheel.com, 781-383-9184 or Cohasset Elder Affairs at 781-383-9112.

5 MOVIE NIGHT: Cohasset Democratic Town Committee will show its first of this season's films this Friday, Oct. 3 at the Paul Pratt library at 7 p.m.. The feature will be 2014 documentary, "Merchants of Doubt," produced by award-winning director Robert Kenner. Inspired by a book of the same name by Naomi Oreskes and Erik Conway, Merchants of Doubt takes viewers on an illuminating and amusing trip into the "heart of conjuring American spin." All are welcome to come and enjoy this free-of-charge film and refreshments.

SUNDAY

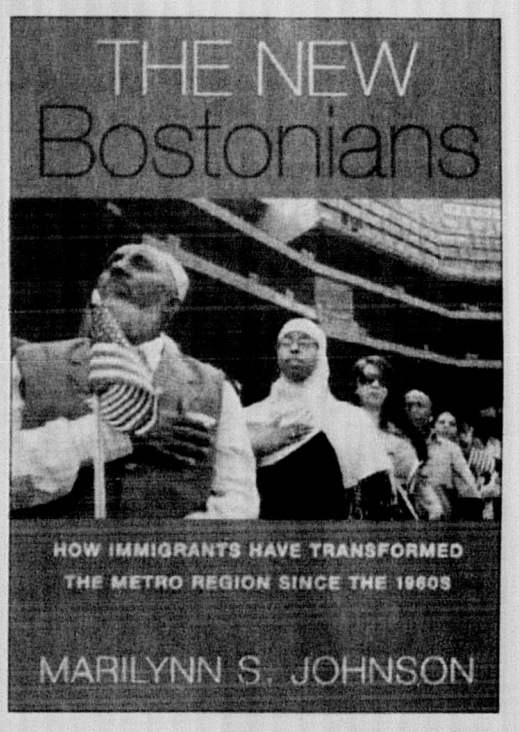
'New Bostonians' author at library

To mark the 50th anniversary of the Immigration and Naturalization Act of 1965, Boston College History Professor Marilynn Johnson will discuss her new book, "The New Bostonians: How Immigrants have Transformed the Metro Region Since the 1960s," at the Paul Pratt Memorial Library on Sunday, Oct. 4, at 4 p.m.

A wine and cheese reception will follow Professor Johnson's talk, and Buttonwood Books will have copies of her book available for purchase and signing. Admission is free.

Sunday AuthorTalks is sponsored by Dean and Hamilton Realtors, A Taste for Wine and Spirits, and The Goodale Insurance Company.

For more information on the AuthorTalk series, call the library at 383-1348 or visit online Cohassetlibrary.org.

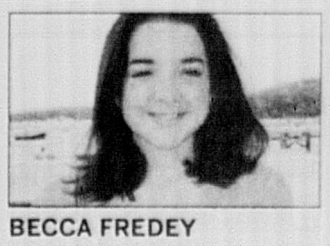


Boston College History Professor Marilynn Johnson will discuss her new book. COURTESY PHOTO

LIFE AT CHS

Spirit Week was wild and crazy

Tuesday was greeted with an endless appearance of sweatbands and leotards while 'Love Shack' and 'Summer of '69' played loudly in the hallways for '80s Work-Out Day.



BECCA FREDEY

There are a few things the students of Cohasset High learned this week — no class attendance necessary. First; legwarmers aren't just a frivolity of '80s fashion — they actually keep your legs nice and toasty — especially in the 80-degree heat we've been having. Second; freshman truly are scared of seniors — especially when the seniors in question are lined up outside the school entrance, shrieking gleefully in Technicolor costumes. And lastly; dress codes are — in their entirety — disregarded when it comes to Spirit Week.

The seniors' top secret Spirit Week themes were revealed each morning this week in a bold flourish: USA day, matching the underclassmen, was welcomed with many American flags duct-taped to cars and random outbursts of the National Anthem on Monday morning. Tuesday was greeted with an endless appearance of sweatbands and leotards while 'Love Shack' and 'Summer of '69' played loudly in the hallways for '80s Work-Out Day. Wednesday saw many neon signs and hard hats with Safety Day. We finished off the last day of school costume disparity yesterday with "Hippie Day," and many middle hair-parts and John Lennon glasses could be spotted in the halls. The congregation on the parking lot steps and in front of the front doors certainly gave seniors incentive to get to school as early as possible — and no inhibition was recognized when dressing for our days. Today the school will come together in classic Cohasset colors: blue and white.

Today during school the students' last period class will be pleasantly interrupted by a call to the gymnasium where the annual Homecoming Pep Rally will commence. The student council has worked tirelessly for weeks compiling lists of eager volunteers for the student and teacher rallying games, as well as picking out bleacher themes for each grade to get us pumped up for the Homecoming football game against Mashpee.

On Tuesday, the senior class voted for their Homecoming Court, which will be announced during the pep rally. In preparation for the big night, the pep band, headed by Mrs. Moriarty has been practicing some chant-inducing numbers, while the cheerleaders are especially excited, decorating the football locker room with streamers of blue and white.

The Homecoming game isn't all that has been happening this week for Cohasset sports. Girls' varsity soccer had two home games this week against East Bridgewater and Randolph High. Most notably, the field hockey team is currently leading an undefeated season, having had four triumphant games this week alone. Nice job, Skippers!

The one and only disappointment of this school week — pumped with excitement and anticipation as it was — is that for many students, the late night of Homecoming only makes the SAT test that much harder tomorrow morning. To prepare for this, many students took the "Three Teachers" crash course on Monday night taught by Mr. McCabe, Mr. Fish and Mr. Willis. Seniors tuck in their final rounds of standardized testing — something all of us will gladly leave behind — before sending in those dreaded college applications.

Cohasset welcomed October with much spirit, all the better for the upcoming festivity of Halloween and continuation of the sports seasons. Though this week has been unmatchable in terms of school spirit, Cohasset never fails to bring something fun to the table. Cross your fingers for a Homecoming victory, definitely wear that extra sweatshirt and grab a coffee before the SATs: you're going to need it.

--Becca Fredey is a senior at Cohasset High School and regular columnist for the Mariner.

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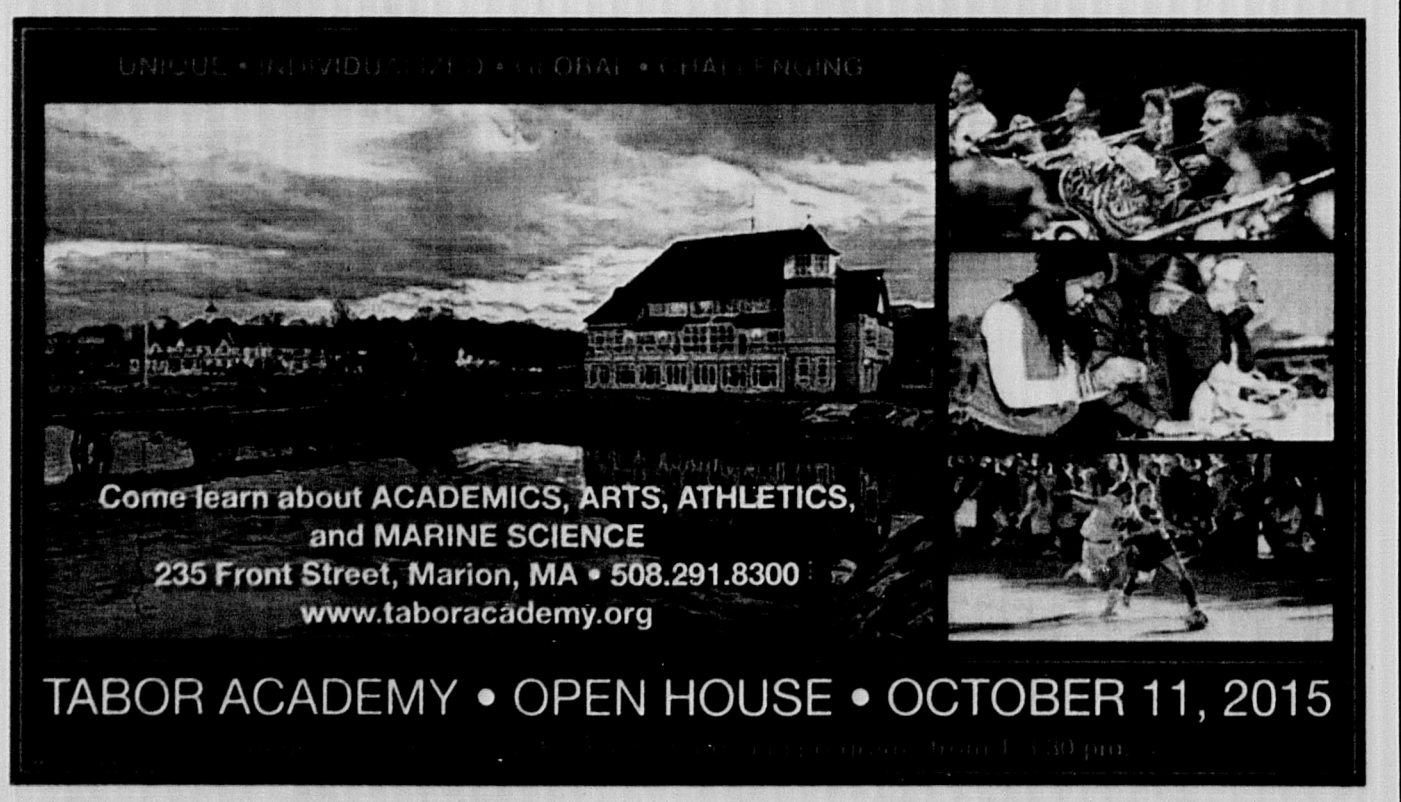

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SUNDAY

Film on slave trade comes to Cohasset

There will be a special Cohasset community-wide screening of the documentary film "Traces of the Trade: A Story From The Deep North" at St. Stephen's Church on Sunday, Oct. 4, at 11 a.m.

This award-winning documentary film, first seen on PBS's "Point Of View," traces the journey of filmmaker Katrina Browne into the dark past of the slave trade that enriched her white New England family, the DeWolf's. The DeWolf family's connection to the slave trade had been hidden for generations until Katrina and a group of the family's descendents decided to retrace the "Triangle Trade" from Bristol, R.I. to Ghana, to the ruins of a family-owned sugar cane plantation in Cuba. Along the way many myths were debunked and new questions pondered.

One of those primary myths was that the North was the center of the abolition movement and had little to do with slavery. But Browne discovered that the North was the center of the U.S. slave trade, and that the ownership of slaves was not uncommon.

Dain Perry, one of the descendants of the DeWolf family, and his wife Constance, a descendant of slaves, will facilitate a conversation on race and white privilege, reconciliation and healing after the film. COURTESY PHOTO

Following the screening of the film in the church sanctuary, lunch will be served in the parish hall, after which Dain Perry, one of the descendants of the DeWolf family, and his wife Constance, a descendant of slaves, will facilitate a conversation on race and white privilege, reconciliation and healing.

"Traces of the Trade" was shown on the PBS series Point of View (POV) in 2008, won the Henry Hampton Award for Excellence in Film in 2009, and in 2009 was nominated for an Emmy Award for historical research. It was one of the few documentaries chosen from 953 submissions to be shown at the Sundance Film Festival in January, 2008.

MONDAY

Reception for Chief Quigley

Streamline Events, organizers of the Cohasset Triathlon, and friends are organizing an open house reception for newly appointed permanent Police Chief Bill Quigley.

This Monday, October 5th, at the Work Station (132 Route 3A - near the train station) from 6 to 8 p.m. Please join us to congratulate Chief Quigley and thank him for his many years of service in Cohasset.

Remember

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Ad Council

DEER HILL

Junior Gardeners work to beautify their school

Students get knees dirty at first meeting

The first meeting of Deer Hill's 2015 - 2016 Junior Gardener Club took place on Sept. 21.

After welcoming this new crop of gardeners and some returning enthusiasts, Arienne Lima of the Community Garden Club of Cohasset instructed the students to put on some gloves and get dirty.

"I don't want to see any clean knees at the end of the hour", she said

This involved cleaning up the existing flowerbeds and redesigning the content of the terra cotta planters.

Donning gloves, trowels, and shovels 15 enthusiastic junior gardeners took direction from Community Garden Club members as they proceeded to weed, edge, and mulch existing flowerbeds.

The mulch was donated by Kennedy's Country Gardens.

Then under the direction of Dana Roberts of the Community Garden Club the students designed an autumnal display in the terra cotta planters consisting of grasses, ornamental plants and vegetables.

Kennedy's also donated some of these plants.

When the entrance was complete they proceeded to the courtyard where they commenced a much-needed cleanup of that area.

Time may have ran out but not the members' enthusiasm.

More work needs to be done in this area but if the weather cooperates the students are willing to make the courtyard as attractive as the entrance to their school.

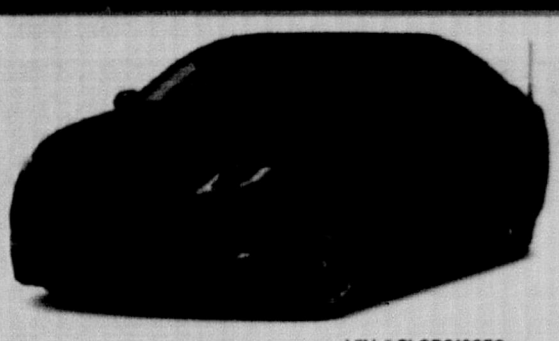
Hard at work weeding and edging the flowerbeds at the entrance to Deer Hill School are Molly Naples, Peyton Lord, Mateo Reyes, Maebh Casey, Abigail Lazorisak and Ashley Hill. COURTESY PHOTO

Here Laura Saiz, Clouette Lyons, Austen Suvak, Isabella Lima and Sophie Gardiner are spreading mulch. COURTESY PHOTO

Maddie Caufield was a big help cleaning up the Deer Hill courtyard. Here she is disposing of a big pile of weeds. COURTESY PHOTO

Herb Chambers

LINCOLN



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BREAST CANCER

Survivors find comfort in community

By Gerry Tuoti
gtuoti@wickedlocal.com

Seemingly appearing everywhere each October, the color pink is a visual reminder to breast cancer patients and survivors that they are not alone.

An estimated one in eight women will be diagnosed with breast cancer in her lifetime, according to the American Cancer Society. It is second only to lung cancer as the leading cause of cancer death in women. The organization also estimates there are more than 3.1 million breast cancer survivors in the United States.

For many patients and survivors, tapping into that community provides a source of strength during difficult times. At no point is that community more visible than during October, which is national Breast Cancer Awareness Month.

Ami Mehr, who underwent successful breast cancer treatment last August, recalled the inspiration she drew from last year's Making Strides Against Breast Cancer Walk in Boston, an annual fundraising event the American Cancer Society holds on the Charles River Esplanade.

"It's really important," Mehr said. "It's like you get diagnosed and you join this sisterhood that you don't set out to be a part of."

This year, Wicked Local is expanding its advocacy for cancer research and support beyond breast cancer. While the media company has previously published "Pink" editions of its newspapers to promote breast cancer awareness, it is launching a special

Walk participants and volunteers cheer on the Esplanade during last year's event. PHOTOS COURTESY OF THE AMERICAN CANCER SOCIETY

cancer-themed edition of its quarterly publication Lens this month.

The new edition of Lens focuses on prevention, treatment and research for all types of cancer, including breast cancer.

"We are truly excited this year to expand our traditional 'Pink' sections supporting breast cancer awareness to advocacy of the full breadth of cancers individuals and their families are facing," said Lisa Strattan, SVP/Executive Editor and Publisher of Wicked Local.

Wicked Local is donating 10 percent of ad revenue from Lens to the American Cancer Society.

"Over the past six years Wicked Local has donated more than $100,000 through cause marketing programs to local breast cancer charities," said Robin Lorenzen, Wicked Local's Vice President for Marketing and Promotions. "As we broaden our focus to make our readers more aware of all types of cancer, we look forward to continuing our work with the American Cancer Society, which funds the research to support this."

The American Cancer Society projects that there will be more than 1.6 million new cancer cases and more than 589,000 cancer deaths in the United States this year.

Making Strides

The ACS organizes the annual Making Strides Against Breast Cancer Walk, which generates funds for research and patient support services. Last year's Boston event raised $2.5 million.

The society currently funds 27 breast cancer research grants in Massachusetts, totaling $12.5 million. Nationwide, the ACS funds $86 million in breast cancer research grants.

This year's Making Strides walk, which is expected to draw 40,000 participants, will be held Oct. 4 at the Hatch Shell in Boston. The event has a rolling start time between 8 and 10 a.m., and walkers can choose between a three-mile or five-mile route. Participants can register that morning, or in advance at MakingStridesWalk.org/BostonMa.

"What we're really focused on is uniting others in the community to raise funds and support those going through treatment, remember those who have lost their battle and celebrate those who have overcome," walk director Sasha Vaut said.

The community atmosphere at the annual walk, she said, is an inspiration for many patients and survivors.

"It is important for us to create a sense of excitement and hope," she said. "It's an ongoing battle. To create one day where people come together to celebrate and feel stronger, it's really important to us."

Survivors' tales

Helene Palmer first participated in the Making Strides walk in Boston in 1995, a year after losing her mother to breast cancer.

She found the atmosphere both inspiring and emotional.

"I walked with a friend, then we sat at the Hatch Shell and I cried my eyes out and said, 'I have to do this again,'" she recalled.

Palmer became increasingly involved in volunteering with the ACS and began chairing the annual Bicycles Battling Cancer ride.

A month before last year's ride, a routine mammogram revealed a lump in her breast. Palmer was diagnosed with breast cancer, the disease that claimed her mother's life nearly two decades ago.

"It would not have been found by a self-exam," Palmer said.

She decided to still participate in the ride and completed 70 miles.

Palmer's ensuing treatment included a lumpectomy and radiation.

Due to her family history and genetic makeup, Palmer and her doctors decided that she should have a double-mastectomy. She underwent the procedure and reconstructive surgery last year.

"The cancer society was with me from the beginning of the battle plan until I reached recovery," she said.

Palmer found an outpouring of support in community-focused events such as the Making Strides Walk.

"When you get told you have cancer, you kind of lose power," she said. "But when people put their arms around you and say, 'We're all here for you. We will make a difference,' and when you see hundreds of other women and men who have gone through what you've gone through, and when you share your story, it gives people power and gives people confidence."

Mehr will be among the women sharing her story at this year's walk. She's one of several speakers scheduled to address the crowd at the Hatch Shell.

"My message is all about promoting early detection," she said. "If you feel something's wrong, you need to speak up and go to the doctor. My second piece of advice is knowledge is power. Seek out multiple opinions. I met with four teams of doctors in Boston. Women are being diagnosed earlier and are having a variety of options for how they are treated."

Months after Mehr's diagnosis last year, her mother was also diagnosed with breast cancer.

"I remember sitting in the hospital while she was in surgery, and six months earlier it was the room she was sitting in waiting for me," Mehr recalled.

Both women are now fully recovered and cancer free.

During her recovery, Mehr an avid rower, drew strength from the sport, setting a goal of participating in the Head of the Charles Regatta. She rowed in last year's event and used her team to raise $9,000 for Making Strides. She plans to row again this fall.

More than a 15 years ago, Amy Levine, an operating room nurse at Massachusetts General Hospital, agreed to volunteer with a friend at the Making Strides walk.

She has been back every year since and now, along with fellow nurse Judi Eng, trains first-aid volunteers for the walk.

"It's wonderful to think everyone comes together and donates money for breast cancer research," Levine said. "There's thousands of people there all for the same cause. It's just heartwarming to see. The survivors are grateful, and the families who've lost someone walk in the memory of the person to keep that memory alive."

— Gerry Tuoti is the Regional Newsbank Editor for Wicked Local. Email him at gtuoti@wickedlocal.com or call him at 508-967-3137.

BREAST CANCER AWARENESS

Cancer cause crystallized

Friends of Mel mark month with new pink jewelry

By Alice Coyle
acoyle@wickedlocal.com

By popular demand and just in time for Breast Cancer Awareness Month, the Friends of Mel Foundation is in the PINK.

"Over the years we've had endless requests to offer a pink bracelet for breast cancer awareness," said Pauline Alighieri, executive director of the Rockland-based fundraising organization that supports those affected by cancer.

Three new pink jewelry designs have been added to the Friends of Mel collection — pink beaded bracelets with Swarovski crystal inserts ($45 donation) or silver plated inserts ($20 donation), and a pair of Swarovski pink drop earrings with sterling silver backings ($55 donation).

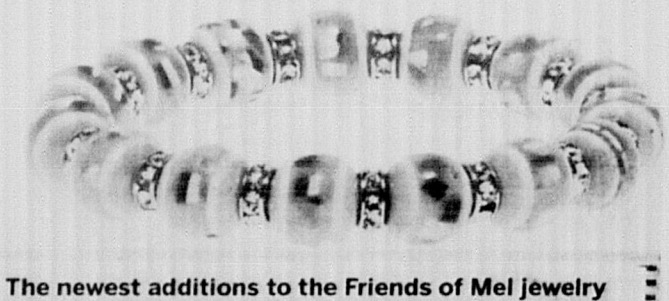
Over the past decade, the Friends of Mel Foundation has raised nearly $3 million for cancer support organizations and it all began with a bracelet designed in memory of Mel Simmons, a Delta Airlines Flight attendant and single mother whose generosity and kindness to others while dealing with her own cancer diagnosis has left a lasting legacy.

"She always had gifts for people at treatment," said Alighieri, Mel's long-time friend and coworker. Mel would give fellow patients and the oncology nurses that cared for them trinkets and souvenirs from abroad, like the bracelets her coworkers brought her from Turkey.

After she died in 2005, Mel's friends decided to honor her memory by raising funds for cancer research. While Mel's friends initially hoped to raise $5,000, the demand for the colorful beaded bracelets available for a $20 donation took off, and within a year the organization had raised $1 million and gifted it to Massachusetts General Hospital.

Since forming the foundation in 2007, the Friends of Mel have carried on the cause of providing quality care for cancer patients through the funding of research, education and support. Every fall the foundation also organizes and presents the Art of Living – Life Beyond Cancer conference. The fifth annual conference, which features a full day of workshops and seminars by doctors, social workers, cancer support advocates and other experts in the field, is slated for Nov. 14 at the Quincy Marriott.

In addition to commemorating the month of October, the new pink beaded bracelets and earrings are in fact a fitting tribute to Mel, who died of breast cancer — the second leading cause of cancer death in women.



The newest additions to the Friends of Mel jewelry lineup -- commemorating Breast Cancer Awareness Month -- include two pink beaded bracelets and a pair of Swarovski pink crystal drop earrings with sterling silver backings.

Those interested in making a donation to the Friends of Mel Foundation for the new pink bracelets, the pink crystal earrings or the original Mel's Bracelets, which represent the different colors of cancer and are worn by a half-million people worldwide, can visit friendsofmel.org or call 781-878-8639.

Despite her own cancer diagnosis and battle, Mel Simmons enjoyed giving gifts to others, especially those in treatment. PHOTOS COURTESY OF THE FRIENDS OF MEL FOUNDATION

STATE HOUSE

Simmons' memory fuels decade of dedication

Friends of Mel recognized for contribution to cancer research

By Hannah Sparks
hsparks@wickedlocal.com

Pauline Alighieri moved to Marshfield a year ago and is getting a warm welcome from representatives at the State House and, now, Marshfield Town Hall.

At its meeting Monday, selectmen honored Alighieri, the executive director and founder of the Friends of Mel Foundation, which has raised more than $3 million for Massachusetts General Hospital and other cancer-related organizations since its founding a decade ago.

"I really feel like I'm the representative of so many people who have been touched by cancer, and that this award is for all of us," Alighieri said Monday.

Vice Chairman Stephen Robbins presented her with a special citation honoring and thanking her for her commitment and work to raise funds for cancer research, education and support.

During a ceremony in the state House of Representatives chamber last Wednesday, Rep. Jim Cantwell, D-Marshfield, and former Rep. Rhonda Nyman, who now works as a public affairs officer in the Plymouth County Sheriff's office, presented a House citation to Alighieri. Signed by Cantwell and Speaker Robert DeLeo, the citation recognized the foundation's "dedicated service to people touched by cancer through research, education, and patient support and for organizing the Art of Living—Life Beyond Cancer conference."

Friends of Mel Simmons created the group after she died from breast cancer in 2005. Simmons was a flight attendant, and during her battle with cancer her friends from the job would bring her gifts from Europe, including bracelets.

She would sometimes leave the bracelets on seats at Massachusetts General Hospital as a gift to other patients undergoing treatment.

"She became like a household name at Mass General Hospital," Alighieri said, saying she had a "very, very generous heart."

After her death, people wanted to know where they could find Mel's bracelets, and so her friends created the foundation with an initial goal to raise $5,000 through donations made in exchange for bracelets.

By the end of 2006, their first year, the group had raised more than $1 million.

"What you've done is nothing short of amazing," Selectmen Clerk Michael Bradley said at the meeting, later adding, "I'm really in awe of you and your group."

The citation was signed by Robbins, Bradley, and Chairman Matthew McDonough, who was unable to attend Monday's meeting.

"We're honored that you're here," Robbins said.

At the State House, Alighieri, along with Lance Robinson and Karen and Luke Dillon, had a behind the scenes tour with Cantwell and impromptu meeting with Gov. Charlie Baker when the tour stopped in his office.

"Friends of Mel honors Mel's spirit by helping those touched by cancer," Cantwell said. "I'm so glad Rhonda brought this foundation to my attention."

Friends of Mel hosts The Art of Living—Life Beyond Cancer to help survivors and their caregivers navigate the road to healing. The fifth annual conference will be held at the Marriott Hotel in Quincy on Saturday, Nov. 14.

The conference provides a forum for people to discuss heartfelt, often unspoken, concerns with experts and others who have also dealt with cancer, according to a news release.

For some survivors and caregivers, the feelings of depression, fear and sadness they experience upon diagnosis become pervasive and psychologically debilitating, even after successful treatment.

"The goal of the conference is to empower, recharge and—most importantly—equip people to live their best life beyond cancer," Alighieri said. "At The Art of Living—Life Beyond Cancer conference, survivors will learn that they are not alone, that there is a community who shares their experience."

Pauline Alighieri, executive director for Friends of Mel Foundation (third from left) received a citation for the organization's work. COURTESY PHOTO

In his keynote presentation, "Trauma to Treasure: Finding Strength through Life Challenging Experiences," Matthew J. Loscalzo, executive director of Supportive Care Medicine at the City of Hope National Medical Center in southern California, will address the challenge cancer presents to living a "normal" life.

A second keynote speaker, Susan Leigh, founding member of the National Coalition for Cancer Survivorship, will present "Roadmaps & Safety Nets: Planning for Life With, Through & Beyond Cancer." She will discuss the benefits of shifting from a passive patient to a proactive survivor in order to foster a sense of hopefulness and cautious optimism.

During the conference, attendees will be able to choose from 15 skill-building workshops facilitated by experts from across the country. Presentations will provide tools and techniques for tackling matters from brain fog to employment and insurance issues. Again this year, the conference also will include a workshop for caregivers whose lives have been dramatically impacted by a loved one's cancer.

Follow reporter Hannah Sparks on Twitter @MarinerHannah

OPINION

HOW TO SUBMIT

Letters must be original and signed. Include the writer's address and phone number for verification. Letters may be edited. Send letters to Mary Ford, 73 South St., Hingham, MA 02043, cohasset@wickedlocal.com, or fax to 781-741-2931.

QUESTIONS? Contact Editor Mary Ford at 781-741-2933 or mford@wickedlocal.com.

OUR VIEW

New focus on all cancers

Readers may notice something different this week.

It's the first week of October and the newsprint isn't pink.

Since October of 2009, GateHouse Media New England has kicked off Breast Cancer Awareness month by printing its newspapers on pink newsprint the first issue of the month.

Each year since 2009 we've provided an explanation on the front page of the newspaper detailing why the newsprint is pink. This year we thought it might be worth explaining why we're NOT pink, especially for those who have come to expect it.

October is still Breast Cancer Awareness month, and our staff will continue to cover the many stories relating specifically to breast cancer that tend to surface this time of year. But as a company, GateHouse Media New England, continuing its relationship with the American Cancer Society, is expanding its advocacy for cancer research and support beyond breast cancer.

That commitment is the driving force behind a special cancer-themed edition of Lens, a premium edition, high-end glossy magazine, that will be available the week of Oct. 12.

Like we have done with ad revenue generated from our Paint it All Pink campaign, 10 percent of revenue from Lens will be donated to the American Cancer Society.

Though this new campaign will branch out to include all cancers, we are proud of our breast cancer awareness coverage over the past five years.

Not only has GateHouse Media New England raised more than $100,000 for local breast cancer charities such as the American Cancer Society and the Massachusetts chapter of the Susan G. Komen Foundation, but we've met some amazing and inspiring people along the way.

We've been able to share so many breast cancer survivor stories thanks to the brave women and their families willing to put their personal journeys out there for all to see. While several noted how important it was for them to be able to express themselves as part of their healing process, their stories provided insightful glimpses into their pain, treatments, challenges, and in many cases, their successes.

Although breast cancer still ends in heartbreak for some families, great strides are being made in the areas of detection, treatment and research. And while there still is no cure, more and more people are beating breast cancer and living to talk about it.

In addition to the personal stories of survival and struggle, our breast cancer awareness coverage has focused on amazing work being done in local hospitals by doctors, nurses and dedicated staff. The technology and medicine is advancing so rapidly, we found ourselves reporting on new, significant breakthroughs nearly every year. Last October the big story was targeted treatments, treatments that attack a specific characteristic of a cancer strain.

That kind of progress is certainly a sign of hope, though the battle against breast cancer is far from over.

As we move forward and expand our focus on all cancers, it's worth marking your calendar to remind yourself of the fifth annual Art of Living — Life Beyond Cancer conference Saturday, Nov. 14. The conference will be held from 8 a.m. to 4 p.m. at the Quincy Marriott Hotel, 1000 Marriott Drive, Quincy. The $30 entry fee includes lunch and breakfast and online registration is open at friendsofmel.org/conference.

There will be more about the guest speakers and workshops offered at the conference, which is hosted by the South Shore-based Friends of Mel Foundation, in the upcoming Lens edition, as well as in the pages of this newspaper.

Cohasset Mariner

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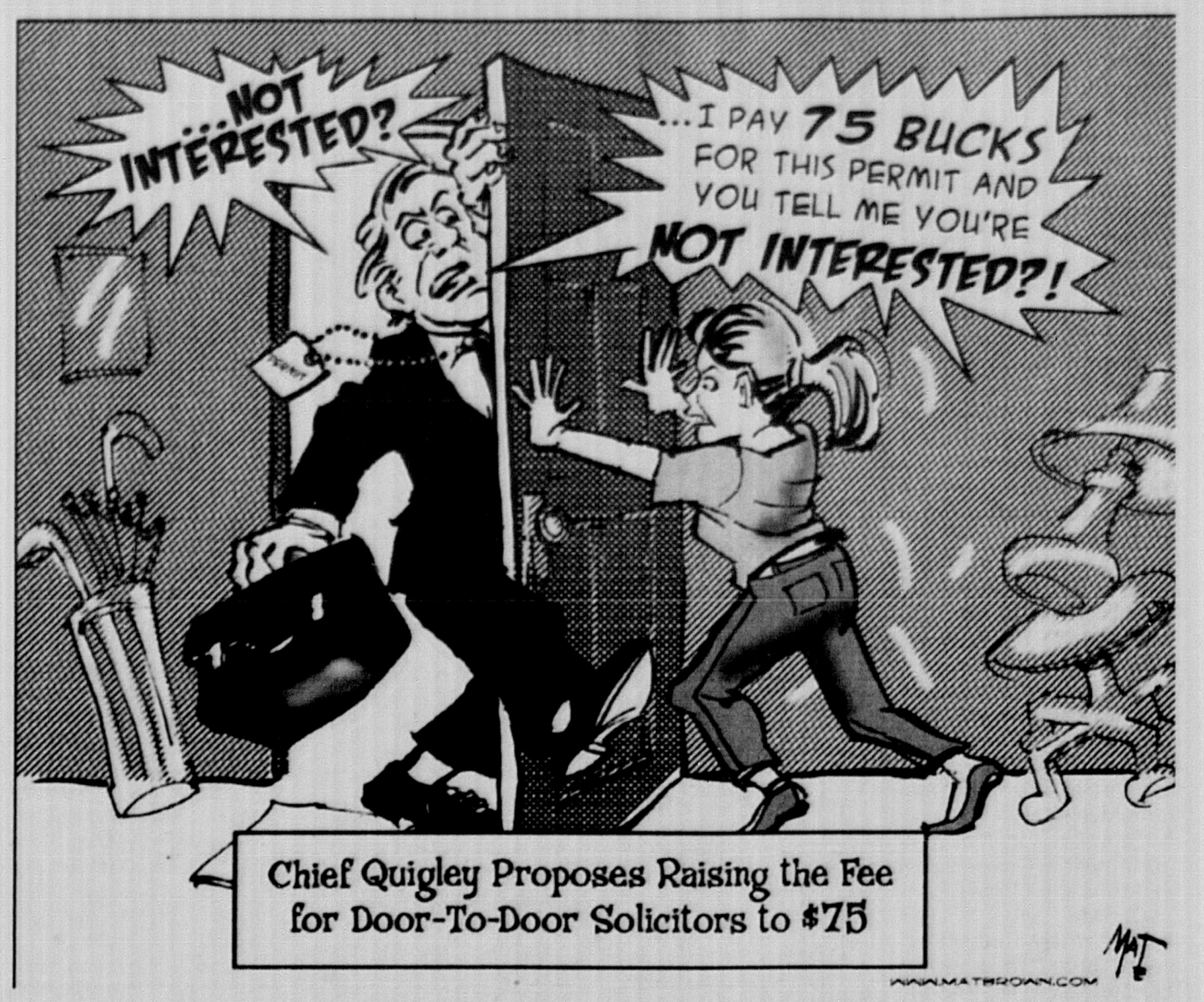

COMMENTARY

Treasured employees, unfunded liabilities

By Jack Buckley

It bears repeating that continued use of "OPEB" language by our town leaders dehumanizes our once-valued town employees to the point where town leaders can't see the people in the spreadsheets.

Mandy Burgoon's letter of praise for the commitment to community by retired DPW employee Kenny Thayer was right on the money. She noted a multitude of kindnesses he extended to all as he labored to maintain the town's resources, and she reminded readers of Kenny's dedication to his job in spite of the difficulties associated with multiple surgeries. As Ms. Burgoon so aptly stated about Kenny and his DPW colleagues, "Every one of them are ALL hardworking and ALL deserve a thank you."

I truly could not agree more.

But, treasured town employees quickly morph into unfunded liabilities, according to the boards and committees now running town government. The valuable town asset we are encouraged to thank has now become a financial drain on town resources. Sadly, Mr. Thayer is now part of the faceless pool of retirees that Cohasset's governing bodies lump together as liabilities soaking up "Other Post-Employment Benefits" that the town simply can't afford to carry.

Sadly, Kenny Thayer is now but one line item among the faceless rows of retirees lumped together in a spreadsheet of financial burdens that our governing bodies summarize as the town's Unfunded Liability. With each retired town employee, the fiscal extremists who have taken over control of the town's governance see only a mountain of liability, not the face of a valued employee whose service is appreciated and whose presence we will miss.

It bears repeating that the town's financial obligation to retirees is a commitment to an individual; it's not a financial burden to be calculated in faceless columns on spreadsheets forecasting the town's "unfunded liability" for the next 30 years. It bears repeating that continued use of "OPEB" language by our town leaders dehumanizes our once-valued town employees to the point where town leaders can't see the people in the spreadsheets.

I wrote much the same about retired teacher Pat Plante when the Board of Selectmen recently voted to reward the retired and soon-to-retire teachers with the same costly health insurance plan they were forcing upon all town employees.

Many say it's just fiscal reality that the town has a financial problem to address. If true, the statement clearly identifies ownership of the problem: the town. It's not the individual retiree's problem and the town's tactic of shifting town obligations on to the shoulders of individual town employees is not the way to reward valued town employees. Those grounded in fiscal reality ought to just be honest and say, "Thanks for your service; don't let the door hit you in the rear end on the way out."

—Jack Buckley lives at 272 North Main St.

SAVE THE DATE

'Merchants of Doubt' to be shown

The following is a press release from the Cohasset Democratic Town Committee:

The Cohasset Democratic Town Committee will show its first of this season's films this Friday, Oct. 3 at the Paul Pratt library at 7 p.m. The feature will be the acclaimed 2014 documentary, "Merchants of Doubt," released in 2014 and produced by award-winning director Robert Kenner.

Kenner's impactful social and environmental documentaries includes, "Food Inc." which examines the five major food industries and some of their harmful practices and "Two Days in October," an examination of the two key events during the Vietnam War and how they influenced the public's opinion on the war.

The film tells the story of propagandists, "pundits-for hire," who pose as scientific authorities having the aim of spreading confusion and obfuscating well-studied threats regarding chemical, pharmaceuticals and climate change. The aim of these so-called experts, who become well known for casting doubt on many issues including global warming, prevent some from looking at and comprehending the science. They are the same types of fabricators of truth who told Congress that flame retardant chemicals in children's clothing was not harmful and when asked during testimony if they were paid by anyone to testify, answered that they represented Citizens for Fire Safety. It was later learned that Citizens for Fire Safety was founded by the three largest makers of flame retardant chemicals in the world. Many can remember the tobacco industry representatives who in the 60's knew (it was later learned) that nicotine was addictive but testifies before Congress that they didn't believe it was.

Inspired by a book of the same name by Naomi Oreskes and Erik Conway, "Merchants of Doubt" takes viewers on an illuminating and amusing trip into the "heart of conjuring American spin."

Please join us for this entertaining, informative and provocative film next Friday. All are welcome to come and enjoy this free film and refreshments.

SUBSCRIBE

Enjoy home delivery of your Mariner

One of the most frequent complaints we hear from readers is that they cannot find a copy of the Cohasset Mariner on newsstands around town because it has sold out.

If you do not currently subscribe to the Cohasset Mariner, you might consider doing so! It is easy to do. You can call our subscription line at: 1-888-697-2737 or easier yet, visit: mypapertoday.com and follow directions for weekly newspapers. (We tried it and it is easy, promise!)

It is true that much of the Cohasset Mariner (but not all) appears online at wickedlocalcohasset.com. However, we still have a lot print-only content.

If you are a print-person, you will enjoy the Cohasset Mariner. You can put your Mariner down and pick it up later and voila! the story is right where you left it!

We encourage our print readers to check out wickedlocalcohasset for breaking news, updates and more throughout the week and then enjoy your Mariner that arrives in your mailbox on Friday.

A subscription to the Cohasset Mariner also makes a great gift for a new neighbor, college student or relative.

VIEW FROM THE FRONT PORCH

It's the students, stupid – part 1

JOHN MCSHEFFREY

It's a beautiful crisp fall weekend day in Cohasset, and the leading realtor for the Hamlet-By-The-Sea Realty Office is standing in the kitchen of a modernized colonial talking with a perspective family. She's confident she's going to get the sale.

Because of her abilities to connect with the homebuyer and understand what they're looking for, Suzie Butterworth has led Hamlet's office in sales for the last five years. Homes had been a bit slow to turn over as of late, but Suzie knows she had this one wrapped up.

"So, let me see if I'm hearing you", she says to the couple with two school aged children. "You love the 4 bedrooms, 3.5 baths, modern kitchen and finished basement. You love the lot, the proximity to the beach, the beauty of the town and you've had a chance to meet some of the neighbors. Is there anything else would like to know or would you like to talk about an offer?"

"Well", said the husband, "We'd like to know a little bit more about the schools."

Continued the wife, "You're right, we love everything, but we're looking at a few other school systems and we'd like to know more about Cohasset's."

"Other school systems," inquired Suzie, "such as?"

"Dover Sherborn for one; two lovely towns, there's no ocean of course, but their size, beauty and home prices are similar to Cohasset." The wife said, "We're impressed with the schools too."

Suzie Butterworth paused, "Oh, the Cohasset schools are stellar," she started off, "There some many amazing things they offer, I don't even know where to start."

"Let's start with the school's ranking. Isn't Cohasset ranked in the Top 20?" The wife asked.

"We used to be, but we're very proud to say that Cohasset is ranked in the top 25 schools in the state." Suzie boasted.

"Oh", said the husband. "What number?"

"24th", replied Suzie.

Dover Sherborn is 9th." The wife said. "We've also looked at homes in Acton, Needham, Lexington, Littleton, Newton and Belmont. They're all ranked in the top 20, so are Milton, Sharon and Wellesley."

"That may be true", replied Suzie, but none of those towns have access to Sandy Beach."

"I do love the beach," the husband replied, "but the beach isn't going to get my kids into college. Let me ask you, how much does the town spend per student?"

"Cohasset's tax rate is extremely fair", Hamlet's leading realtor stated. "In fact, the 2015 state tax report has Cohasset and Dover back to back, 268 & 269 out of 336 towns; each town paying $12.70 per $1,000 in taxes. That said, Cohasset spends a very reasonable $13,913 dollars per student according to the Mass. Department of Education."

The wife again said, "Oh." She continued, "My research shows that the state average is a little over $14,000 per student. This means that Cohasset's below the state average. If I remember correctly Dover, Acton, Needham and others are well above the state average. In fact, Dover and Lexington are both spending more than $3,500 more than Cohasset per student. I wonder if that's part of the reason why they are both ranked in the top ten."

"We have a lovely downtown, and did I mention that 'Witches of Eastwick' was filmed in Cohasset?" Suzie interjected.

"You did, the first time we met." The wife responded. "So Cohasset is spending considerably less per student than the higher rated school systems, but at least it's paying its teachers well, right?"

Suzie was on the verge of losing another sale to a family whose priority was an excellent education. She sighed, "They're lower. Each of the towns with a higher ranked school offers qualified teachers a better introductory salary than Cohasset and has higher average salaries."

"They all offer better teachers' pay than Cohasset? Why would a top rated teacher chose Cohasset then?" The husband asked, "Is it because of classroom size?"

"Oh", Suzie perked up, "Cohasset has a 13-1 student to teacher ratio."

"There are only 13 students in a class?" The husband said. "That's great." At that moment, he saw a group of kids walking by the house. "Excuse me." The husband goes to the door, opens it up and shouts out to the kids. "Hey, can I ask you guys a question? We're thinking about buying this house and I wanted to know, how do you all like going to school and only having 13 kids in each of your classes?"

Puzzled, the kids paused and then started laughing. "13 kids per class?" one shouted back, "More like 13 boys and 13 girls per class. I don't think I've been in a class with less than 20 kids in it. It's a great house by the way; my friend lived there before they moved to Belmont." The husband waved thanks and went back inside.

"So, Cohasset has the same tax rate as towns with higher ranked schools, but it spends less than the state average on students. Cohasset pays its teachers less the other towns and the 13-1 student to teacher ratio may include the lunch staff and crossing guards in the calculation. So I am guessing the draw must then be that the positive relationship between the teachers and administration is creating a constructive workplace for everyone, especially the students."

"So, Cohasset has the same tax rate as towns with higher ranked schools, but it spends less than the state average on students..."

"Ah, no," Suzie dejectedly said. "The town is currently playing hardball with the teachers' new contract. There are a lot of frustrated educators."

The wife looked at her husband and then at Suzie, "You're kidding me? The parents must be absolutely livid. I know I would be if we chose to live here. The house and town are both lovely, but we're going to look around a bit more."

After the couple left, Suzie sat down at the counter and just shook her head.

As always, thanks for reading. Coming soon, Part 2……..

–John McSheffrey was born and raised on the South Shore and he and his family have been part of the Cohasset community since 2007. John can be reached at jjmcs@aol.com

COMMENTARY

Bravo to Mat Brown, cartoonist, and others

By John W. Steinmetz

My wife, Jane, and I own the land at 1 James Island Way, and hope to raise our family there. Two weeks ago, Mat Brown published one of the finest and most on point cartoons in the Cohasset Mariner I have ever seen in my 15 years as a Cohasset resident. In his cartoon, Mr. Brown made clear, through humor, that the opposition to our house on James Island (as well as the resulting denial of our permits by the Conservation Commission) is all about one thing, and one thing only – the many millionaires on Little Harbor who are nearly choking on their silver spoons over the fact that they might possibly be able to see part of our house.

Last week, Thomas Killilea, one of the abutters to James Island criticized Mr. Brown for his cartoon, claiming that it was inaccurate and inappropriate. That is complete rubbish. Mr. Brown hit the nail on the head. He should be commended for calling a spade-a-spade, and for having the courage to point out the obvious truth even though it calls on the carpet influential millionaires in Town who don't take kindly to being criticized.

Despite the baseless opposition from those who were fearful they might possibly see part of our house and the flawed ruling by the Conservation Commission, the bottom line is that our house project on James Island has no adverse environmental impacts, and we meet all the necessary performance criteria. This was recognized by Patrick Kennedy, the current Chair of the Conservation Commission; Edward Graham, the longest serving member of the Conservation Commission; and Paul Shea, who has been the Conservation Agent for the Commission for more than 20 years, as well as by each of the experts selected and retained by the Town. I commend each of these individuals for their intelligence, knowledge of the issues, and courage to stand up to the political forces in this Town. Despite all the political pressures, they did what was fair and right, i.e., acknowledged that our project should have been approved, as have many very similar projects in the past.

Although we got sandbagged by influence, bias and baseless fear, I have found a bright spot in all of this. We are extremely fortunate to have Patrick Kennedy as Chair of the Conservation Commission. He is highly intelligent, and has more than 20 years of legal experience. In addition, Patrick (like his wife Diane) is committed to our Town and to doing the right thing, even if it may not be popular with those who seek to throw their political weight around. In conclusion, I say Bravo to Mat Brown, Patrick Kennedy, Edward Graham, and Paul Shea. I commend each of you for your bravery, conviction and wisdom.

--John W. Steinmetz lives at 175 Sohier St.

COMMENTARY

Art, culture, and growing old

By Jim Marten

"Painting is not a form of self-expression. It is, like any art, a language by which to communicate something of our understanding of the world."
-- Mark Rothko

Those things that mean so much to us in later life — family and friends, a spiritual awareness, the joys of the natural world — did not strike me as avenues to a fuller understanding of life's purposes until I began to reach emotional maturity. (I suspect women arrive at this epiphany earlier than men do.) Now, to my surprise, gratitude, and wonder, when faced with the masterpieces of western civilization, there comes a recognition of the sublime (Kant defines the sublime as that which defies representation); a resolution of conflict and an understanding that, after all this, all things must pass.

To enjoy these deeply felt, personal, spiritual works represents, it seems, the closing of a circle, that is, the recognition of the circularity of one's own life.

Beethoven's late string quartets and piano sonatas, written when faced with the cruel irony of oncoming deafness, reflect the deepest pain and yearning, yet surprisingly ecstasy and acceptance.

Shakespeare's tragedies show us what we are capable of doing under extreme duress, and they are still as fresh and relevant today.

Rembrandt's late self-portraits, drawn when he observed his own mortality, was bankrupt and rejected by the Dutch establishment, teach us to directly engage reality with courage and compassion, and to treat reality for what it is, life itself.

Profound in conception, but not at first generally comprehensible, these pinnacles of our civilization change the way we view our selves, our lives. Repeated exposure to their emotional power does not dull their impact, for the better we know them, the more they surprise us. They show us we should endeavor to live lives that are worthy and authentic, and that life is worth living. They tell us we must enrich our lives with personal achievements which are for the good of our selves, but which recognize the objective value of others and their lives. They say we should try to reach for truths, and they offer us consolation and equilibrium in a world awash in subjective judgments, imperfect analyses, and flawed reasoning — a virtual avalanche of uncoordinated, generic, and fragmentary information.

Artists seek a singular identity which makes their work stand amongst others. For years I sought this talisman before I realized that I had had it before me and within reach for some time.

Over two decades I have been sending Christmas and birthday cards made up from small paper paintings. I was happy that many people had collected them and told me how these simple images were appreciated (some were even framed). Was I communicating unexpectedly my thoughts and feelings that were of interest to others?

Then my daughter, Kay, sent me enlarged color copies, which highlighted new aspects not noticed in the small originals. This was the impetus to take out these paintings, which had lain untouched for up to 15 years to view them anew.

My small oil paintings on paper, used merely as practice for larger works, appeared to be the accretion of what I had absorbed alone over many years. I had arrived unwittingly using spontaneous harmony, color, and movement at a language, which communicated joy, surprise, and pleasure. I realized I was, in fact, painting emotion and capturing my feeling during that day. In my late life, I had started at the beginning again, free of constraints, unsure of what rules should apply, anxious to explore what has been given me so unexpectedly.

To enjoy these deeply felt, personal, spiritual works represents, it seems, the closing of a circle, that is, the recognition of the circularity of one's own life.

Now, with new technology of mechanical reproduction, electronic enhancement, and color printing, I am able to view these works from a fresh perspective and respond. They have, at this late stage, started to play a role in large canvases, which had been my original intention for doing them years back. Now, the distinction between paper and canvas is blurred. These small works have a spontaneous quality not seen in my larger efforts. Their unique characteristic stems in part from the physical act of painting on a small scale, working from a closer vantage point, providing me with the ability to exercise greater control over the struggle between abandonment and thoughtful formality. Intricacies and asymmetry, which confuse the eye lead to surprise and mystery, and uncover a drama that is different and individual each time.

Franz Kafka said, "Art is the axe to shatter the frozen sea within us." Quite so!

--Jim Marten has lived for the last 46 years at 78 Nichols Road, with his wife, Shirley.

LIBRARY CORNER

Homework Center starts Tuesday

Paul Pratt Memorial Library is at 35 Ripley Road, Cohasset. Call 781-383-1348 to register or for more information or visit the website at www.cohassetlibrary.org.

Sunday Author Talks Series begins Oct. 4

Marilynn Johnson, author of "The New Bostonians," kicks off our fourth season of Sunday Author Talks at 4 p.m. Sunday, Oct. 4, at the library. Each month, through the beginning of May, an author will give a talk on their book. Talks are followed by a wine and cheese reception and book signing. Admission is free. Seating is limited.

Homework Center Kicks off Oct. 6

Meet Malorie Dwyer, the new Homework Center Coordinator, at the library from 5:30 to 7:30 p.m. Tutoring is provided by Cohasset High School National Honor Society members. Enjoy cookies and pizza and get your homework done. Homework Center meets every Tuesday during the school year. Sponsored by The Friends of the Cohasset Library.

TAB (Teen Advisory Board) meeting

The first TAB meeting at the library will be held from 6 to 7 p.m. Monday, Oct. 5. TAB is a community service opportunity for high school students. Members meet monthly during the school year to help plan and run library programs. Contact Mrs. Lengyel at 781-383-1348 for more information.

The Elephant Sanctuary in Tennessee

Learn about the Elephant Sanctuary in Tennessee and what it is doing for endangered elephants at 7 p.m. Wednesday, Oct. 7. The Elephant Sanctuary is the nation's largest natural-habitat refuge developed specifically for Asian and African elephants. For more information call the library. Free.

New Library Pass

The Friends of the Cohasset Library has purchased a pass to The Hall at Patriot Place at Gillette Stadium. The pass, available to Cohasset library cardholders, allow two persons free of charge to The Hall and discounts on purchases at the ProShop and CBS Scene Restaurant. To reserve the pass call the library or reserve online at: cohassetlibrary.org.

SAVE THE DATE

Open house at Konohasett Lodge

Joining with Masonic lodges across the Commonwealth, the Freemasons from Konohasett Lodge, 7 Brook St., Cohasset, will open their doors to the public from 9 a.m. to 3 p.m., on Saturday, Oct. 17. Those who have wondered who the Freemasons are, whether they are the descendants of the Knights Templars, or what the inside of their buildings look like, here's a chance to find out.

More than 220 lodges will host open houses to help the public gain a better understanding of Freemasonry and to demonstrate the positive impact it has on its members, their families and their communities. Members will provide tours of their building, talk about Freemasonry's history, discuss its rituals, signs, and symbols, and explain what they do.

"The Open House is a great opportunity for anyone interested in learning more about Freemasonry to meet and talk with Masons in their community," said Harvey J. Waugh, Grand Master of Masons in Massachusetts, and the presiding officer of more than 30,000 members. "Although many have heard of us, very few are aware that for over 282 years we have been part of an unbroken tradition of great men who have changed our world in a number of ways. Men like Benjamin Franklin, George Washington, Thurgood Marshall and John Glenn all joined the Masons prior to achieving the greatness we recognize them for. Today, there are countless others that have made their families, workplaces, and communities better because they are Masons. I warmly invite the public to join us on Oct. 17."

Freemasons trace their roots to the stonemason guilds that built Europe's cathedrals and castles during the early part of the last millennium. As construction of these buildings declined, they began accepting members from outside their trade. These new members, influenced by the "Age of Enlightenment," transformed the organization from a group for builders to one focused on developing the character of its members. Freemasonry was formally organized in London, England, in 1717. In 1733 it was formally organized in Massachusetts, making it the oldest Masonic group in the Western Hemisphere and the third oldest in the world.

Freemasonry, the world's oldest and largest fraternity, seeks to bring together men of every country, religion, race, background and opinion in order to develop the bonds of friendship between them. Through a large variety of North American Masonic philanthropies, approximately $2,000,000 is given to charity every day, 70 percent of which benefits the general public. During its symbolic initiation ceremony, members are encouraged to value high principles, ethics and morals and to live their lives accordingly. By "making good men better," Freemasonry positively benefits its members, their families and local communities. Freemasonry in Massachusetts is comprised of 30,000 members in more than 220 different lodges throughout the Commonwealth. For more information, call 800-882-1020, or visit FindMoreInMasonry.org.

For more information, stop by at the open house on Oct. 17, call Jordan MacNeill at 781-383-1760 or email jordanmacneill@msn.com.

DELAYED

Dredging waits for safe harbor

By Amanda C. Thompson
athompson@wickedlocal.com

Harbor dredging, slated to begin Thursday, October 1, has been pushed back due to weather concerns.

"We're forecasted to have very high seas the next several days," explained Harbormaster Lori Gibbons. "They can't work in that weather."

All the equipment is here, though, and ready to rumble just as soon as the seas settle. Sandy Beach and its parking lot are officially closed. The harbor, too, is closed to non-commercial traffic. Boat owners who wish to haul their boats out later should contact the Harbormaster at 383-0863. She will have to remove the barricade and open the boat ramp.

Dredging was scheduled to take place last fall, but it ended up taking a back seat to more pressing projects brought about in the aftermath of Hurricane Sandy.

Cohasset Harbor was last dredged more than 15 years ago using mechanical equipment; this time they're using hydraulic machines, so the process will look a bit different.

Five-hundred-foot lengths of pipes will be fused in the Sandy Beach parking lot and fed along the coast to the harbor. Sand will be deposited first at the north end of the beach, with portions of the pipe being removed as they work down the beach.

The sand coming out of the pipe will look different at first because it will be 80 to 85 percent water and only 15 to 20 percent sand. It will appear dark and muddy. But once the water runs off through the constructed trenches, the sand will dry out and bleach to match existing beach material.

The Army Corps of Engineers awarded the dredging project to H2H Associates of Troy, N. Y. for $1.7 million in July. Subcontractor Blue Waters Marine will perform the actual dredging, or removal of sand, while local subcontractor Rosano Corporation will handle the redistribution of materials to Sandy Beach. The plan is to restore the channel to its original size of 90 feet wide by eight feet deep.

The area immediately inside of the breakwaters will also be dredged. Other areas will be left alone, in most cases because the material is too fine and silty to deposit on the beach and would not match the sand that is already there.

Craig Martin, a representative from the Army Corps of Engineers, expected the project to wrap up by Thanksgiving, with all equipment gone by December. The Army Corps originally projected that work could continue into January. Harbormaster Gibbons said that could still happen.

Like the start date, "It all depends on the weather," she said.

Follow Amanda on Twitter for updates: @MarinerAmandaT

LIGHT

From Page A1

strikes a white phosphorous coating on the inside of the tube, and that's when the lightbulb comes on.

Because mercury is so toxic, disposal of fluorescent lamps can be a real headache. Energy Conservation, Inc. will transfer the old lamps to a specialized recycling facility in Fall River to safely dispose of them.

On the other hand, Kordash explained, "LEDs are electronics, similar to your phone or the back light in TVs." In other words, they're not toxic. They also last up to 100,000 hours, meaning the town won't have to replace these lights again for several decades.

Kordash added that the new lights will not have the blue cast that is often associated with LED bulbs. Early LED technology produced a lot of blue light, but advancing technology has paved the way for warm, yellow lighting that uses the warmer cast of incandescent lights as a baseline.

Energy Conservation, Inc. has also been responsible for the installation of variable frequency drives at all three schools in town. VFDs can start up slowly or run at a reduced speed when energy demands are low. The old drives required a massive in-rush of energy to start, and once they were on, they ran at 100% until someone turned them off.

Joyce explained that changing the drives will save not only energy, but money. The town is billed based on the highest 15-minute average usage of the month, and with its gradual start-up abilty, the VFD will drastically reduce that.

Energy Conservation and the Town of Cohasset are now preparing for the final VFD installation at the high school. The two remaining air handling units will require a crane to install.

The VFD installation and lighting retrofit projects are part of the town's effort to be crowned a "Green Community." The retrofit at the library should take about two weeks to complete, during which time there will be no impact to operating hours.

Follow Amanda on Twitter for updates: @MarinerAmandaT

COH

Beacon Hill Roll Call

By Bob Katzen bob@beaconhillrollcall.com

Senator Robert L. Hedlund (R-Weymouth) 617-722-1646 Room 313C

Representative Garrett J. Bradley (D-Hingham) 617-722-2520 Room 479

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If you have any questions about this week's report, e-mail bob@beaconhillrollcall.com or call 617-720-1562.

Volume 40 - Report No. 38 September 21-25, 2015

Y = Yes; N = No, NV = No Vote (President rarely votes) * Not every item is voted on by both House and Senate

THE HOUSE AND SENATE: Beacon Hill Roll Call records local senators' votes on roll calls from the week of September 21-25. There were no roll calls in the House last week.

PROHIBIT MINORS UNDER 18 FROM TANNING INDOORS (S 1994)

Senate 38-0, approved and sent to the House a bill that would prohibit anyone under 18 from operating or using an indoor tanning device. Current law prohibits teens age 16 and 17 from indoor tanning without parental permission and bans anyone under age 16 from tanning.

Supporters said these booths are dangerous and increase by 75 percent a person's chances of getting melanoma, a dangerous and sometimes fatal skin cancer. They said that while adults can make their own decisions, it is the state's job to protect children.

(A "Yes" vote is for the bill.)

ALLOW YOUTHS TO WORK IN TANNING SALONS (S 1994)

Senate 6-32, rejected an amendment that would allow youths under 18 to operate a tanning device.

Amendment supporters said that the proposed ban prohibiting anyone under 18 from operating a tanning device would decrease job opportunities for 14- to 17-year-olds, who are already facing high unemployment. They argued that there is no research concluding that people who just operate the tanning device face any danger of cancer.

Amendment opponents said if you are not able to use a tanning device you shouldn't be allowed to operate one. They argued that allowing 14 to 17-year-olds to operate a device could lead to them using the device themselves or bringing in underage friends to do so.

(A "Yes" vote is for allowing youths under 18 to operate a tanning device. A "No" vote is against allowing it.)

DRUG OFFENSES AND DRIVER'S LICENSES (S 1812)

Senate 38-0, approved and sent to the House a bill that would repeal a 1989 law that requires anyone convicted of a non-violent drug crime to have his or her license suspended, regardless of whether the crime itself involved driving a vehicle. The measure also requires the state Division of Insurance to conduct a study on the feasibility of reducing the amount of time points remain on a driver's Safe Driver Insurance Plan (SDIP) record. These points result in higher insurance rates for the driver.

Supporters said this law has not worked well and has actually harmed offenders when they are released from jail. They noted many ex-offenders cannot afford the $500 the state charges to reinstate a license. They noted that a driver's license is a key component to an ex-offender re-entering society including getting a job, seeking medical care and driving their children to school.

(A "Yes" vote is for the bill.)

SPINAL CORD INJURY TRUST FUND (S 1972)

Senate 34-4, approved and sent to the House a bill making several changes in the operation of the Spinal Cord Injury Trust Fund that provides medical cure research services for individuals with spinal cord injuries. The fund is currently funded by a $50 surcharge assessed against any person who seeks reinstatement of his or her driver's license. The bill would raise the surcharge to $100 for a second reinstatement and $150 for a third.

Under the bill, the surcharge for the Spinal Cord Injury Trust Fund will be in effect after three surchargeable events within a two-year period or seven surchargeable events within a three-year period. Currently, the surcharge is triggered when there are five or more surchargeable offenses within any three-year period.

The measure requires that all revenue from the surcharge go to the fund. Under current law, the state's General Fund receives some of the revenue. It also renames the fund the Thomas P. Kennedy Spinal Cord Injury Trust Fund, honoring the late state senator who was a quadriplegic confined to a wheelchair following an accident in 1971. He passed away in June at the age of 63.

Supporters said the changes and hikes will result in more money going to the spinal cord fund. They noted that in fiscal 2006, the fund received $119,675 from surcharges and in fiscal 2015, it received only $23,600.

Some opponents said Registry of Motor Vehicle fees are already too high and the bill will have the effect of raising registry fees for reinstatement of licenses for an estimated 2,000 people annually. Others argued that they did not have enough information about who would be affected most by the higher surcharges, expressing concern that it might be minorities who are more likely to be pulled over and eventually pay the surcharge.

(A "Yes" vote is for the bill. A "No" vote is against it.)

RAISE SURCHARGES TO FUND SPINAL CORD RESEARCH (S 1972)

Senate 29-9, approved an amendment that would solely hike the surcharge against any person who seeks reinstatement of his or her driver's license from $50 for a first offense to $100 for a second reinstatement and $150 for a third.

Supporters said this additional revenue will generate more funds for the important research paid for by the Spinal Cord Injury Trust Fund.

Opponents said the hikes were not necessary and would further burden drivers who are already paying registry fees that are too high.

(A "Yes" vote is for the increased fines. A "No" vote is against the increase.)

ALSO UP ON BEACON HILL

BAN STATE PENSION FUNDS FROM SUPPORTING BOYCOTT (no number yet) - A late-filed bill by Rep. Steve Howitt (R-Seekonk) would require the $50 billion plus state pension fund to divest all holdings from companies that engage in boycotts or other economic sanctions against Israel.

Supporters say this will prevent the state from funding companies that pursue anti-Israel policies.

Opponents say the Legislature should not be micromanaging the pension fund and that no research has been done to determine how much money the divestiture would cost the pension fund.

TAX BREAKS FOR VIDEO GAME COMPANIES (H 2487) - The Revenue Committee held a hearing on a bill extending the 25 percent payroll tax credit to video game developers. Currently, the tax credit is only available to movie production companies.

Supporters, noting some 2,000 people currently work in this industry in the state, say offering tax credits to video game developers will encourage the companies to remain in or move to Massachusetts.

INVESTMENT TAX CREDIT (H 2474) - Another proposal heard by the Revenue Committee would raise the state's three percent investment tax credit to five percent and make it permanent.

Supporters say that this would be good for the state's sagging economy. They argue that it would create jobs by helping to attract new companies to the state and encouraging existing ones to remain here by spurring investment in new buildings, manufacturing, and research and development. They noted that the tax revenue loss would be offset by a growth in property, income and corporate excise taxes.

During the week of September 21-25, the House met for a total of one hour and 32 minutes while the Senate met for a total of four hours and 28 minutes.

Y
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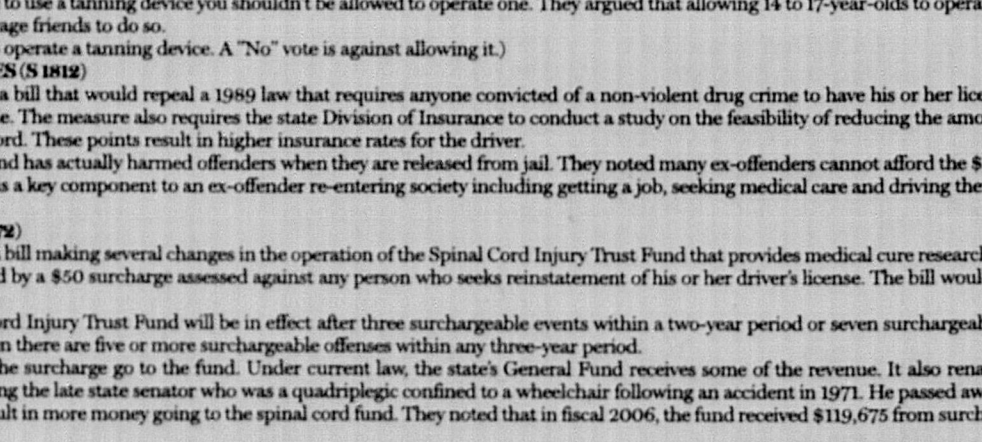
N

Give the unique gift of a special memory...



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WICKED LOCAL

THAYER

From Page A1

option to enroll in honors-level classes, including calculus. Many of them go on to college, with their trade certification as an added bonus.

"It's a public high school," said Superintendent Tom Hickey. "We just chunk our time differently."

And in the chunk of time that's dedicated to shop?

"Their curriculum is the real world," said Hickey. Under the guidance of teachers established in the industry, students are doing real work in and for their community. They're earning third-party licenses and certificates that are required for real-world employment.

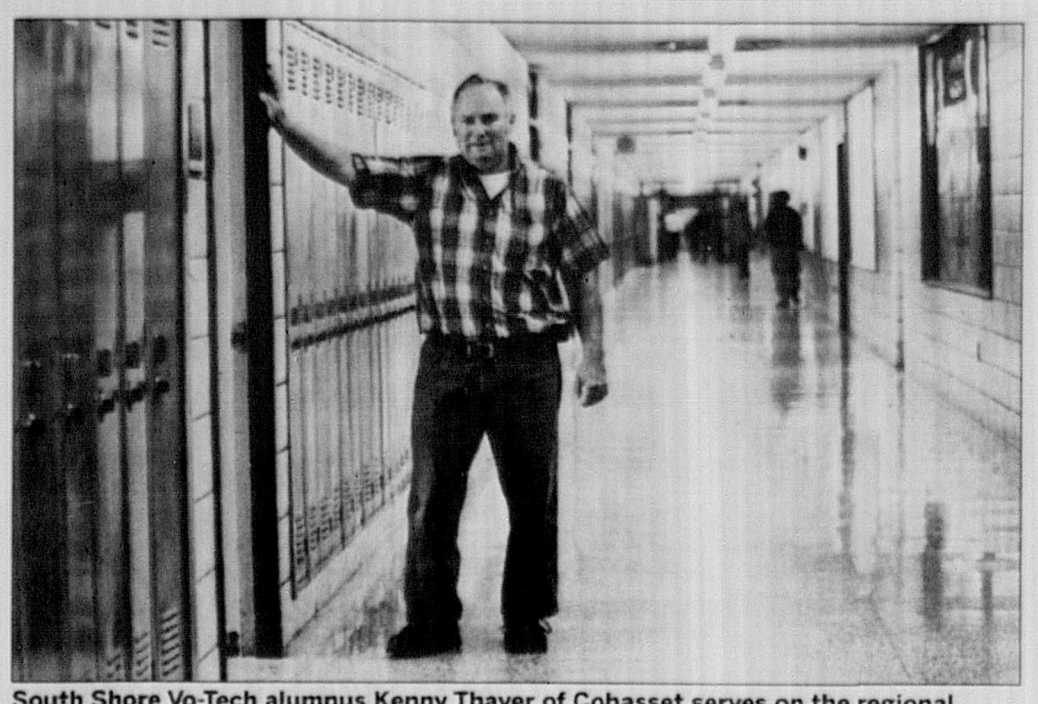
They're learning skills that make them attractive employees: how to interface with customers and clients, how to present themselves to the public, how to behave in the workplace (timeliness, attire), and – in some cases, most importantly – how to be safe while they work.

Upperclassmen have the opportunity for co-op programs during shop week. Allied health students work in daycares, nursing homes and hospitals. Auto students work on live cars brought in by community or staff members. Info tech students solve real computer issues around the school.

Manufacturing and carpentry students are hard at work improving or expanding the building every day. There's a new maintenance building in the works – to replace one built by students in the '90s – and a concession stand wired by electrical students has been a hit at two home football games this season.

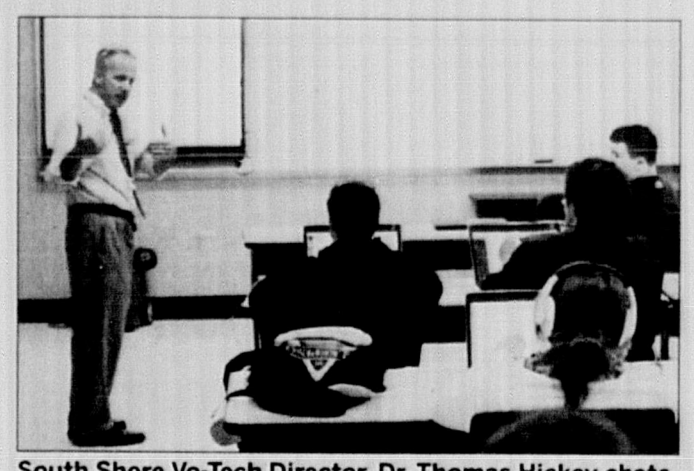
After all, why hire out work the students can do themselves? It gives them real-world experience, and it saves important budget dollars for the town.

Culinary arts students run a restaurant, the Brass Lantern, right at the school, while cosmetology students run a salon. Graphic communication students operate a small, simulated business that includes silk-screen printing and a copy center, which recently produced letterheads for Cohasset Town Hall departments.



South Shore Vo-Tech alumnus Kenny Thayer of Cohasset serves on the regional school committee at the school. WICKED LOCAL PHOTOS BY CHRIS BERNSTEIN

"We need tradespeople. Kids who go in there come out and do stuff they love. We need welders, builders – and that's where they learn it."
Kenny Thayer



South Shore Vo-Tech Director, Dr. Thomas Hickey chats with computer engineering students.

Cohasset can also thank SSVT for improvements to the heating system at the teen center downtown, repairs to municipal plows and fire trucks, and a new set of cabinets at Town Hall.

"It fills a real gap in the community," said Hickey. "We can't operate in a vacuum. We have to see what the community needs and what local employers are looking for."

"Businesses in this area recognize that these kids are their future," added precision machine technology teacher Gene Hickey (no relation to the superintendent).

"I'm very proud of the work these kids do," said Superintendent Hickey, "and they're proud of themselves."

Thayer wishes more Cohasset students could experience that. Currently, there are only three Cohasset students in the whole school, which serves over 600 students.

"A lot of young people aren't college material," said Thayer. "A trade school of that caliber gives them a trade and a high school education all in one. It turns out some very successful guys and girls."

Thayer grew up in Cohasset and attended SSVT part-time, taking academic classes here in the morning and then riding a bus over to learn automotive care in the afternoons. He also sent his oldest son to school there.

"Kenny's been a student, a parent, and an advisor," said Hickey. "He's always available. He puts his heart and soul into SSVT. When he was with DPW, he was sometimes working 24 hours straight."

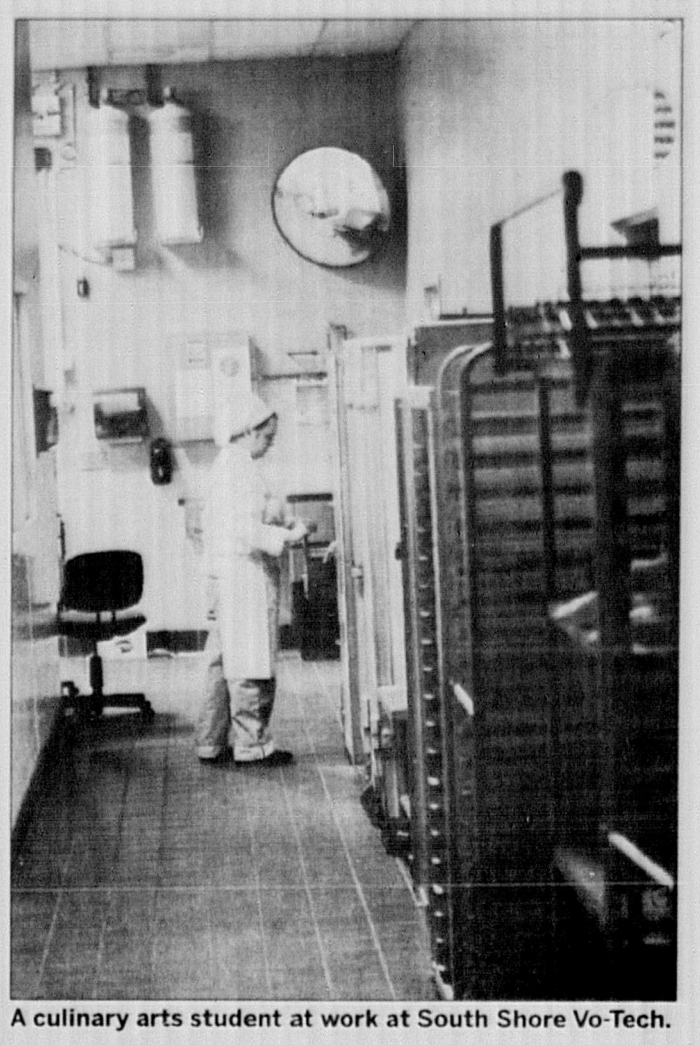
Thayer served the Cohasset DPW for 17 years, starting as a part-time "trees and parks" employee. He was the guy who'd get the call if a tree was down at two in the morning, blocking a road or pulling down power lines. He was also responsible for mowing, weed-whacking, and general care of public grass.

On the side, he helped out with mechanical work, which was his basic trade and calling. He studied it back when he was a student at SSVT, himself. But after two open-heart surgeries, which left his heart looking a bit like the engines he so loved to work on, the automotive labor became unsustainable.

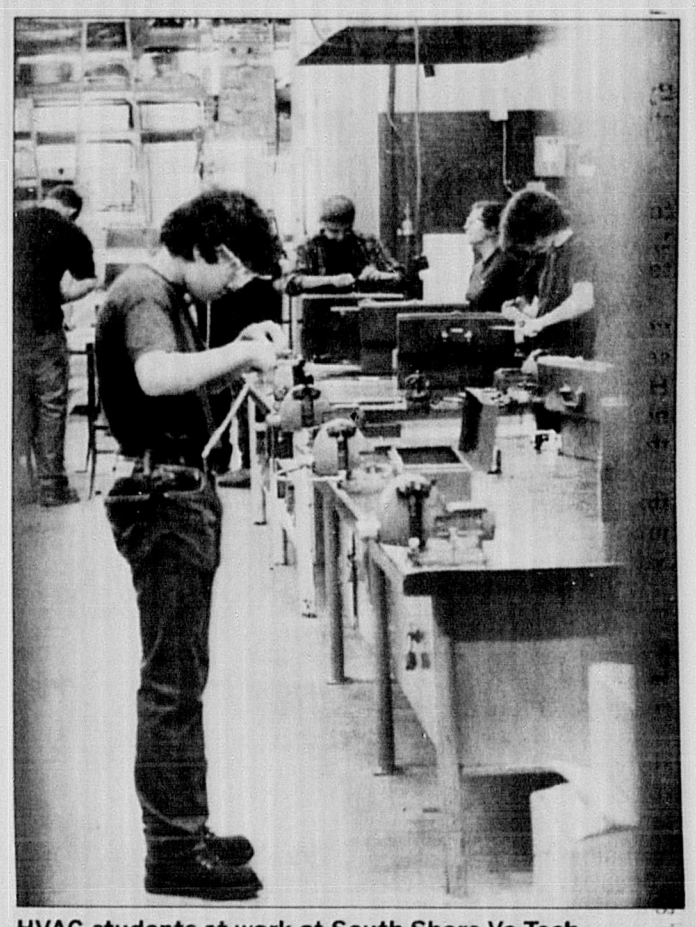
Last winter was the ice dam that broke the camel's back. After that, Thayer knew he wouldn't be serving the town in the same capacity when winter 2015-16 rolled around. He chose September 8 as his last day of work, exactly 17 years after he took the job.

The DPW is now looking for his replacement, but Thayer said not to worry; he won't be leaving Cohasset anytime soon, and if something comes up – "Carl knows how to reach me."

—Follow Amanda on Twitter for updates: @MarinerAmandaT



A culinary arts student at work at South Shore Vo-Tech.



HVAC students at work at South Shore Vo-Tech.

AUTHOR

From Page A1

butterflies as there used to be, despite the fact that Begley has filled her garden with all their favorite snacks: plants like milkweed and Queen Anne's lace that most people would think of as weeds.

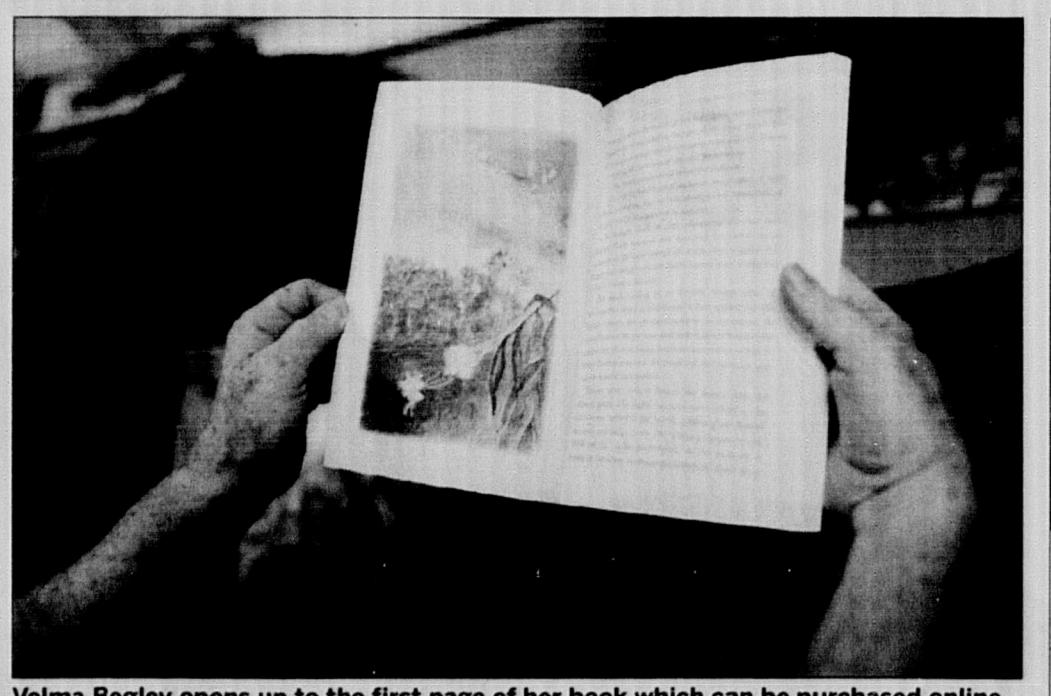
"Butterflies are an indicator of how the environment is doing," said Begley. "Butterflies and bees pollinate. If they don't, then we won't have food after a while."

This important message fertilized the idea-seed. About 10 years ago, Begley began to weave a narrative tapestry to connect her paintings to each other and to her message, and "The Way of the Meadow" was born.

When Willa, the story's heroine, becomes mysteriously ill, the fairies of the meadow help her look for a cure. Each fairy sponsors a certain plant and butterfly, which have co-evolved so that neither can survive without the other.

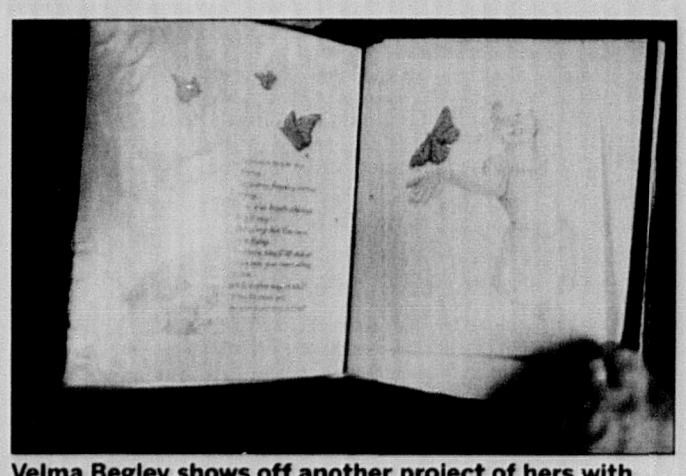
Writing the story was the easy part, according to Begley. Previously, she had printed single copies of picture and poetry books using a program called Blurb, but she had never tried to get her work picked up by anyone before. She quickly learned that one does not simply write a story and send it to the publisher. Publishers are picky, and without an agent, authors can be completely overlooked.

Then Begley's husband saw a newspaper article about self-publisher Sweet Dreams Publishing. Begley decided to submit. But even after the company had agreed to publish her, there was lots of work left to do, including three rounds of editing and cover design. All told, it took about a year and a half.



Velma Begley opens up to the first page of her book which can be purchased online on Amazon.com and Barnes and Nobles online. WICKED LOCAL STAFF PHOTOS / ROBIN CHAN

"I want to spread the message to people who are young and open-minded. There are a lot of kids who don't care about nature; they never go outside."
Velma Begley, author



Velma Begley shows off another project of hers with original poems and illustrations.

Now Begley has to learn to market herself. The Cohasset resident already has a Facebook page – Whispering Wings Butterfly Farm and Studio – with a full website and blog in the works.

"It's a big learning curve!" she said. "It's like a full-time job just figuring out what to do."

But she's not in it for the fame and riches.

"I don't want to be famous," she said. "I just want to be able to have an excuse to spend my time painting, writing, doing things like that."

"And I'm not expecting to get rich off this," she said. "I'm just having so much fun with it! I love words and mixing words together."

And, of course, she wants to share her message with as many people as she can before it's too late.

"There's not the habitat there once was," she said. "It's scary. I want to spread the message to people who are young and open-minded. There are a lot of kids who don't care about nature; they never go outside."

"The Way of the Meadow" is a good read for Deer Hill-aged kids and would be accessible to anyone who is ready to read Roald Dahl. It has 14 chapters and pictures every few pages, making it a nice transition from easy chapter books, like the Magic Treehouse series, into more challenging material.

Begley added that kids aren't the only ones who will enjoy her book. It's for anyone who loves gardens or nature. Begley knows a teacher who is reading it to her tenth grade class, and they're loving it, discussing how the fairies could be a metaphor.

"The Way of the Meadow" is available from Amazon and directly from Sweet Dreams Publishing.

—Follow Amanda on Twitter for updates: @MarinerAmandaT

Velma Begley looks at one of her illustrations made of watercolor she made for her book, "The Way of the Meadow," which was a story idea that germinated from a sketch at a friend's place 10-12 years ago. Her first and second grade class at South Shore Charter School helped her develop the story.

Velma Begley's home is decorated with butterflies and a number of her illustrations.

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SPORTS

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QUESTIONS? Contact Sports Editor William Wassersug at 781-837-4577 or wwassersug@wickedlocal.com.

SPORTS NOTES

Send your stuff

William Wassersug is the Sports Editor for the Cohasset Mariner. Please send your story ideas, stories and photos to wwassersug@wickedlocal.com and follow him on Twitter @scifisportsguy

YOUTH TRAVEL BASKETBALL

Tryouts start next week

The Cohasset Basketball Boosters Club announces that tryouts for girls and boys grades 4-8 for the upcoming 2015-2016 Travel Basketball season will be held at the Cohasset High School gym on the following dates and times:

Tuesday, Oct 6 and 13 - 6:15-7:15 - Grade 4 Girls and Boys

Tuesday, Oct 6 and 13 - 7:30-8:30 - Grade 6 Girls and Boys

Wednesday, Oct 7 and 14 - 6:15-7:15 - Grade 5 Girls and Grade 7 Boys

Wednesday, Oct 7 and 14 - 7:30-8:30 - Grade 7 Girls and Grade 8 Boys

Thursday, Oct. 8 and 15 - 6:15-7:15 - Grade 8 Girls and Grade 5 Boys

There will be two tryout dates for all age groups and all candidates are expected to attend both dates.

Parents must sign up for the tryouts online by Sunday night, October 4. For further information and a link to the registration web site, please go to cohobball.wordpress.com.

CYBSA BASEBALL

Major League tryouts

Try-outs for the 2016 Cohasset Major League will be on October 16 at 3:30 p.m.

The Major League is open to 12 year olds, (DOB 5/1/03-4/30/04) who must register for 2016 Spring Baseball on sports pilot to reserve roster spot.

All 10 and 11 year olds (DOB 5/1/04-8/30/06) must register on sports pilot and attend the tryout on October 16.

There will be only one day of tryouts. There will be no makeups.

Registration for all other Spring 2016 baseball leagues will open in 2016.

SCICOH

Tailgate Party & Fundraiser

The SciCoh Tailgate Party & Fundraiser will be Friday, October 23, 2015 from 7 p.m. - 11:30 p.m. at the River Club

The event is hosted By Ashlee Feldman, morning host FM 94.5, and musical entertainment will be provided by 617 with a special surprise guest.

Tickets are $50 per person and are available online at scicohfootball.com

The event is casual attire. There will also be a cash bar, Sharkbite appetizers, a raffle and silent auction.

SEE NOTES, B2

FOOTBALL

Swift rebound

Skippers down Hull, prepare for Mashpee

By William Wassersug
wwassersug@wickedlocal.com

A week after suffering their first loss of the season, a 27-13 setback at Rockland, the Cohasset football team rebounded quickly with a 31-7 win over Hull, Friday.

"We played well," Afanasiw said. "We learned our lesson from Rockland. The guys came out with a lot of energy, a lot of intensity and focus. We came out flat in Rockland."

Afanasiw said his team was in charge from the start.

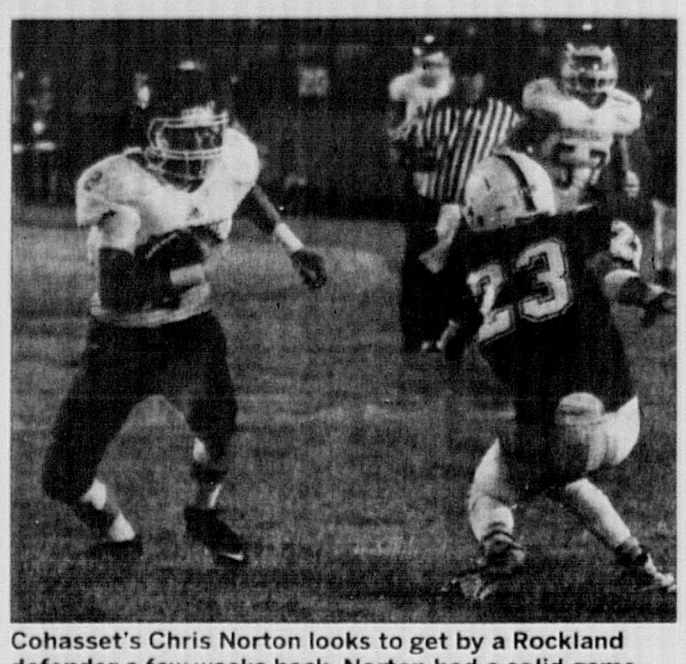
"We were focused from the opening kickoff," he said. "We dominated both sides of the ball, and special teams."

For the Skippers, who were without running back Nick Hall, several players stepped up, including Chris Norton and quarterback Danny Axelson.

"Chris had a big game," Afanasiw said. "Danny Axelson did as well. He ran for two touchdowns and threw for two. When Danny wants to do something, he does it. Last week at Rockland we kind of got away from what he does best. He's 6'2" 225 and runs well. He has two years experience. He's the best running weapon we have with Nick Hall out. He had a great game. The line did a great job blocking for him."

Up next is a visit from Mashpee, Friday night. It should be a good one and a game that

SEE FOOTBALL, B2



Cohasset's Chris Norton looks to get by a Rockland defender a few weeks back. Norton had a solid game against Hull, helping to pick up the ground game with Nick Hall out with an injury. WICKED LOCAL PHOTO / WILLIAM WASSERSUG

FIELD HOCKEY

Strong as ever

Large senior class contributing to present and future

By William Wassersug
wwassersug@wickedlocal.com

Cohasset field hockey coach Laura Giuliano has an interesting challenge on her hands this season.

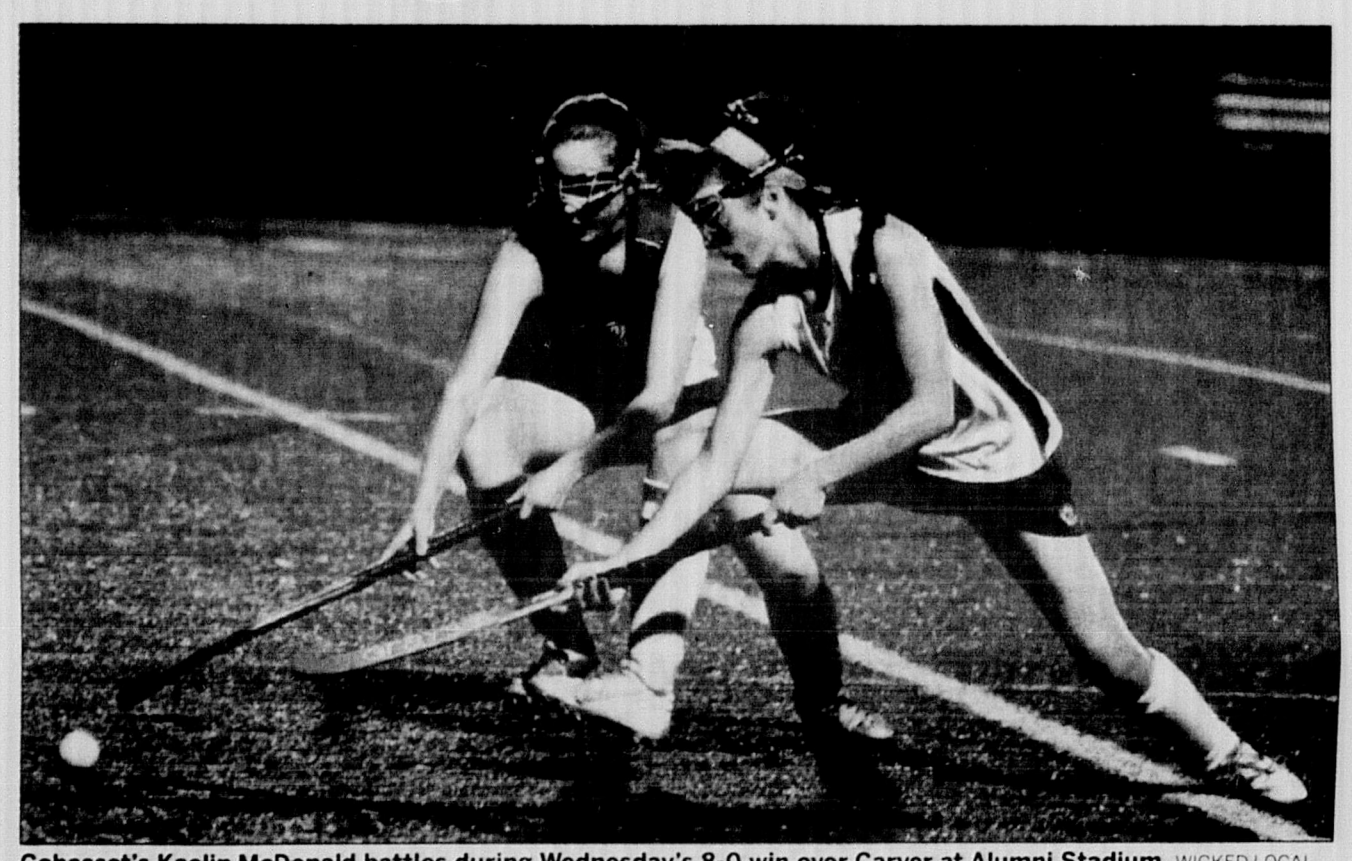
With a senior class that numbers 12 players, Giuliano knows that winning now and challenging for a league and even state championship is the top goal, but like the most successful sports franchises, building toward the future to sustain success is also on the list.

"I'd say this is a building year for us," Giuliano said after her team's 6-0 win over Carver. "We have a very strong corps of seniors. In my opinion, you start building for the future now. We're trying to bring sophomores and juniors into the fold to get them experience for next year. Hopefully those girls continue to develop and improve this year as well so we can be even stronger at the end of the season and hopefully into the tournament."

Wednesday's win over Carver was a good example of what the team is trying to do.

"We were able to play everybody," Giuliano said. "Everybody is a big contributor. It really is a whole team effort. We're

SEE HOCKEY, B3



Cohasset's Kaelin McDonald battles during Wednesday's 8-0 win over Carver at Alumni Stadium. WICKED LOCAL PHOTO / WILLIAM WASSERSUG

FIGURE SKATING

Local skaters start season strong

Cohasset youngsters shine at big competitions

The Cohasset Mariner

While most local children spent the summer at the pool and beach, four local girls were practicing at their home ice arena, carving out significant time for figure skating. The time and dedication at the rink paid off this month as the girls opened the new 2015-2016 competitive season.

In early September, the Skating Club of Hingham, which calls Bavis Arena in Rockland their home, sent three skaters to the USFS-sanctioned Providence Open, also known as the "Little New England Championships".

The three skaters, all from Cohasset, consisted of 8-year old Grace Shaughnessy, 10-year old Lise Trulsson, and 11-year old Lilly Wallingford.

Cohasset's Lise Trulsson with her first-place trophy at the Providence Open. COURTESY PHOTO

Lise, who skated her routine to Tango music, and Lilly, who chose the 70's hit "Hooked on Classics," both took the gold in their respective events (Pre-preliminary Freeskate and Pre-preliminary Test Track.) Grace, who skated up a level for the first time in Preliminary Test Track, finished in a respectable fifth place and just missed the podium.

This past week, the same three girls plus club member Jasmine Lanata of Scituate competed at the USFS 'Boston Open', and again the results were equally impressive.

Lilly and Jasmine who

SEE SKATING, B3

SPORTS ROUNDUP

A look at the week in sports

Boys soccer beats Mashpee, football routs Hull

By Shaun Galvin
For the Cohasset Mariner

The season has been pretty good for the Cohasset boys soccer team.

Thursday, September 24, the boys hosted the Mashpee Falcons at Alumni Field.

In the first half Cohasset senior Liam McHugh scored his first varsity goal assisted by sophomore Andrew Sullivan. Senior goalkeeper Evan Canney made 10 saves on route to his fourth shutout of the season.

Dan Toomey and Liam O'Connell played well on defense as the Skippers beat the Falcons 1-0.

On Friday, September 25, Cohasset traveled to Duxbury to face the Green Dragons. The Skippers lost 2-0.

Monday, September 28, Cohasset traveled to East Bridgewater where the Skippers and the Vikings battled to a 1-1 tie.

The boys played at Randolph on Wednesday, and lost a tough 2-1 game.

The win was Randolph's seventh win in a row.

Cohasset is now 5-3-1 overall and 5-1-1 in the South Shore League Small.

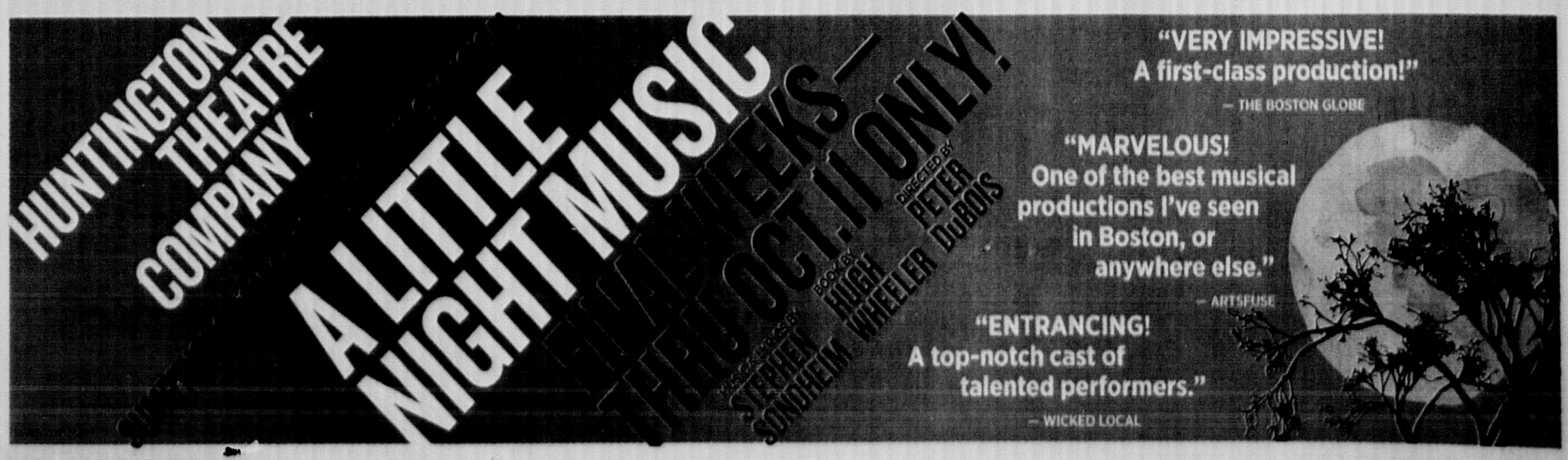
On the girls side, Cohasset beat Randolph 6-0 Wednesday in a game that was delayed by lightning.

In their previous game against East Bridgewater, the girls lost 6-0.

Golf

The Cohasset golf team has continued its run of excellence, improving to 8-0-1 with wins over Monomoy and East Bridgewater, along with a 140-160 win over Carver.

SEE ROUNDUP, B2



TRIBUTE

Football remembers Tom Wigmore

Team presents 'Wigggy Strong' helmet and sweatshirt to family

Before Friday night's win over Hull, the Cohasset football team honored the late Tom Wigmore's family with a presentation of a sweatshirt and autographed replica helmet.

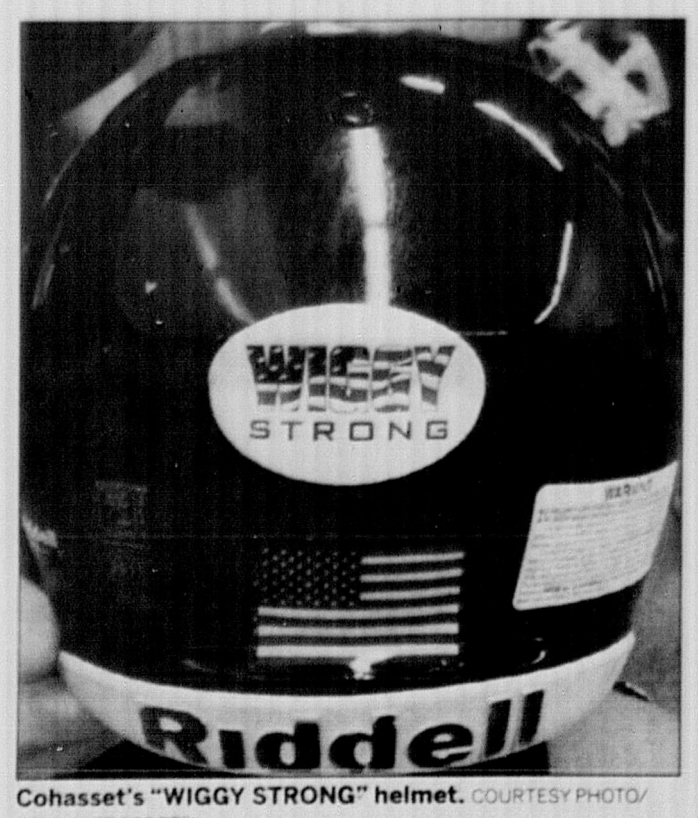
Here is a reading of the dedication.

Tom Wigmore Dedication

This past 4th of July, the town of Cohasset lost one of its finest citizens, Tom Wigmore, after a courageous battle with brain cancer.

While best known around town for his tireless work on behalf of veterans and their families and as the point man for the George H. Mealy American Legion Post's Memorial Day parade and Healing Field dedication, Tom was also a fixture within the Cohasset school system.

A 1983 graduate of Cohasset High, "Wiggy" worked during his undergrad years as a special assistant to Athletic Director Clark Chatterton. He was the man to see for team schedules, uniforms, event coordination, and bus transportation to away games. When asked specific questions regarding the athletic department, AD Clark Chatterton would routinely reply, "Go ask Wiggy!"



Cohasset's "WIGGY STRONG" helmet. COURTESY PHOTO/ COHASSET SPORTS

Wiggy's service to the schools continued after graduation in his capacity as a Dispatcher for the Cohasset Police Department. He assisted with traffic safety around school zones and organized an outreach program that allowed students to earn community service hours while volunteering at the police department. Wiggy also worked as the liaison between the American Legion and Cohasset High School for the Boys and Girls State programs. He ensured that funding was always available for deserving students and pushed to expand participation. Under Wiggy's command, the Sons of the American Legion Color Guard appeared at countless school events and he was the driving force behind veteran involvement in school Veteran's Day ceremonies.

In his 51 years around the town of Cohasset, Tom Wigmore never stopped giving. His example of dedication and service inspired us all. The Cohasset School District and athletic department will forever be grateful for his friendship and unwavering support. WE REMAIN WIGGY STRONG!

Tom Wigmore's wife and family are being presented with a Cohasset Football Wiggy Strong sweatshirt and replica helmet signed by the team.

CHIEFS FOOTBALL

Crazy couple of weeks

Chiefs to double up Saturday

By William Wassersug
wwassersug@wickedlocal.com

Doubleheaders are nothing new for some sports.

You see it all the time at all levels of baseball, especially American Legion, and of course Major League Baseball.

On the football gridiron, not so much.

This weekend, the South Shore Chiefs, Hanover's New England Football League semi-pro team will have a chance to see what it feels like.

Due to lightning and a game where referees didn't show up, the Chiefs will be playing two games Saturday at 6 p.m. at English High School (27 Williams St., Jamaica Plain).

The Chiefs will start by finishing the lightning game, with a second-and-seven at the beginning of the third quarter, trailing 14-2 where the game resumes.

As soon as that game finishes, they'll play the Tigers.

"This is the first time a team has ever played back to back in 22 years in the league's existence," Chiefs owner Steve Santacroce said. "Then again - the refs not showing was only the second time in 22 years that "that" has happened to, so this has been an insane couple of weeks."

Santacroce said the league would have been fine with the Chiefs give up on the second half for the sake of playoffs beginning as scheduled.

"They pushed for us to concede the second half with the Pack (down 14-2) so they could start the playoffs on time, but it was unanimous with our guys - they all want to play and would never want to see "concede" on the league's scoreboard," Santacroce said. "So we'll finish what we started and the playoffs for AA will start a week later than scheduled because this outcome affects the Pack's seeding outside of our division. They are tied for No.1 and if we win, they will have to face stiffer competition out of the gates. Crazy, crazy stuff."

HOCKEY

Only two teams left undefeated

South Coastal Hockey League roundup through Sept. 27

By Mark Ducharme
Correspondent

There are two undefeated teams left after three weeks of play in the South Coastal Hockey League.

The Whalers and the Toros both won their games this past Sunday at the Hobomock Arena in Pembroke to stay undefeated.

Peter O'Brien, off a hustle play by Adam Bellantoni scored to break a 1-1 tie and lead the Whalers to a 3-1 win over the Sharks.

Chuck Morrison of Pembroke and John Guilderson scored the other goals and Harry Mathews had two assists for the Whalers. Joe Alibrandi stopped 26 shots in the win.

Bob Donahoe assisted by Marshfield's Tim Cruz and Peter McIntyre scored in the first period for the Sharks.

Hanover's Scott Morgan scored two goals while both Steve Figioli and Steve Colella added a goal and an assist each in the Toros, 5-3 win over the Stingers.

Jeff Vancura added a goal and Gerry DeLuca had two assists for the Toros.

Chris Poudrier, John Graham and Marshfield's Jim Donnelly scored a goal each and Ed Norton had two assists for the Stingers.

Mike Simon scored two goals and Barry Kaiser recorded the shutout for the Crusaders in their 3-0 win over the Saints.

Marshfield's Jim Donovan had a goal and an assist and Mike Evans of Pembroke had three assists for the Crusaders.

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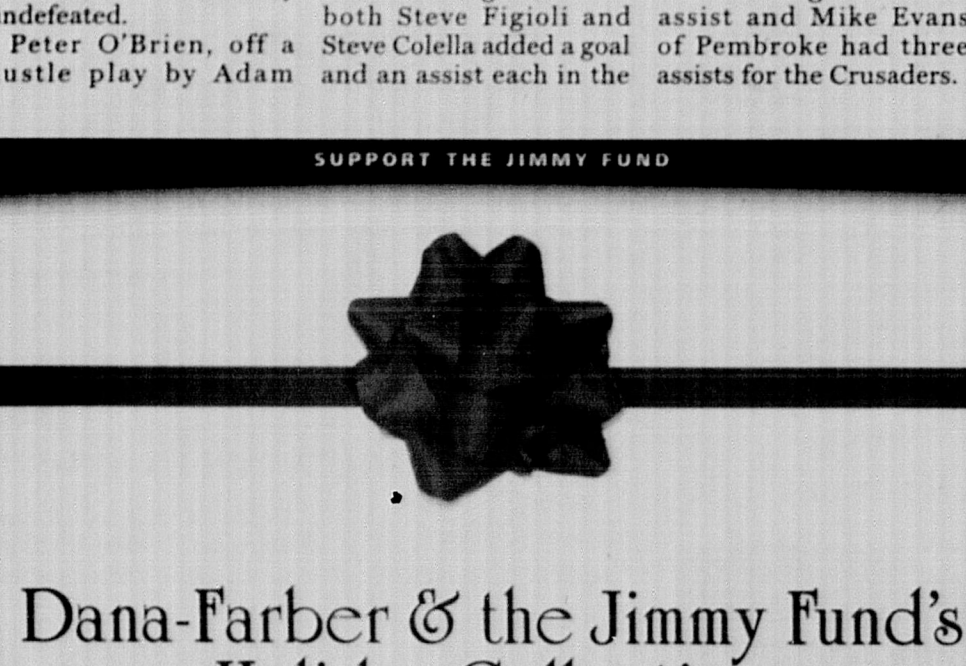

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FOOTBALL

From Page B1

will keep the defense on its toes.

"Mashpee is always on the road to a league title," Afanasiw said. "They're a heavy run team with a lot of experience. Their entire line is back, and they're all seniors who have played together three years. They have a running back, Deshaun Dias, returning. He's not the biggest kid out there, but he's a very good back. He's lightning fast. We're going to have to corral him."

Dias is averaging 150 yards rushing per game and 205 total yards per game.

On the Skipper side, Axelson has averaged 162 total yards per game.

Mashpee also has a quarterback, Nick Carpenter, who can make life difficult.

"Their quarterback is very good," Afanasiw said. "He's not the best thrower, but he does enough to keep teams honest. As a team they're very good. They believe its their turn and they'll come in with confidence and attitude. We'll have our hands full."

A year ago, the Skippers beat Mashpee 28-0.

"Last year we beat them 28-0 down there," Afanasiw said. "I think we scored 28 points in the first 12 minutes. Adam Benson had a kick return for a touchdown. They had a turnover that set up another. Everything that could go right for us did for a quarter-and-a-half."

Afanasiw isn't expecting more of the same.

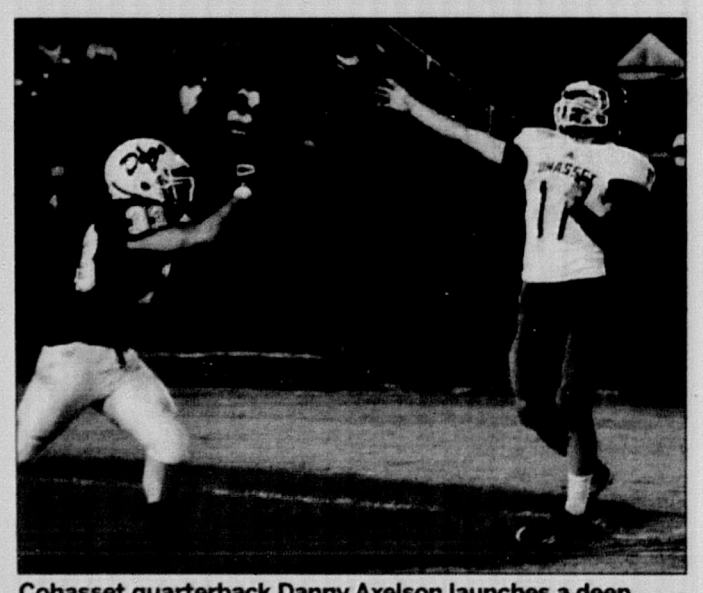
"It's always a heated battle with these teams," he said. "We're going to need big games from Alex Norton and Jack Donohue on the defense. Last week the offense gave the defense some room to breathe. This week we'll need the defense to step up. Hopefully we'll get a few three-and-outs and keep that offense off the field.

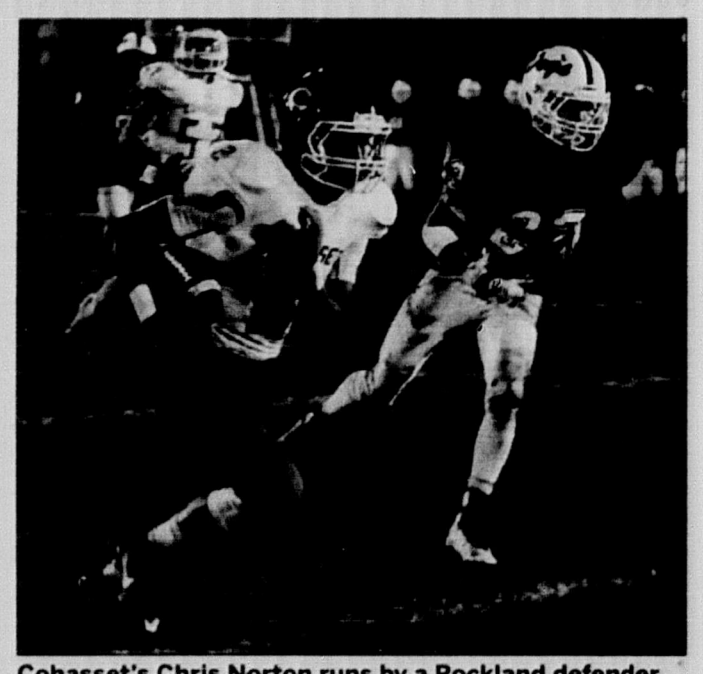
"They have a lot of guys on the line who play both sides. We'll try to wear them down."

One big help could be the foot of Henry Butenschoen.

"Henry is a great kicker," Afanasiw said. "He's constantly getting it to the 10. That gives them a long field. He's also kicked two field goals in three games."

Kickoff is at 6 p.m.


Cohasset quarterback Danny Axelson launches a deep pass at Rockland. Axelson threw for 127 yards in last week's 31-7 win over Hull.


Cohasset's Chris Norton runs by a Rockland defender.

ROUNDUP

From Page B1

Football

The Cohasset Skippers Football team opened South Shore League Small play last Friday night against arch-rival Hull.

It went well for the Skippers as quarterback Danny Axelson played a beauty, connecting on 6-of-10 passes for 127 yards and two touchdowns, while adding 98 yards on the ground and two more touchdowns on seven carries.

Cohasset senior quarterback Danny Axelson opened the scoring with a 65-yard touchdown run and Henry Butenschoen kicked the extra point give the Skippers a 7-0 lead at the end of one quarter.

In the second quarter Axelson tossed a 15 yard touchdown pass to senior tight end Jack Donohue and Butenschoen kicked the extra point to make it 14-0 Skippers.

Hull got on the board as senior quarterback Joey Dubovy scored on a 3-yard touchdown run and Anthony Riveccio kicked the extra point to cut the lead to 14-7.

Later in the second quarter, the Skippers added to the lead as Axelson scored a 4-yard touchdown run and Butenschoen added the extra point for a 21-7 halftime advantage.

Cohasset continued to build the lead. In The third quarter Axelson threw a 42-yard touchdown pass to junior Liam Lynch and Butenschoen added the extra point to make it 28-7

Butenschoen kicked a 23-yard field goal in the fourth quarter.

Defensively Cohasset was lead by Alex Norton, Jack Osten, Will Thomas, Max FitzGerald, Bobby Driscoll, Noah Froio and Will Thomas.

Cohasset's running attack was lead by Axelson, Chris Norton, Liam Lynch, and Thomas Durkin who stepped up in place of senior star running back Nick Hall who was out due to a right knee injury.

The offensive line of Sean Mavilia and Liam Prescott also played well for the Skippers.

The Skippers improve to 2-1 overall and 1-0 in the South Shore League Small.

The Skippers will host Mashpee tonight for Homecoming in a 6 p.m. start.

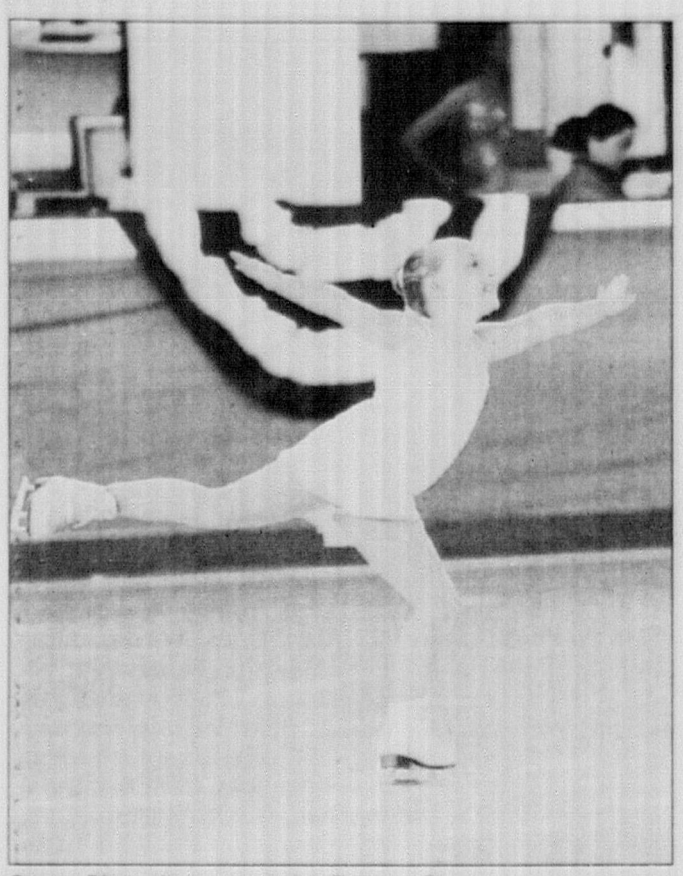
NOTES

From Page B1

JOB OPENINGS

Taking applications

The coaching positions listed below are vacant. Applications for the following positions are now being accepted:
Varsity Boys' and Girls' Head Varsity Swim Coach (Winter 2015-16)
Varsity Head Baseball Coach (Spring 2016)
All candidates should send the following, letter of intent, resume, three references and/or contact AD Ron Ford at:
Ron Ford, Athletic Director
Cohasset Middle-High School
143 Pond Street, Cohasset MA 02025
phone: 781-383-6103
fax: 781-83-4168
rford@cohassek12.org



Grace Shaughnessy at the Boston Open. COURTESY PHOTO

SKATING

From Page B1

skated in the same event, Pre-Preliminary Test Track, finished with a gold and silver. Lise took gold again in the Pre-Preliminary Freeskate division. Grace, testing her skating skills with newly added technical difficulty, skated up in the Preliminary Test Track Event to an instrumental version of Disney's "Let It Go".

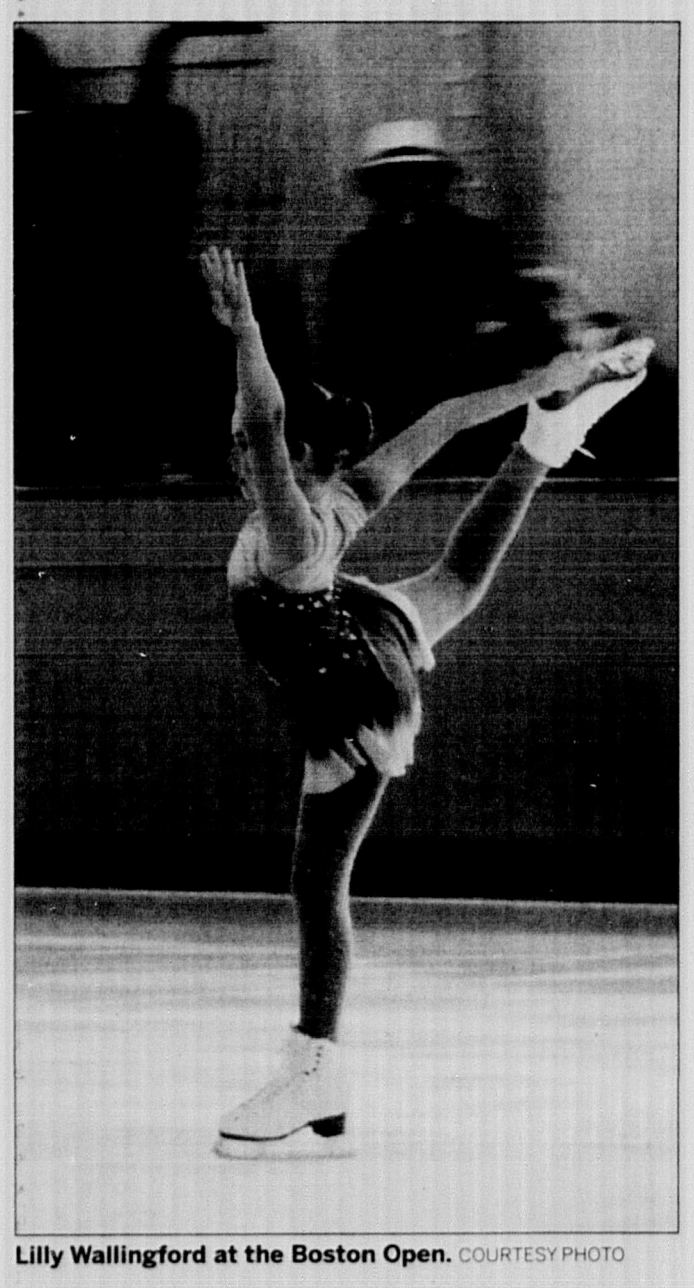
Finishing strong in sixth place, Grace said "I was happy with the way I skated because I skated better than the last competition, and I landed the Lutz-Loop combination we just added to my program last week". Lilly was asked what her favorite part of the competition was and she said "hanging out with my friends, but yes winning is always fun too".

Next up, the team's "sister" club, Silver Blades, will compete at the annual ISI Halloween Classic during the weekend of October 24 in Rockland.

Silver Blades typically sends close to 20 skaters to this competition, and as a club last year, took home the third place overall team trophy, which is earned by the total number of individual medals awarded to a Club's members during the event. Liz Shaughnessy, Skating Club Director, looks forward to this competition every year.

"This is a great competition because any level skater can compete, from the youngest and most beginner level to the most difficult levels, and we go as a team and support one another," Shaughnessy said. "The skaters also enjoy the "Halloween" theme which is incorporated into the event."

The skaters represent the both the 'Skating Club of Hingham' and 'Silver Blades Skating School', located out of Bavis Arena in Rockland. For more information on the club's Learn to Skate classes, figure skating programs, including group and private instruction, visit www.skateclubhingham.org.



Lilly Wallingford at the Boston Open. COURTESY PHOTO

HOCKEY

From Page B1

pretty deep that way. I'm really impressed with the younger players."

Fortunately for Giuliano, the seniors feel the same way as far as building for the future and winning now.

"I have five captains," Giuliano said. "They're all very supportive of the younger athletes. Really, all of the seniors are like that. There are 12 seniors, so they all can't be captains, but they are all great leaders. They are great about passing along their knowledge, the stick skills and other aspects of the game."

The captains are Ally Leahy, Kaelin McDonald, Molly Cunning, Grace Lucier and Bennett Tierney.

The other seniors are Julia Stanganelli, Mimi Waters, Madison Jones, Maya Placek, Olivia Arnold, Grace Gaumer and Maris Kaplan.

"They are all so talented in their own right," Giuliano said. "The whole senior class is fantstic. They're great leaders who support the captains. It really is a great group. The team is a wonderful group who are a lot of fun. They all take the sport seriously. They all play or have played in the off-season."

One thing that has helped the long-term success is the youth program in town.

"All of these kids have come up through Beth's (Marsden) program," Giuliano said. "She's a tremendous asset to the high school program and the town. The girls start in sixth grade. It does help. The girls have played together a long time."

On the field, Leahy has been the team's scoring leader. She has 11 goals so far to go with 9 assists. Leahy scored three times Wednesday.

"Ally does score, but she's not the only option," Giuliano said. "We have had scoring across the board. It has been spread out."

Junior Katie Talacci has 4 goals, as does Stanganelli. Mimi Waters, Emma Humphrey Olivia Coveney has scored, and Aidan Chamberlain is also in the book.

"Olivia and Aidan have been scoring," Giuliano said. "They've done a good job with limited playing time."

Recent win include a 6-0 win over East Bridgewater, a 5-4 victory over Dennis Yarmouth, a 5-1 win over Norwell, a 5-1 win over Norwell, a 3-1tally over Mashpee and a 3-0 win over Monomoy.

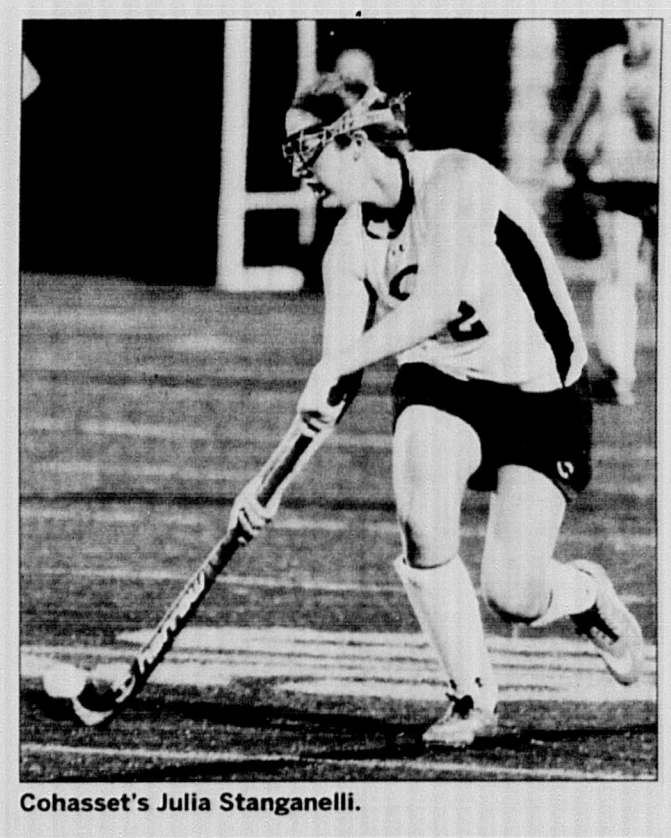
There has also been a 1-1 tie with Falmouth, a win over Hull followed by Wednesday's win over Carver to improve to 8-0-1.

Looking at where the team is right now, Giuliano is pleased, but not overconfident.

"We're doing OK," she said when asked about the team's 8-0-1 record. "Things are going well, but I'm sure there's some surprise lurking in the future."

Molly Cunning, Mimi Waters, Kaelin McDonald and Julia Stanganelli celebrate a goal in the first half of Cohasset's 8-0 win over Carver. WICKED LOCAL PHOTOS / WILLIAM WASSERSUG

Cohasset's Julia Stanganelli closes in on the ball during Wednesday's 8-0 win over Carver.



Cohasset's Julia Stanganelli.

UMass Boston Open House October 17

By J. Keith Motley, PhD, UMass Boston Chancellor

UMass Boston has come a long way since we first opened our doors in September 1965. Fifty years ago, we welcomed 1,200 students, many of whom were underprivileged and undervalued, to the renovated Boston Gas building in Park Square in Boston.

Today, on Boston Harbor, nearly 17,000 students from more than 150 countries—including 4,000 graduate students and 550 Honors College students—have made UMass Boston their first choice. They've found a new, state-of-the-art Integrated Sciences Complex, and they are looking forward to the opening of University Hall, which will feature premier performing arts spaces and cutting-edge labs, in the coming months.

But our transformation at UMass Boston is not solely physical. We are enhancing our university from the inside out by recruiting expert faculty, expanding our research capacity, developing new academic programs, and increasing the number of internships and experiential learning opportunities we offer.

You can see the physical transformation underway on our waterfront campus and find out about all the learning opportunities available at our annual Open House for high school students and their parents on Saturday, October 17, from 9 a.m. to 1 p.m. Check-in begins at 8:30 a.m.

At Open House, you can meet with faculty and staff to learn about our more than 100 majors and minors now available to students. We will provide information on the financial aid and merit scholarship programs that enable UMass Boston students to afford their college degrees. We also will showcase current UMass Boston students who can share their experience participating in clubs and organizations, studying abroad, and competing in varsity athletic programs.

Most important, we hope you participate in Open House to gain an understanding of all the ways in which UMass Boston is advancing our mission to provide students with an education that is equal to the best. For more information and to register, please visit www.umb.edu/openhouse.

Please join us on October 17 to learn more about all that is in store at Boston's student-centered urban public research university. We look forward to seeing you there.

And if you can't make it, please visit www.umb.edu to learn more about all that's happening at UMass Boston.

UMASS BOSTON www.umb.edu

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BICYCLE RIDE

Bringing families and friends together

Event raises money, awareness for ALS, Alzheimer's

By Dick Trust
Correspondent

The course and the cause are magnificent.

Saturday's Tour de South Shore bicycle fundraiser for multiple sclerosis and Alzheimer's research will find bikers pedaling along some of the prettiest pathways in the commonwealth.

"It's a beautiful course," said Brian McCourt, executive director of the McCourt Foundation, which is hosting the bike run for the sixth straight year. McCourt's family has been charity-driven for 24 years.

The rides – there's a 50-miler and one of 25 miles – will begin and end at Wompatuck State Park in Hingham, rain or shine, and will travel through the neighboring towns of Cohasset, Scituate and Norwell. All participants, individuals and teams, are encouraged to compete at their own pace, and there is a $200 fundraising minimum.

Riders doing the 50-mile excursion will wheel off at 7:30 a.m. and the 25-milers will head out at 8:30, starting at Wompatuck's Visitor Center. Highlighting the route is when the bikers swing onto scenic, rocky-coast Jerusalem Road and Atlantic Avenue with superb views of the ocean, and a water stop at the Egypt Beach lot. The riders will finish at the rear entrance of Wompatuck. Those doing 50 miles complete the course twice. For a detailed look at the entire route, visit: mccourtfoundation.org.

Steve Sypek, Mary Beth Flynn, Barbara Anne Rizzo, Rosemarie Foley, Michael Flynn, Christine Sypek, Katherine Sypek, Elizabeth Sypek, and Denise Silva during last year's ride. COURTESY PHOTO

Teams and individual riders may register online at the same Web site by Friday, Oct. 2. Bikers can also register on race day at 6:30 a.m.

Riders will be accorded a post-ride tailgate with lunch and cold beverages served at the Rider's Village by Bertucci's, Abby Park (chowders) and the Quarry (desserts). Prizes and awards will be presented to top fundraisers.

Multiple sclerosis and Alzheimer's have deeply touched McCourt and his six older brothers, all Wellesley natives. Their father, Robert, was diagnosed with MS in his 20s – long before any of the seven boys were born – and he lived with it for 42 years until he died, in 1991, at age 67. Their mother, Mary, fell victim to Alzheimer's about five years after her husband's death and battled it for a dozen years until her passing in 2008.

"When my parents were engaged, my father went to bed one night and was unable to get up in the morning," McCourt said. "He thought he was paralyzed, and they postponed the wedding for a year, not knowing what was happening, wondering if they could have kids.

"They did marry and had seven sons and my dad had a good, positive life, starting his own business (in construction safety, in 1955), which, in later years, he ran from his wheelchair.

"When my father passed away, we as a family felt we had to give something back. We started a small road race (in Harwich Port) to honor him and we gave money to the MS Society."

McCourt said "about $20,000" was raised for MS in that initial footrace, 350 people running with corporate sponsorship. The McCourts later staged events to benefit Alzheimer's research, and 11 years ago started their own foundation.

Increased fundraising has been a major result. With the aid of various events and general donations, the McCourt Foundation last year raised more than $500,000. Since the inaugural road race, the McCourts have attracted close to $5.5 million in the fight against MS and Alzheimer's.

"People have been good to us, good to the cause," Brian, a South Boston resident, said.

As for transforming the race from ped to pedal, McCourt said, "We saw there were so many road races, and a lot of our supporters are getting older, we thought it would be nice to convert it to bikes."

One of Brian's brothers, Bob McCourt, is on the foundation's board of trustees and helps out wherever his youngest sibling needs him, whether it's running the refreshment stands, helping to set up the course, etc.

"When we first started in June of '92, it was basically the brothers renting a truck, running around, doing everything," said Bob, a commercial real estate broker who lives in Cohasset. "It's been a lot of fun. It was like molding a piece of clay and it kind of morphed . . . into 24 years."

Of the foundation that serves as his family's legacy, Bob McCourt said, "It's very heartwarming that we can help to ease the issues involved with the two diseases. A lot of volunteers and other people have come and gone, but the cause and the reason behind the foundation remain the same."

Besides the bicycle race, the McCourt Foundation raises major portions of its donations from the Boston Marathon in April, its annual black-tie Gala at the Boston Harbor Hotel in May, and from donations sent in from the general public at all times of the year.

Financial help

New in 2015 is the foundation's financial assistance program to help families in need while battling the effects of MS and/or Alzheimer's disease.

"It could be that someone has gotten to the point where they can't shower in a regular shower and they have to re-do it and they need help with that because they can't financially afford it," Brian McCourt said.

"Or it could be the unforgotten person who cares for the Alzheimer's patient, for example, and is the main caregiver – often the spouse – and needs a rest. They can't afford it, so we may provide assistance to them for daycare or some service that's going to come in and help them."

Those seeking such assistance should fill out an application found online and submit it for review.

Part of the McCourt Foundation's charter is to educate the public about both diseases and discuss the latest breakthroughs in research and treatments. As such, the foundation presents, free of charge, educational medical update sessions annually.

Headed by Brigham and Women neurologists, the morning segment features MS information from Dr. Dennis Selkoe and the afternoon program is handled by Dr. Howard Weiner.

The next medical updates will be March 12, 2016, at the Newton Marriott. Dr. Selkoe will be joined by Dr. Reisa Sperling and Dr. Weiner will be complemented by Dr. James Stankiewicz.

The 2016 Boston Marathon will take place April 18, and the 2016 Gala is scheduled for May 13.

Steve Sypek of Hingham is on the foundation's board of trustees, and is a volunteer and participant in the bike ride. He'll do the 25-miler. His primary role, though, is organizing and running as part of the Boston Marathon team for the foundation.

"I'm more of a runner than a biker," said Sypek, a financial advisor with UBS Financial Services in Rockland. He has run six consecutive Boston Marathons for the McCourts, raising more than $100,000 personally and $300,000 as a team

Sypek has run Boston 10 times overall, his best marathon clocking a respectable 3 hours, 41 minutes.

"We've had some great support and a lot of dedicated individuals who have gone out and raised big money," said Sypek, who works with John Hancock on the Boston BAA run.

"It's a great foundation," Sypek said. "The McCourts are so committed and dedicated to it, it makes it easy to be passionate about it."

So, with an eye to the sky and crossing his fingers for good weather, Brian McCourt is hoping for another successful day of fun and funds.

"Our goal of the bike event is not only to hit our financial goal of $250,000," Brian said, "but to raise more awareness around Alzheimer's and MS and bring families and friends together."

—Dick Trust is a regular Mariner correspondent.

SEPAC MEETING

'Basic Rights in Special Education'

Cohasset SEPAC is hosting "Basic Rights in Special Education" presented by Mary Buchanan, Cohasset School District's Director of Student Services. The presentation will be held Tuesday, Oct. 6th at the Cohasset Middle/High School District Administrative offices in the Community Room (lower level) at 7 p.m.

Mary will provide families with an introduction to their rights and responsibilities under the Individuals with Disabilities Education Act (IDEA), Massachusetts Special Education Law.

Parents/Guardians will learn how to be effective partners with their child's school. This partnership includes deciding eligibility for special education, how to plan, make decisions, and monitor their child's progress. They will learn about the language and rights within Individual Education Plans (IEP's), and 504 Plans within the special education process and be able to address questions or concerns.

"This is excellent presentation for any family that is just coming into the Special Education process or families who want to be more effective in the IEP meeting. Also, it gives families an another opportunity to meet with our Student Services Director" states Helane Childs, President Cohasset SEPAC.

Also, this month is first of the quarterly "Parent to Parent" coffees. The coffee will be held on Wednesday, Oct. 14th from 11 a.m. to 1 p.m. at the home of Helane Childs, 73 Pond St. These coffees are a gathering to give and gain support and knowledge in a confidential setting regarding special education. Children are welcome.

The presentation and coffee are free and open to the public. Light refreshments will be served. For more information on this or other discussions on the South Shore, visit our Facebook page and www.CohassetSEPAC.org.

Sepac Schedule

The following are the SEPAC 2015-2016 presentations. Unless otherwise noted, presentations take place from 7 to 9 p.m. in the Community Room.

- Oct. 6 — Basic Rights.
- Nov. 4 — Ten Traits of Effective Parents in Special Education with Jeff Sankey, attorney at law.
- Dec. 1 — National Inclusive Schools Week, "Achieving Dreams" Federation for Children with Special Needs (FCSN).
- Jan. 12 — Watchful Eyes on Young Learners with Carol Kinlan, education consultant.
- Feb. 9 — Assistive Technology.
- March 8 — Taking Care of Me: Relaxation Class for Parents and Caregivers with Susanne Hallisey, RN, BSN, M.eD, RYT.
- April 5 — Effective Communication Federation for Children with Special Needs (FCSN)
- May 3 — Make up day/ snow date TBD.
- June 8 — Year End Celebration/Elections at Olde Salt House.

ART CENTER

'Walter & Me' exhibit opens

"Walter & Me: For Reasons Unknown" has opened at the South Shore Art Center, Ripley Road.

Paintings and drawings by Bill Flynn and Walter Pashko will be on display through Nov. 8 in the Bancroft Gallery. Gallery hours are Monday through Saturday, 10 a.m. to 4 p.m. and Sunday, 12 to 4. p.m. There will be a gallery talk with Bill Flynn on Tuesday, Oct. 6 at 6:30 p.m.

Bill Flynn and Walter Pashko, colleagues at the School of the Museum of Fine Arts, Boston, and longtime friends, formed the core of a group of artists who drew together for six to eight hours one day a week for 40 years.

Flynn is an artist, teacher and author of Armed Chair, a collection of more than 220 drawings of a stripped down antique armed chair that became a metaphor for the war in Iraq. Flynn served as a drawing professor of ART at the School of the Museum of Fine Arts, Boston for 45 years. He has shown in Boston and New York and is represented in many private collections including the Boston Public Library and the Museum of Fine Arts Boston.

Pashko (1930-2006) was a member of the faculty at the School of The Museum of Fine Arts Boston for over 30 years. He taught drawing and printmaking, including etching, monoprinting, lithography and woodcut. Pashko studied painting in Hartford and traveled to Mexico City on the GI Bill where he sought out artists who could teach him the techniques of fresco and mosaics. During his years there he also learned how to make prints.

"The Inconceivable is Unknown" by Walter Pashko.

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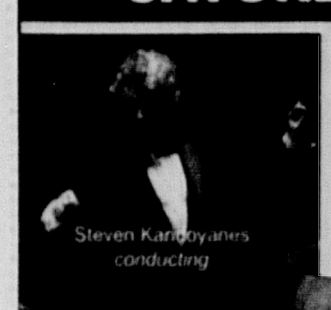

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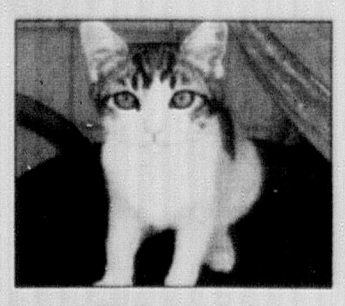
GIMME SHELTER

Sweet siblings want to stay together

By Tammy Hatch



(Left) Jack is very charming, very talkative and also very cuddly. (Right) Jill is white with grey tiger markings and is more quiet and guarded than her affable brother. COURTESY PHOTOS

Meet Jack & Jill, this adorable brother and sister were separated from their mother at a very young age and surrendered by an owner who was unable to provide care for a litter of kittens.

Jack is white and black and has an all black tail with a tip of white at the end of it. Jack is the smaller of the two and has the sweetest little face. He's very charming, very talkative and also very cuddly. Jill is white with grey tiger markings and is more quiet and guarded than her affable brother.

At a little over 3 months old, it should come as no surprise that this brother and sister's favorite activities are playing and exploring. When it's naptime Jack will crawl up into your lap and snuggle with you while he sleeps. Jill on the other hand prefers to be next to your lap as opposed to in it and will stretch out alongside you for her nap. They both love their food, but Jill will nudge her way into Jack's bowl when hers is gone and try to get more so little Jack enjoys the extra attention and feeding he gets from his foster mom when his sister walks away full.

This adorable brother and sister want and need to be adopted to their forever home together. Both are neutered, up-to-date on their vaccinations and ready to go! In foster care all summer, they've made their debut at the shelter during open hours.

Words don't come close to describing how truly cute Jack & Jill are. Why don't you come in and see for yourself whether the love of these two little cherubs is what's missing in your life.

You can learn more about Jack & Jill and our other cats available for adoption by visiting us on-line www.hsar.org or come visit us at our new home in the Kenberma shopping area at 487 Nantasket Avenue in Hull. Open hours are Monday nights 6:30-7:30 and Saturdays 2:00-3:00pm. If these times are not convenient for you, special appointments can be made by calling our Adoption Coordinator, Judy, 781-534-4902.

Won't you consider making a tax-free monetary donation to Hull Seaside Animal Rescue. It's easy, just click Donate Now from our home page where you can make a secure transaction through our PayPal account. Our mailing address is PO Box 787 Hull MA 02045.

A very big and special thank you to the ladies of the New England Thunder motorcycle club. These gals came roaring into town last weekend bringing us tons of donations from our Wish List all stashed inside their saddle bags. This amazing group of women with hearts of gold have made visiting Hull Seaside apart of their annual pilgrimage.

Tammy Hatch is a Volunteer and Board Member at Hull Seaside Animal Rescue.

COHASSET REC

Autumn in the Big Apple!

Gather some friends and enjoy a fall day in New York City! A deluxe motor coach leaves Cohasset Town Hall at 6 a.m. on Saturday, Oct. 24th and arrives in New York City at approximately 10:30 a.m. The bus has a Midtown drop off near Rockefeller Center & pick up at 7 p.m. sharp behind St. Patrick's Cathedral. Youth under 18 must be accompanied by an adult. Fee: $49 per person. The Recreation Department can provide suggestions for possible activities to engage in but ultimately the fun of New York City is all up to you.

Rockefeller Center is home to over 40 restaurants, more than 100 shops, and countless attractions. Take in a show — get up to 50 percent off ticket prices at the TKTS booth at the Marriot Marquis Hotel in Times Square. Treat your family to a horse and carriage ride through Central Park. Teens would enjoy the virtual tour of NYC located on the 2nd floor of the Empire State Building. And if you haven't had enough of a bus ride — you can see the City and the sights by taking the Gray Line Buses with unlimited hop-on/hop-off.

Have fun, shop, sightsee in New York all day and be back in Cohasset that night! Someone else does all the driving, it's as perfect as it can get! Space is limited. Sign up at cohassetrec.com

HOLLY HILL FARM

Discover the Woods Run Saturday

Holly Hill Farm is at 236 Jerusalem Road, Cohasset. To register or for more information on the following programs, visit www.hollyhillfarm.org or call 781-383-6565.

Holly Hill Farm & Friends Eighth Annual Discover The Woods 5k Trail Race And 1 Mile Fun Run: Saturday, Oct. 3. Woodland 5K run along the paths surrounding fields of organic vegetables, flowers and herbs starts at 10 a.m. 1 mile fun run/walk along salt marsh meadows and shady trails starts at 11 a.m. Visit farm animals, stay for snacks. To benefit the Frank H. White Scholarship Fund that makes visits to Holly Hill Farm possible for those in need. Sign up will be online at www.hollyhillfarm.org.

Cohasset Farmers Market: Holly Hill Farm offers fresh, organically grown produce at the Cohasset Farmers Market, located on Cohasset Common, North Main Street, every Thursday from 2 to 6 p.m., through Oct. 15. Also featured are many other vendors, local crafts and live music. For weekly notification of specific produce and other offerings in the Farm Stand, send one's email address to friendsofhollyhillfarm@gmail.com.

Farm Stand Open: On Saturdays and Sundays, the Farm Stand is open 11 a.m. to 6 p.m. The farm grows and sells its fresh, organically grown produce including: Tomatoes, Swiss chard, kale, arugula, zucchini, yellow summer squash, cucumbers and more. Jean creates organic bouquets from the flower fields. The farm partners with local organic farms such as Langwater Farm in North Easton, Skinny Dip Farm in Westport, Deanna and Bill, also in Westport. The corn is Integrated Pest Management from Lipiniski Farm in Middleboro. Many other offerings include as bottled Jubali Smoothies and herbal infusions, handmade soaps and candles from Back to Basics, goat milk soap from West Elm Farm and local honey from Bee Well Honey. Shop daily from the stands outside the Main Barn throughout summer for new vegetable seedlings. Brown Boar Farm will make deliveries of their sustainably raised pork and beef on Sept. 26. See the farm's website for a link to their price list for 2015 and information on pre-ordering.

NEW CLASS-Knitting 101: at Holly Hill Farm, four Wednesday evenings starting Oct. 14, from 6 to 8 p.m., Carrie Weinstein, instructor. Whether you have no knitting experience, need a refresher or simply want to knit a project with a fun group of folks, this is the perfect class for you! During the four-week period, you will learn the basic concept of knitting: how to cast on, knit, purl, bind off and read an easy pattern. You will then apply these skills to make a simple cowl and a basic hat, if time allows. For those with a bit more know how, this is a great opportunity to learn some new skills by tackling a more advanced project with supervision. You will need to bring your own materials. Cost is $80 and you provide your own supplies. Call/email 781-383-6565 or cprenticehollyhillfarm@verizon.net for a suggested materials list for the cowl and hat or with any questions.

Winter Herbal Remedies Workshop with herbalist, Jessica Grabowski, herbalist: Saturday, Oct. 24, from 10 a.m. to noon. Create your own natural salves and lip balms during this follow-up workshop to the Sept. 12, Herbal Forage Walk. $12 members/$15 non-members. Call to reserve at 781-383-6565, www.hollyhillfarm.org 236 Jerusalem Road, Cohasset, 02025

Farm Pantry: A Community Service Program for Teens ages 15 through 18. Ongoing opportunities through November. Free – family membership suggested. This program for teens is fast becoming one of the farm's most popular. Students explore organic growing methods as they help to sow, grow, harvest and deliver fresh produce for local food pantries in Cohasset and Hull, as well as, Father Bill's Place, a community shelter in Quincy. Early in the season, tasks help ensure the successful growth of crops. Later in the growing season the focus shifts to harvesting crops. Students are welcome to attend one, two or all 12 sessions. Participants will exit the program with documented hours of community service (a graduation requirement for some local students), a letter of recommendation and a sense of meaningful accomplishment in helping to make fresh, local produce available to clients at food pantries. Interested students are required to complete an application and write a letter of interest in order to participate. Forms are available on the website. Questions? Contact Education Director Jon Belber at 781-383-6565 or jbelberhollyhill@hotmail.com Holly Hill Farm.

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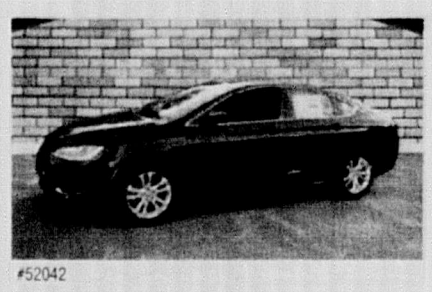

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SALE PRICE $19,798 OR LEASE $189*/mo. $0 DOWN

*1st payment, tax, reg, doc of 235 not included. 10K miles per year. 60 month lease. Subject to approval with US Bank.

2015 CHRYSLER 300 Limited

#51975

MSRP $34,480
Best Discount & Rebate† -5,891

SALE PRICE $28,589

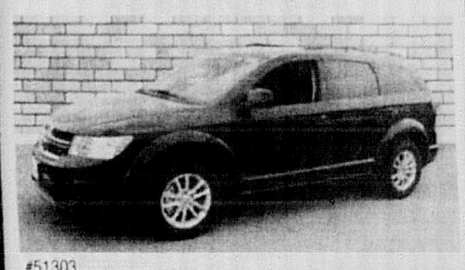
2015 RAM Pickup Tradesman

#51703

MSRP $27,245
Best Discount & Rebate† -6,839

SALE PRICE $20,406

2015 DODGE Journey SXT



#51303

MSRP $27,690
Best Discount & Rebate† -7,091

SALE PRICE $20,599

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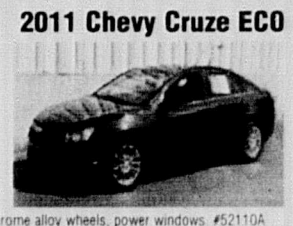
2012 VW Passat SE

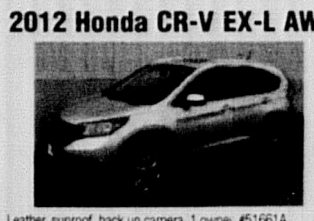
Nav, leather, sunroof. #52061A
$13,495

2011 Chevy Cruze ECO



Chrome alloy wheels, power windows. #52110A
Aggressively Priced at $9,895

2012 Honda CR-V EX-L AWD



Leather, sunroof, back up camera, 1 owner. #51661A
$17,495

2014 KIA Sorento SX-L

Nav., panoramic sunroof, heated seats, leather. #51673A
$23,495

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Limit one per customer. Not to be combined with any other offer. Expires 10/31/15.

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October 4, 2015 | DCR Hatch Shell

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American Cancer Society

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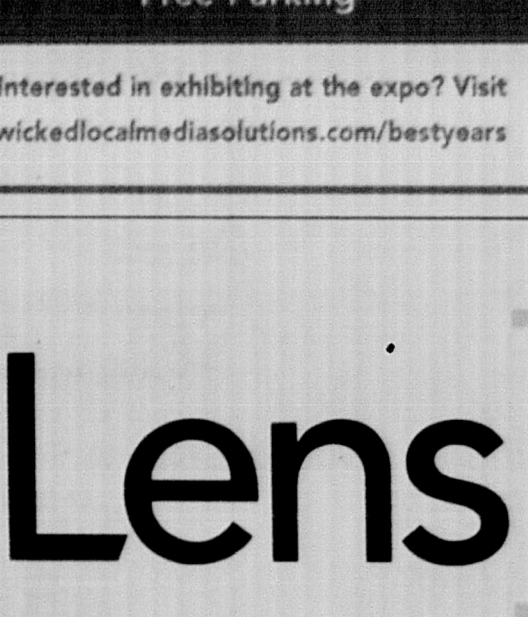
[Lens]

A premium supplement to your Wicked Local Weekly Publication.
Coming The Week of October 11th
Presented by: Crescent Credit Union
Locally Sponsored by: Southcoast Health



The latest edition of **Lens** will focus on **Cancer Awareness;** precision treatments, creative ways to raise money, finding a cure, and more.

WICKED LOCAL

Don't miss your copy of Lens The Week of October 11th.

For more information visit mypapertoday.com/premiumeditions

Wicked Local will publish up to 12 Premium Editions each year, with a surcharge of up to $2 for each edition. Current subscription term lengths reflect basic subscription rates without additional charges for Premium Editions. Wicked Local will adjust the length of your subscription, which accelerates the expiration of your subscription, when you receive these special editions.

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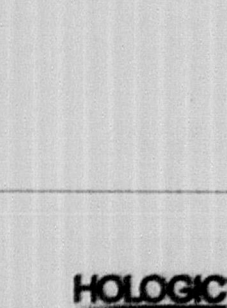

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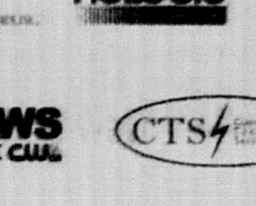

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MSRP $16,950
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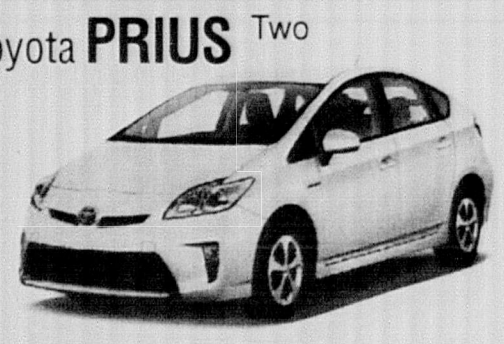
$1,999 Down Cash or Trade
MODEL #1462 STK# 51626

New 2015 Toyota **COROLLA** LE
$89 PER MONTH LEASE 36 MOS.[1]
MSRP $19,615
$1,999 Down Cash or Trade
MODEL #1852 STK# 52257

New 2015 Toyota **PRIUS c** ONE
$109 PER MONTH LEASE 36 MOS.[1]
MSRP $20,590
$1,999 Down Cash or Trade
MODEL #1201 STK# 51686

New 2015 Toyota **CAMRY** LE
$119 PER MONTH LEASE 36 MOS.[1]
MSRP $24,020
$1,999 Down Cash or Trade
MODEL #2532 STK# 51809

New 2015 Toyota **PRIUS** Two
$139 PER MONTH LEASE 36 MOS.[1]
MSRP $25,645
$1,999 Down Cash or Trade
MODEL #1223 STK# 51279



New 2015 Toyota **TACOMA** 2WD Access Cab Manual
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MSRP $22,765
$999 Down Cash or Trade
MODEL #7113 STK# 51956

New 2015 Toyota **RAV 4 AWD** LE
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MSRP $26,430
$1,999 Down Cash or Trade
MODEL #4432 STK# 52305

New 2015 Toyota **VENZA** LE
$199 PER MONTH LEASE 36 MOS.[1]
MSRP $31,690
$1,999 Down Cash or Trade
MODEL #2820 STK# 52292

New 2015 Toyota **AVALON** XLE
$219 PER MONTH LEASE 36 MOS.[1]
MSRP $33,335
$1,999 Down Cash or Trade
MODEL #3544 STK# 52156

New 2015 Toyota **SIENNA** LE 8-Passenger
$259 PER MONTH LEASE 36 MOS.[1]
MSRP $32,545
$1,999 Down Cash or Trade
MODEL #5338 STK# 52124

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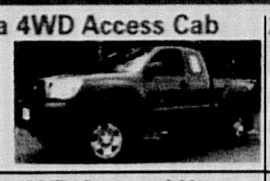
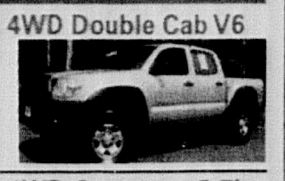
2008 Toyota Tacoma #52256A
MSRP: $12,999 Discount: $1,584 Sale Price: **$11,415**

2013 Toyota Tacoma Auto. #51956A
MSRP: $17,999 Discount: $4,483 Sale Price: **$13,516**

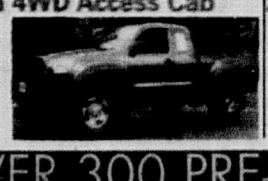
2009 Toyota Tacoma 4WD Access Cab #ML1990
MSRP: $17,114 Discount: $1,232 Sale Price: **$15,882**



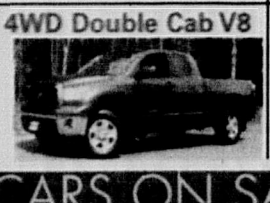
2010 Toyota Tacoma 4WD Double Cab V6 #ML1979
MSRP: $25,325 Discount: $5,451 Sale Price: **$19,874**



2013 Toyota Tacoma 4WD Access Cab #ML1929
MSRP: $25,998 Discount: $5,223 Sale Price: **$20,775**



2012 Toyota Tundra 4WD Double Cab V8 Auto. #ML1892
MSRP: $26,249 Discount: $3,376 Sale Price: **$22,873**



2010 Toyota Tacoma 4WD Access V6 Auto. #ML2052
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Sale Price: **$22,887**

2010 Toyota Tundra 4WD Crewmax 5.7L Auto. #CB1995
MSRP: $27,755 Discount: $3,898 Sale Price: **$23,857**

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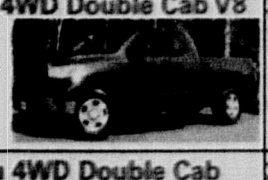
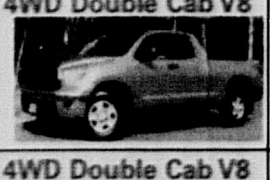
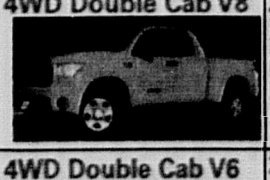
2010 Toyota Tundra 4WD Double Cab V8 Auto. #CB1993
Sale Price: **$23,884**



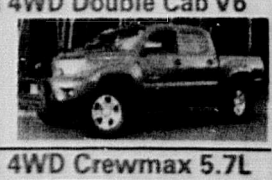
2013 Toyota Tundra 4WD Double Cab V8 Auto. #52648A
MSRP: $27,518 Discount: $1,634 Sale Price: **$25,884**



2013 Toyota Tundra 4WD Double Cab V8 Auto. #BK2017
MSRP: $29,932 Discount: $3,187 Sale Price: **$26,745**

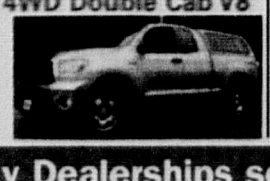


2013 Toyota Tacoma 4WD Double Cab V6 Auto. #ML2053
MSRP: $30808 Discount: $3,360 Sale Price: **$27,448**

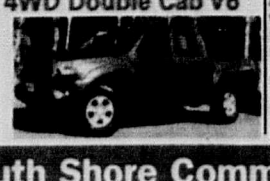


2012 Toyota Tacoma 4WD Double Cab Auto. #CB1994
MSRP: $33,301 Discount: $4,555 Sale Price: **$28,746**

2012 Toyota Tundra 4WD Double Cab V8 Auto. #52635A
MSRP: $30,498 Discount: $1,614 Sale Price: **$28,884**



2013 Toyota Tacoma 4WD Double Cab V6 Auto. #52363A
MSRP: $33,159 Discount: $2,711 Sale Price: **$30,448**



2014 Toyota Tundra 4WD Crewmax 5.7L V8 Platinum Auto. #ML2007
MSRP: $42,341 Discount: $4,472 Sale Price: **$37,869**

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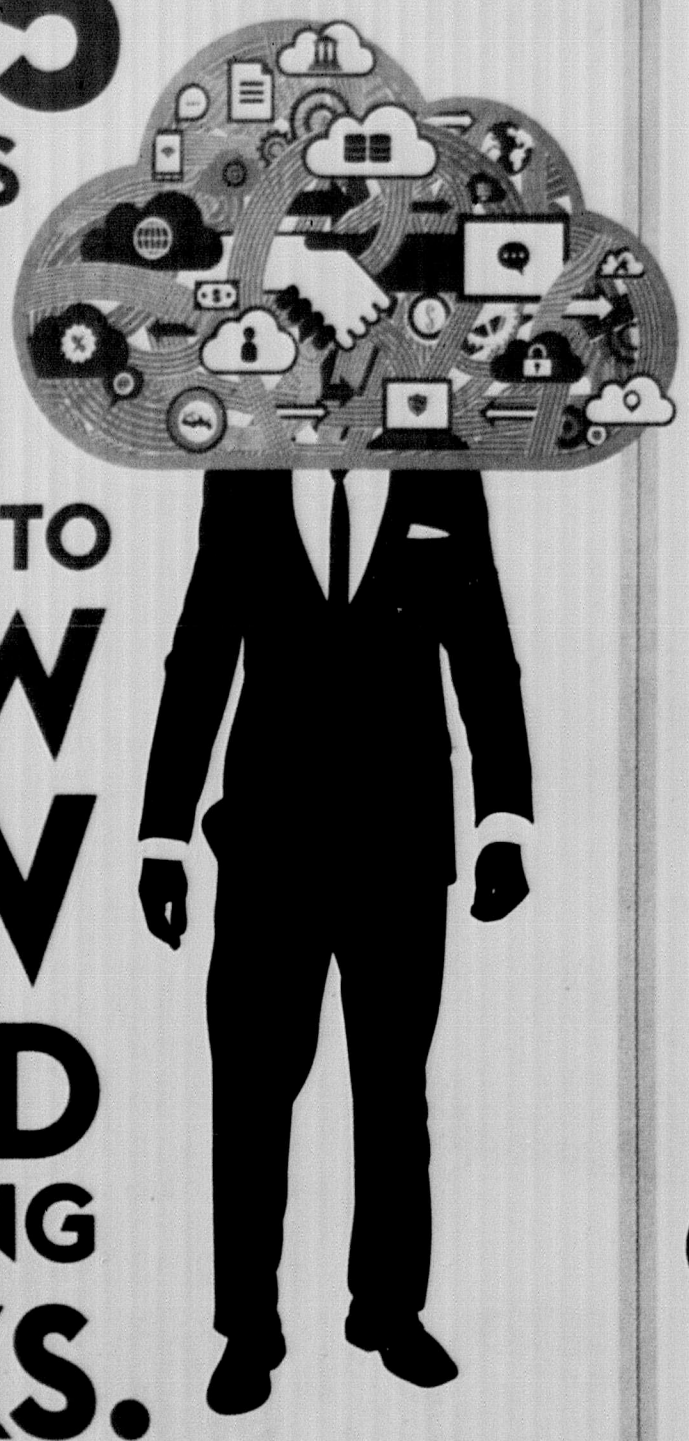
(1) Offers, prices and residuals are subject to change. Includes all factory rebates to dealer. Destination charge not included. Offer for purchase only with approved credit. Vehicle must be in dealer stock. Must pay in full the same day. Call for details and for qualifications. Offers exclude tax, 1st monthly payment, plates, tags, registration, title, $398 dealer doc fees, destination fees and $650 bank fee due at signing. 2015 Yaris 5 door Liftback Model #1462, Stk: 51626, VIN# available at dealership. $1,999 down. MSRP $16,950. $79/mo. Total due at signing $3,126. Total monthly payments $2,844/Residual $9,886. Sale price: $14,998. 2015 Corolla LE Model #1852, Stk: 52257, VIN# available at dealership. $1,999 down. MSRP $19,615. $89/mo. Total due at signing $3,136. Total Monthly Payments $3,204/Residual $11,696. 2015 Prius C Two Model #1223, Stk: 51279, VIN# available at dealership. $1,999 down. MSRP $25,645. $139/mo. Total due at signing $3,186. Total monthly payments $5,004/Residual $15,004. 2015 Camry LE Model #2532, Stk: 51809, VIN# available at dealership. $1,999 down. MSRP $24,020. $119/mo. Total due at signing $3,168. Total monthly payments $4,284/Residual $14,241. 2015 Prius C One Model #1201, Stk: 51686, VIN# available at dealership. $1,999 down. MSRP $20,590. $109/mo. Total due at signing $3,156. Total monthly payments $3,924/Residual $12,896. 2015 Venza LE Model #2820, Stk: 52292, VIN# available at dealership. $1,999 down. MSRP $31,690. $199/mo. Total due at signing $3,246. Total monthly payments $7,164/Residual $18,309. 2015 Tacoma 2WD Access Cab Model #7113, Stk: 51956, VIN# available at dealership. $1,999 down. MSRP $22,765. $178/mo. Total due at signing $3,225. Total monthly payments $6,408/Residual $14,195. Sale price: $19,998. 2015 RAV4 LE AWD Model #4432, Stk: 52305, VIN# available at dealership. $1,99 down. MSRP $26,430. $179/mo. Total due at signing $3,226. Total monthly payments $6,444/Residual $16,653. 2015 Sienna LE Model #5338, Stk: 52124, VIN# available at dealership. $1,999 down. MSRP $32,545. $229/mo. Total due at signing $3,276. Total monthly payments $8,244/Residual $18,485. 2015 Avalon XLE Model #3544, Stk: 52156, VIN# available at dealership $1,999 down. MSRP $33,335. $219/mo. Total due at signing $3,286. Total monthly payments $7,884/Residual $20,017.. Includes all factory rebates to dealer. Destination charge not included. Offer for purchase only with approved credit. Vehicle must be in dealer stock. Must pay in full the same day. Call for details and for qualifications. Offers exclude tax, 1st monthly payment, plates, tags, registration, title, $398 dealer doc fees, destination fees and $650 bank fee due at signing All Leases are 36 months and 12k miles per year with 15 cents per mile penalty, $0 security deposit and excludes taxes. Sales tax, title, license fee, reg fee, dealer documentary fee, finance charges, destination fee are extra. Offers, prices and residuals are subject to change. Emission testing fees and destination charge not included. Compliance fees are additional to the advertised price. Must finance or lease with TFS with approved credit. Offers may not be combined. Certain restrictions apply please call McGee Toyota for details. Not all buyers will qualify. Offers expire 9/30/15.

Toyota College Graduate Rebate Program: Toyota offer College Graduates a $750 Rebate on select new Toyotas. Must be a recent College Graduate to qualify. For details call us at (877) 701-9084. Toyota Military Rebate: Under the program, active military personnel and inactive reserves can receive a $750 rebate by leasing or financing a New Toyota vehicle through TFS and a participating Toyota dealership. For details call us at (877) 701-9084. Offer expires 9/30/15.

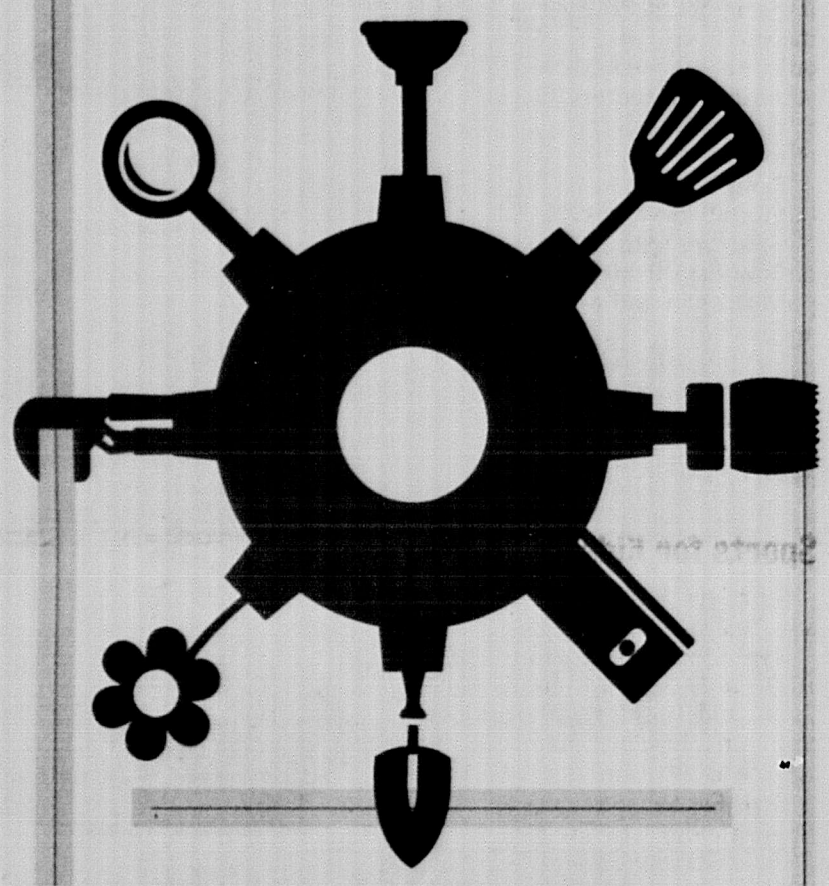
^Clean description: Very little interior/exterior wear. Vehicle is 100% mechanically sound and has fewer than average miles for the model year. Any paint repair is almost unnoticeable. Vehicle should be accompanied by a clean Carfax history report. All tires should fully match and have good to excellent tread. Savings off of MSRP. Not valid with any other offer or special. Not valid on previous purchases or leases. Valid only at McGee Toyota. Must take same day delivery and finance with TFS. Contact dealer for details. Offer expires 9/30/15.

^^Covers normal factory scheduled service for 2 years or 25,000 miles, whichever comes first. See Toyota dealer for details and exclusions. Valid only in the continental U.S. and Alaska. Subject to Toyota's extension of rebates & incentives.

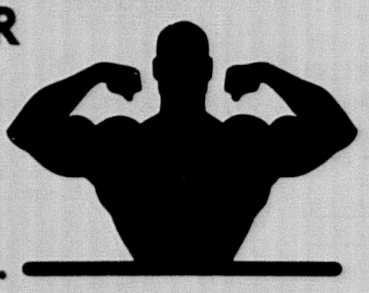
1 IN 5 AMERICANS ADMIT THEY'VE PRETENDED TO KNOW HOW CLOUD COMPUTING WORKS. THE NUMBER THAT DID NOT ADMIT IT IS MUCH HIGHER.[1]



ONLY 6% OF RECRUITERS SAY THEY HAVE THE RIGHT TOOLS. APPARENTLY, 94% NEED TO LEARN TO SPEAK UP FOR THEMSELVES.[2]



78% OF HR LEADERS SAID FINDING TOP TALENT WAS THEIR #1 CHALLENGE.



AND APPARENTLY 22% HEARD THE QUESTION WRONG.[3]

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MONSTER

1. Korn Ferry Survey, 2014; 2. Kelton Survey, 2013; 3. U.S. Labor Department Data, 2014

LECTURE SERIES

'Witches of Eastwick' subject of talk

Cohasset Historical Society will continue its Wednesday Evening Lecture Series on Oct. 14 with guest speaker David Fresina, director, producer and editor of Nanascot Films in Hull. This program will begin at 7:30 p.m. in the Pratt Building, 106 S. Main St. Light refreshment will be available at 7 p.m. There is no charge for this program, but donations will be cheerfully accepted.

Fresina's company produces documentary films and he will be speaking about his project – the filming of the 30th anniversary of the "Witches of Eastwick." This is an opportunity to join the Historical Society for this interactive program, sharing one's memories of the original filming and the effect it had on individuals and the town. Those who were not town residents when the movie was filmed can learn what Cohasset was like then.

EXHIBIT

'Colors of Fall'

Cohasset Historical Society currently has a small exhibit titled "The Colors of Fall" on view. Included are some autumn-color dresses from the society's dress collection, which represent styles from the early 1900s through 2000.

The exhibit also celebrates the start of school with a Blue and White Cohasset School colors section with a collection of pictures and items on the Cohasset football teams through the years.

Other Cohasset fall traditions and activities are also included in the exhibit.

Anyone in town who would like to share their favorite fall picture of Cohasset is invited to drop off a copy of the picture at the society or email it to cohassethistory@yahoo.com.

Cohasset Historical Society is open at 106 South Main St., from 10 a.m. to 4 p.m., Monday through Friday.

SAVE THE DATE

Rotary dinner is Oct. 29

The annual Cohasset Rotary Dinner & Wine Tasting with dinner provided by Bia Bistro is Thursday, Oct. 29th from 7 to 10 p.m. at Willcutt Commons, 91 Sohier St.

Live auction, raffles, music, dinner and wine tasting to benefit local and national charities supported by Rotary. $100 per person; $750 for table of 8. Visit: cohassetrotary.org

COMMUNITY CENTER

Gymnastics; Gym Dandy

A new gymnastic class is starting on Wednesday, Oct. 7, Gymnastics, Sports, Games & More, for boys and girls between the ages of 6 to 9. The class will run for seven weeks. The price is $105 members/$115 non-members. Sibling discounts are available. Go online at www.southshorecommunitycenter.com to register or call the main office at 781-383-0088.

There is an open workout for all levels of Girls Gymnastics ages 10 to 17 on Mondays from 7 to 8 p.m. Drop in and pay $10 at the door.

The following classes are in session but still have availability. Call the office to register and get prorated prices.

Sports for Kids

Mondays 9:30 to 10:30 a.m., 1-2 and Friday 1-2

Gym Explorers Monday 10:30 to 11:15, 11:30 to 12:30 and Tuesday 3 to 3:45 p.m., Friday 11:30 a.m. to 12:30 p.m.

Girls Gymnastics, ages 7 to 11 Monday 5 to 6 p.m.

Girls Gymnastics, ages 9 to 13 Monday 6 to 7 p.m.

Half Sports/Half Gymnastics Boys & Girls, ages 3-5 Wednesday 3 to 3:45 p.m.

Toddler Time for Children ages 26 months to 3.5, Thursday 9:15 to 11:15 a.m.

Gym Dandy

Toddlers & Tumblers, Tuesday 9 to 9:45 a.m.

Climbers & Jumpers, Tuesday 9:45 to 10:30 a.m.

Toddlers & Tumblers, Wednesday 9 to 9:45 a.m.

Climbers & Jumpers, Wednesday 9:45 to 10:30 a.m.

Toddlers & Tumblers, Wednesday 10:30 to 11:15 a.m.

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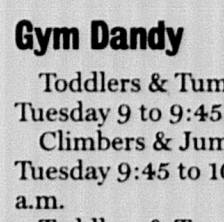

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CONSERVATORY NOTES

Taking more time to dance!

By Emily Browder Melville

Picture this scene. My living room: bookshelves overflowing with board books, puzzle pieces strewn on the floor, the cat underfoot. Jump, Jive, an' Wail blares from the speakers. Me: 40-something working mom, stealing 15 minutes for myself, just DANCING. Cutting loose; sweating away the stress. Imagining that "I'm in Footloose," or "Fame," or "Name-Your-Favorite-Dancing-Movie, and I'm just one happy member of an exuberant Hollywood flashmob. Just. So. Fun.

Another scene: my car, with disposable coffee cups, beach sand, banana smeared on the carseat. Me: hands on the steering wheel, fighting a tension headache, wishing I could just slow . . . down . . .

So I did. I slowed down by taking more time to dance.

This summer I visited the Kripalu Center for Yoga and Health in Stockbridge, to become a Shake Your Soul: the Yoga of Dance instructor. I just love this wonderful program, because it is a motivational body-spirit fitness class with elements of dance, qi gong, yoga, and movement therapy. The first time I took the class I was immediately recharged and eager to share the experience with the South Shore community.

Shake Your Soul isn't about doing everything right, fast, or slick. It's about tuning in to yourself and finding how your body wants to move. Our physical selves are (approximately) 85 percent fluid, and Shake Your Soul helps us connect with our fluid nature through movements that embody different fluid qualities. The synovial fluid, which reduces friction between the cartilage in our joints, for example, is warmed and engaged through joint-releasing floppy, jiggly gestures that give a feeling of just "letting go." The intercellular fluid in our muscle tissue is explored through sensual, undulating motions that are gentle yet powerful. The arterial blood that oxygenates and energizes our whole body is celebrated in African-style, high-energy, beat-based circle-dancing. The venous blood that is returning to the heart is featured in graceful, open-arm suspensions and releases.

All you really need to know is that Shake Your Soul uses inspiring movement to make your body feel energized. As teacher, I present easy-to-follow movements and give students plenty of time to get comfortable and engaged, so that they feel as if the movements are coming from inside themselves. As the energy rises and group connections grow, I invite the students to trust their spontaneity and just do their own, honest thing; alone, with a partner, or in small groups.

Just. So. Fun. This is deep fun: heart-opening, tear-stirring fun. Even more fun than dancing solo in my living room.

Emily Browder Melville guides her Shake Your Soul class in using inspiring movements to energize their bodies. COURTESY PHOTO

We lead crazy lives. Let's slow down and really live, shall we?

Please join me for a free Shake Your Soul demo on Wednesday, Oct. 21, from 11:30 a.m. to 12:30 p.m. and find out for yourself what this program is all about. Our four-week session begins Wednesday, Oct. 28, at SSC's Ellison Center for the Arts, 64 St. George St. in Duxbury. We are hoping to offer a similar class at our Hingham campus in the future.

For more information on this and other SSC programs, visit sscmusic.org.

--Emily Browder Melville is a board-certified music therapist and the chair of the voice department at South Shore Conservatory.

OBITUARIES

Obituaries appearing in this section are paid for and written by families, often through the services of a funeral director.

Michael G. Hughes M.D.

Michael G. Hughes M.D.

COHASSET – Michael G. Hughes, M.D., of Cohasset, formerly of Hingham, touched the world around him. His warm dry wit was exceeded only by his generosity to others, not only within his profession but towards his family, friends and community.

Michael never wavered from his commitment to the health and well-being of others. Whether he was on the golf course, opening a great bottle of wine or stitching-up a neighbor on his kitchen counter he tackled it all with same zest for life. Michael left us all too early, fighting a dignified battle against cancer which ended on Saturday, Sept. 26, 2015.

Michael was born in Hingham and was a graduate of Hingham High School, Class of 1980. He graduated magna cum laude from the College of Holy Cross and received his doctorate from the University of Massachusetts Medical School. He later received his MBA from Boston University. He lived in Cohasset with his family: his wife Nina and his beautiful children Samantha and Max.

He is survived by his mother Peggy, his sister Susan and his brothers Gregory and Timothy. His father Gerard preceded him in death.

Mike was a board-certified emergency room physician who worked in this role for over 20 years at Mt. Auburn, South Shore and Cape Cod Hospitals. He more recently opened Health Express Urgent Care Centers, with his partner Dr. Chris Whelan, to serve the needs of residents of the South Shore.

Mike also had a distinguished military career having attended UMass Medical School on a Navy scholarship. He rose to the rank of Lt. Commander while serving as an Undersea Medical Officer. Mike was stationed at Roosevelt Roads Naval Station in Puerto Rico from 1991 to 1993 as a member of the Naval Special Warfare Unit (Seal Team) Four. He also served at the Naval Medical Center in San Diego and was Medical Dive Officer at the Naval Submarine Base in Groton, Connecticut.

Mike was well known for his charitable and volunteer works. Upon his graduation from Holy Cross he served for a year as a member of the Jesuit Volunteer Corps in Portland, Oregon. He later became involved with Bridge Over Troubled Waters, a charity serving troubled and runaway teens. Mike worked many evenings on their medical van treating teens in need and later became a member of their Board of Directors, ultimately rising to Chair their Board for over five years.

Mike was also very involved with the Cohasset Triathlon, serving as the annual events MD. He also donated many hours speaking at local schools and area organizations on the benefits of education and his medical experiences.

Mike's other passions were running, golf and crew. To this end he completed two Boston Marathons, one New York Marathon and countless 10K's and trail runs. He also rowed crew while at Holy Cross and as a member of the Cohasset Maritime Institute. He participated in several Head of the Charles as well as local Head of the Weir competitions. Mike was a member of Cohasset Country Club and St. Anthony's Catholic Church.

Mike will be sorely missed by all who knew him but we will find comfort in knowing the tremendous impact he had on all he touched. We love you and will miss you Mike!

A wake held at the Parish of St. Anthony in the Church, 129 South Main St., Cohasset, MA. 02025 on Tuesday, Sept. 29, 2015 from 3 p.m. - 8 p.m. A Mass to celebrate Mike's life held on Wednesday, Sept. 30, 2015 also at St. Anthony's Church at 10 a.m. Interment private.

The family requests that any donations in lieu of flowers be made to Bridge Over Troubled Waters, 47 West St., Boston, MA 02111, 617-423-9575 or www.bridgeotw.org.

For an online guest book, please visit www.mcnamara-sparrell.com.

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Please Call for Deadline Details

Pet blessing

Pastor Dan Eddy of Christ Lutheran Church in Scituate offers a blessing for Lisey Good of Cohasset after blessing her dogs, Goose and Cooper at the pet blessing on Sept. 19. WICKED LOCAL STAFF PHOTO/ ROBIN CHAN

SOUTH SHORE ART CENTER

Fall art classes are starting

South Shore Art Center offers fall courses and workshops for new students as well as accomplished artists in drawing, painting, photography, printmaking, ceramics and more.

Courses and workshops are offered in all media for adults and children and all levels of ability. Master workshops with notable artists are planned this fall. They include: Figurative Abstractions with Gerri Rachins (Nov. 7 and 8); The Table and Window as Metaphor with Bill Flynn (Oct. 3 and 4); The Dynamics of Color with Suzanne Schireson (Nov. 21); Creating Abstract Art with Dean Nimmer (Oct. 9 and 10); and Encaustic Collagraph with Dietlind Vander Schaaf (Oct. 31 and Nov. 1).

Children's classes are offered daily for all age groups and include ceramics, drawing, painting, cartooning and mixed media.

Classes in drawing and painting are offered in Hingham at the Hingham Community Center on South Street.

Adult Courses and Workshops: Botanical Drawing & Painting, Mondays, 9:30 a.m. to 12:30 p.m.; Beginner/ Intermediate Watercolor, Thursdays, 9 a.m. to noon; Oil Painting, Mondays, 9:30 a.m. to 12:30 p.m., and Wednesdays, 6:30 to 9:30 p.m.; Monoprinting, Mondays, 6:30 to 9:30 p.m.; Adv. Monoprinting, Mondays, 9 a.m. to 2 p.m.; Clay Work, Tuesdays, 6:30 to 9:30 p.m.; Potter's Wheel, Wednesdays, 6:30 to 9:30 p.m.; Clay Techniques, Thursdays, 6:30 to 9:30 p.m.; Collage, Tuesday, 1-4, and 7 to 9 p.m.; Design, Tuesdays, 9:30 a.m. to 12:30 p.m.; Digital Photography Start to Finish, Tuesdays, 7 to 9 p.m.; and Intermediate Digital Fine Art Photography, Wednesdays, 6:30 to 9 p.m.

Workshops: Watercolor – Watercolor Workshop – Projects, Friday, Oct. 16; Pastel Weekends Saturday and Sunday, Sept. 19 and 20; Oct. 17 and 18; and Nov. 14 and 15; Marketing for Artists, Thursdays, Oct. 8 and 15; Autumnal Landscape in Pastel, Saturday and Sunday, Oct. 24 and 25; Color Theory Simplified Workshops, Sundays, Oct. 18 and 25; The iPad as Artist Tool, Monday, Nov. 16; and Lightroom – Digital Photos, Thursdays, Nov. 5, 12 and 19

Also, more courses and workshops and children and teens classes in mixed media, drawing and painting and ceramics. For a full schedule of courses and workshops, visit www.ssac.org Registration is available online, in person at the Art Center, or by calling 781-383-2787.

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Drawing from Photo class at South Shore Art Center. COURTESY PHOTO

COHASSET POLICE/FIRE LOG

Friday, Sept. 18

9:07 a.m. Beechwood and S. Main streets, disturbance. Man with a crutch waving at cars. No medical issue.
10:24 a.m. King St., Cohasset Water Services, parking complaint. Truck parked out back they need moved.
11:35 a.m. Jason's Lane, Scituate, mutual aid ambulance given.
12:55 p.m. Forest Ave., motor vehicle stop; citation issued.
3:48 p.m. Beach St., animal call. Caller reporting raccoon acting strangely around the side of her house, has not been aggressive, lying down and flopping around. Her pool guy came and said it either has rabies or distemper. Caller has her grandkids and doesn't want them playing with it. ACO advises to have a cruiser go down and put the animal down and then he will pick it up. Officer reports animal has been dispatched.
5:08 p.m. Jerusalem Lane, disturbance. Male standing across the street and he is operating his drone above her house. Male is in front of the house that is for sale and she asked him to stop and he hasn't. Officer looked at the videos, nothing out of the ordinary. Officer spoke with resident, she is satisfied.
5:30 p.m. Chief Justice Cushing Hwy. and Mendel Road, motor vehicle stop; citation issued.
5:49 p.m. Chief Justice Cushing Hwy. and Mendel Road, motor vehicle stop; verbal warning.
5:52 p.m. Chief Justice Cushing Hwy. and Pond St., out on traffic post.
7:46 p.m. Cedar and Hull streets, traffic patrol.
8:03 p.m. Hull St., motor vehicle stop; citation issued.

Saturday, Sept. 19

12:57 a.m. King St., motor vehicle stop; citation issued.
1:30 a.m. King St., motor vehicle stop; citation issued.
7:10 a.m. King St., motor vehicle stop; citation issued.
9:38 a.m. Pond St., motor vehicle crash. Detail officer requests a cruiser for a paper exchange. Parties decided not to exchange paperwork, no damage to the vehicles.
2:50 p.m. Grace Drive, outside water leak. Caller reports her backyard is being flooded due to a water leak in neighbor's yard. Aquarion Water notified and will send someone. A problem started on Friday and it has escalated. Water company notified.
5:34 p.m. Chief Justice Cushing Hwy., Curtis Liquors, suspicious activity. Passing motorist reports to officer that there were two males in a truck at this location drinking nips. Officer going to check the parking lot; no pickup truck in the parking lot.
5:39 p.m. Ripley Road, soliciting. Caller reports three females going door-to-door; soliciting not permitted. Selling magazine subscriptions. Units checking the area. No one in the area at this time.
5:52 p.m. Elm St., soliciting. Officer off with two females reported to be soliciting. Females have a permit out of Scituate and have been advised of the bylaw in Cohasset.
6:09 p.m. N. Main St. and Quonahassit Trail, motor vehicle stop; verbal warning.
6:39 p.m. Cedar and N. Main St., motor vehicle stop; citation issued.
7:23 p.m. Forest Ave., erratic motor vehicle operation. Caller reports toward 3A a white Toyota tailgating, flashing high beams, yelling and screaming, took right on 3A. Officer off at the Sports Complex, party checks out.
8:55 p.m. Beechwood St. and Mill Lane, motor vehicle stop; citation issued.

Sunday, Sept. 20

2:01 a.m. Avalon Drive and King St., motor vehicle stop; citation issued.
11:22 a.m. S. Main St., Cohasset Village Car Care, community service.
11:53 a.m. Beechwood St., medical aid.
12:02 p.m. Dispute. Caller reports ongoing issue with the neighbor. Same states today she felt as though the neighbor directed his vehicle toward her in an act of intimidation.
12:44 p.m. Beechwood St., animal call. Resident reporting a young boy is trying to walk by this address and a dog won't let him pass. Officer reports speaking with the youth who stated the dog never approached him, just barked at him.
7:12 p.m. Border St., past break. Just came home, fingerprints on the windows, does not appear anything is missing. Advised to have the residents wait outside. Further investigation needed, possibly done by a family member.

Monday, Sept. 21

12:17 a.m. Hill St., CO alarm. Call into headquarters for an inside CO activation. Property checked OK.
7:03 a.m. S. Main St., Tedeschi's Food Shops, arrest.
8:39 a.m. Chief Justice Cushing Hwy. and Schofield Road, motor vehicle stop; citation issued.
9:07 a.m. Chief Justice Cushing Hwy., Papa Gino's, animal call. ACO en route, skunk in the restaurant.
11:07 a.m. Chief Justice Cushing Hwy., erratic motor vehicle operation. Toyota Avalon heading north, passing Gulf station, right on Beechwood, swerving, crossing both yellow and white lines, approaching the center of town. Officer out with vehicle in the post office lot. Operator checks out fine.
12:03 p.m. Beechwood St., motor vehicle stop; citation issued.
12:19 p.m. Chief Justice Cushing Hwy., Super Stop & Shop, medical aid. Female fell in far side of parking lot.
2:47 p.m. Chief Justice Cushing Hwy., motor vehicle stop; Express on scene.
5:46 p.m. Jerusalem Road, medical aid.
6:15 p.m. Chief Justice Cushing Hwy., Stop & Shop, motor vehicle stop; citation issued.
6:33 p.m. Chief Justice Cushing Hwy., motor vehicle stop; citation issued.
6:49 p.m. Mendel Road, medical aid.
8:32 p.m. Chief Justice Cushing Hwy., medical aid. Caller reports he is going through alcohol withdrawal. Walked to Cohasset from Quincy. Transporting ALS to South Shore Hospital.
8:36 p.m. James Lane, trespass order. Male party has been notified of the no trespass order.

Tuesday, Sept. 22

5:16 a.m. Avalon Drive, assist public. Caller requests a transport to the Town of Scituate due to a family emergency.
9:52 a.m. Chief Justice Cushing Hwy., Shaw's, medical aid; elderly woman unconscious.
10:53 a.m. Atlantic Ave., Sandy Beach bathhouse, medical aid. Male allergic to bees. A2 will be transporting ALS to South Shore Hospital.
12:34 p.m. Elm St., medical aid.
1:07 p.m. Edgar Road, Scituate, mutual aid ambulance given.
1:09 p.m. Chief Justice Cushing Hwy., Stop & Shop, motor vehicle crash 200 feet from entrance in the lot. Needs assistance with paperwork exchange.
4:44 p.m. Jerusalem Road, litter/dump. Someone dumped trash and hazardous material, contractor materials. Officer will reach out to a company that may have left the material there.
5:47 p.m. Border St., Scituate, mutual aid engine given. Fire alarm activation at River Club. Cancelled en route by Scituate.
7:27 p.m. Sohier St., well-being check.
9:03 p.m. Beach St., medical aid.
9:12 p.m. Elm St., noise complaint. Caller reports neighbor below is slamming cabinets; ongoing situation.
9:43 p.m. Margin Court, mutual aid given. Scituate requests a Cohasset officer to meet them. They are attempting to perform a well-being check.

Wednesday, Sept. 23

7:05 a.m. Chief Justice Cushing Hwy., motor vehicle stop; verbal warning.
8:53 a.m. King St., Dunkin' Donuts, motor vehicle stop; verbal warning.
9:34 a.m. N. Main St., Cohasset Common, community service.
10:11 a.m. Pond St., Jr./Sr. High School, suspicious vehicle. Female checks out.
10:48 a.m. Chief Justice Cushing Hwy., Shaw's, suspicious vehicle. Request for a cruiser to check out a male in a four-door Audi-type vehicle parked in the back side of building near the ATM machine. Party is waiting for his girlfriend to get out of work.
1:34 p.m. Atlantic Ave. and Nichols Road, medical aid.
2:37 p.m. Chief Justice Cushing Hwy., Shaw's, stolen motor vehicle. Female reports that she parked her car about 25 minutes ago and it is now gone, black Volkswagen. Female located the vehicle, units cancelled.
3:42 p.m. Beechwood St., MBTA rail crossing, traffic hazard. Gates keep going up and coming down allowing only a few cars to pass, no train in the area. Officer in the area and will monitor the crossing. Supervisor at MBTA will be responding.
4:08 p.m. Sky View Way, well-being check.
7:06 p.m. Lantern Lane, medical aid.
7:14 p.m. Sohier St., South Shore Music Circus, traffic enforcement.
7:20 p.m. Ripley Road and Sohier St., motor vehicle stop; citation issued.
7:54 p.m. Sohier St., animal call. Dead deer in the roadway on the right hand side of the road heading toward 3A. DPW notified to pick up before school starts in the morning. Officer states the deer has been removed.
9:46 p.m. Forest Ave., traffic enforcement.
10:16 p.m. Forest Ave. and Fox Run, motor vehicle stop; citation issued to the operator.

Thursday, Sept. 24

12:49 a.m. Chief Justice Cushing Hwy. and Pond St., motor vehicle stop; citation issued.
5:25 a.m. Fairoaks Lane, disturbance. 911 caller reports someone is banging outside for the past 15 minutes. Two vehicles in the driveway, both black. Officer reports speaking with both parties and they are residents of the street and they are Crossfit training and will be taking it inside.
5:58 a.m. Avalon Drive, medical aid.
6:08 a.m. S. Main St. and Westgate Lane, motor vehicle stop; citation issued.
10:18 a.m. Norfolk Road, motor vehicle stop; citation issued.
10:29 a.m. Black Rock Road, Police Department investigation. Officer on scene speaking with resident.
10:38 a.m. S. Main St., motor vehicle stop; citation issued.
11:03 a.m. Pleasant St., motor vehicle stop; citation issued.
11:10 a.m. Pleasant St., motor vehicle stop; citation issued.
11:23 a.m. Old Pasture Road, power outage. Caller reports her power is off. Everything appears intact at poles and fuses, clear, returning.
12:41 p.m. Elm St., Police Headquarters, property lost. Black tablet with strong case owned by Verizon; was pinged at 11:43 a.m. at South Main and Elm streets.
1:26 p.m. King and Pond streets, traffic patrol.
1:32 p.m. Tower Lane, alarm. Front smoke, working fire. Blocking Ripley at post office. Home does not appear to be occupied. Ripley Road shut down from Sohier to Depot Street. Companies working interior attack. Hingham Engine to scene, Hull Engine to scene, Norwell engine to scene, Scituate engine to scene. Command requests ambulance to scene and National Grid to kill power. Firefighter injured. All companies involved, fire in walls and ceiling, second and third floors. National Grid 15-minute ETA. Command killed the power to the breaker box. Rehab to state at Paul Pratt Library. Water Department notified of fire. Hingham Med2 responding to scene for evaluation, Norwell E2 also. Command requests additional engine to scene. Hanover E7 for station coverage. Command requests Pembroke to respond with air unit. Pembroke compressor unit responding. Command requests Fire Marshall to the scene. Scituate R1 responding for stand by on Ripley Road. Command reports main body of the fire has been knocked down. Extensive overhaul taking place. Fire Marshall en route. Command reports hydrant being shut down. Cohasset Water notified. All out of town companies picking up at this time. All mutual aid companies clear at this time.
1:32 p.m. Beechwood St., motor vehicle stop; verbal warning.
2:18 p.m. Sohier St., suspicious vehicle. Caller reports what looks like a carpenter's van, white van, in his driveway, nobody around. Located owner of vehicle, he is a contractor, will be moving the vehicle.
2:58 p.m. Black Rock Road, wires call. Caller reports he is driving a tractor trailer and he just took wires down.
2:59 p.m. Black Rock and Jerusalem roads, wires call. Caller reports truck hit wires and they are low right now. Power does appear to be out on Black Rock Road.
4:22 p.m. Chief Justice Cushing Hwy., Mathnasium, motor vehicle crash. Officer taking report of past motor vehicle crash.
4:48 p.m. Sky View Way, medical aid.
5:45 p.m. Tupelo Road, fire investigation. Caller reports having trouble with his stove, would like Fire Department to check it out. Breaker has been turned off. Stove removed from the house. Companies clear.
6:49 p.m. Pleasant St., message. Needs car moved from South Main Street. Message delivered.
6:55 p.m. Jerusalem Road, power outage. Caller reports her power is out.
7:11 p.m. Pond St., motor vehicle stop; verbal warning.
7:13 p.m. Carbone Lane, soliciting. Caller reports a young female selling magazines, she was very pushy.

Friday, Sept. 25

1:23 a.m. Walnut Hill Lane, noise complaint. Caller reports large construction trucks in the area with lights. Caller reports they have woken the whole household up. One of the trucks broken down and will be moving shortly.
1:24 a.m. S. Main St., Red Lion Inn, noise complaint. Caller reports there is construction going on outside. Hotel desk was notified the noise was National Grid and that they will be out there until 5 a.m.
1:28 a.m. Fairoaks Lane, building check. Caller reports his vehicle was broken into in Boston about an hour ago and is concerned that someone may try and break into his house because some of his personal information with his address on it was stolen. Officer to drive by his home to make sure everything is secure. Garage and house secure.
6:36 a.m. Elm St., Police Headquarters, medical aid. Female party in rear lot with severe chest pain.
7 a.m. S. Main St., 5 South Main, parking complaint. Caller requesting the removal of no parking signs from in front of the business. Caller reports signs are for the overnight work with National Grid. Did not want to remove the signs herself. Officer will check with National Grid.
8:17 a.m. King St., Sunrise, medical aid.
8:37 a.m. Beach St., medical aid.
9:58 a.m. N. Main St., motor vehicle stop; citation issued.
11:15 a.m. Norman Todd Lane, motor vehicle stop; citation issued.
11:30 a.m. Sohier St., South Shore Music Circus, motor vehicle stop; citation issued.
1:24 p.m. S. Main St., Village, community service.
1:28 p.m. Forest Ave., motor vehicle stop; citation issued.
1:45 p.m. Forest Ave., animal call; dead skunk.
2:14 p.m. Sohier St., Deer Hill School, motor vehicle stop; verbal warning.
2:27 p.m. Sohier St., Deer Hill School, motor vehicle stop; citation issued.
2:33 p.m. Avalon Drive, summons, attempt to serve.
5:35 p.m. Beechwood St., fraud. Caller reports getting scam call from the IRS.
6:18 p.m. Gannett Road, Scituate, mutual aid engine given.
6:29 p.m. Ripley Road, motor vehicle stop; verbal warning.
6:36 p.m. Chief Justice Cushing Hwy., motor vehicle stop; citation issued.
7:51 p.m. Hull St., medical aid.
8:20 p.m. Little Harbor Road, animal call. Caller reports his black Shnoodle got loose this afternoon.
11:46 p.m. King St., Sunrise, medical aid.

Saturday, Sept. 26

12:31 a.m. Chief Justice Cushing Hwy. and Pond St., motor vehicle stop; citation issued.
12:51 a.m. Chief Justice Cushing Hwy., motor vehicle stop; citation issued.
1:40 a.m. Chief Justice Cushing Hwy., motor vehicle stop; citation issued.
7:10 a.m. Atlantic Ave., Sandy Beach bathhouse, public event. Off at Sandy Beach for marathon detail.
7:13 a.m. N. Main St. and Red Gate Lane, traffic post.
7:21 a.m. Hull St. and Jerusalem Road, assisting with traffic.
9:02 a.m. S. Main St., Village, community service.
9:32 a.m. Sohier St., traffic enforcement.
9:32 a.m. King St., Dunkin' Donuts, medical aid. Young female feels like she is going to pass out, it is a customer. This will be a transport.
10:54 a.m. Beechwood St., motor vehicle stop; citation issued.
11:27 a.m. S. Main St., Village, community service.
11:29 a.m. Forest Ave., traffic enforcement.
11:32 a.m. Forest Ave., motor vehicle stop; citation issued.
11:43 a.m. Forest Ave. and Old Coach Road, motor vehicle stop; citation issued.
12:56 p.m. Ripley Road, motor vehicle stop; citation issued.
1:18 p.m. Chief Justice Cushing Hwy., motor vehicle stop; citation issued.
1:25 p.m. Sohier St., erratic motor vehicle operation, verbal warning. Black Range Rover sped past him, through a red light, now heading toward the Music Circus. Out with vehicle in the Village; party checks out.
2:42 p.m. Bancroft Road, motor vehicle stop. Request tow for expired registration. Scituate Collision en route.
5:07 p.m. Black Rock Road, community service. Out on portable in this area.
5:27 p.m. Chief Justice Cushing Hwy., motor vehicle stop; citation issued.
5:54 p.m. Bow St. and Jerusalem Road, motor vehicle stop; citation issued.
6:12 p.m. Surry Drive, animal call. Caller reports four raccoons in his yard, possibly rabid. Not doing anything unusual, just out during the day. ACO notes the animals will not be destroyed for walking in a backyard.
6:34 p.m. Chief Justice Cushing Hwy., motor vehicle stop; citation issued.
6:47 p.m. N. Main St., motor vehicle stop; citation issued.
8:44 p.m. Chief Justice Cushing Hwy. and Red Fox Lane, motor vehicle stop; citation issued.
9:16 p.m. Chief Justice Cushing Hwy. and Pond St., motor vehicle stop; citation issued.
9:33 p.m. Crocker Lane, motor vehicle stop; verbal warning.
9:50 p.m. Chief Justice Cushing Hwy., JJ's Dairy Hut, motor vehicle stop; citation issued.
10:06 p.m. Forest Ave., Wadleigh Park, suspicious vehicle, clear, party sent on way.

Legal Notices

MURPHY ESTATE
LEGAL NOTICE
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Docket No. NO15P2492EA

INFORMAL PROBATE PUBLICATION NOTICE

Estate of: Marjorie A. Murphy

Date of Death: 08/18/2015

To all persons interested in the above-captioned estate, by Petition of Petitioner **Denise L. Murphy** of **Cohasset MA** a Will has been admitted to informal probate.

Denise L. Murphy of **Cohasset MA** has been informally appointed as the Personal Representative of the estate to serve **without surety** on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

AD# 13336938
Cohasset Mariner 10/2/15

ANDRUS ESTATE
LEGAL NOTICE
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Docket No. NO15P2538EA

INFORMAL PROBATE PUBLICATION NOTICE

Estate of: Elizabeth Jane Andrus

Also Known As: Betty Jane Andrus

Date of Death: August 8, 2015

To all persons interested in the above-captioned estate, by Petition of Petitioner **Evelyn V. Moreno** of **Boston MA** a Will has been admitted to informal probate.

Evelyn V. Moreno of **Boston MA** has been informally appointed as the Personal Representative of the estate to serve **without surety** on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

AD# 13338590
Cohasset Mariner 10/2/15

LIC/LOCAL 143 TAVERN
LEGAL NOTICE
Board of Selectmen
Public Hearing Notice

The Cohasset Board of Selectmen, acting as liquor licensing authority, will hold a public hearing on Tuesday, October 13, 2015 at 7:10 PM in the Selectmen's Office, Town Hall, 41 Highland Avenue, to consider the application of TNA Restaurant Group, LLC d/b/a Local 143 Tavern located at 156 King Street, for a new Annual All-Alcohol Restaurant License. The proposed manager is Anthony Ambrose. The leased premises is approximately 4,000 square feet with one hundred and twenty-four (124) seats in the main dining room and a thirty (30) seat bar. The public is invited to offer public input on the proposed in writing in advance of the public hearing or in person at the hearing.

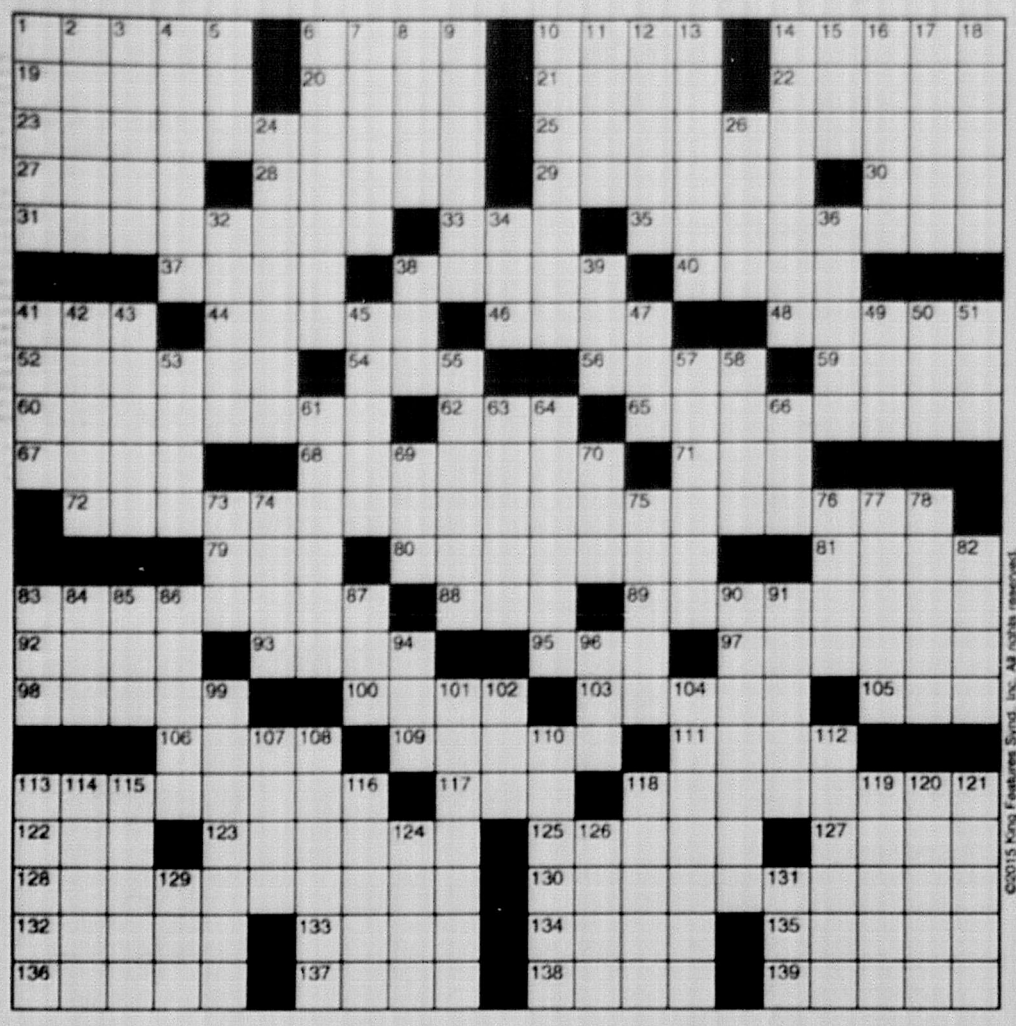
Board of Selectmen

AD#13339211
Cohasset Mariner 10/2/15

To Place A Legal Ad Call Mary (781) 433-7902

PUZZLES

Crossword • Coalition of States



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ACROSS
1 Integrate
6 Pulitzer winner William
10 Cubes in miso soup
14 Honshu hub
19 Stellar tennis servers
20 Midday time
21 Revival shout
22 Y, at times
23 Funny film star
25 "Dolphin adventure" park in Florida
27 Author Paton
28 "Il Trovatore" composer
29 Frankfurter brand
30 Deli loaf
31 Weather station pointer
33 Prez Coolidge
35 Calligraphy mishap
37 Passé letter opener
38 Sniffers
40 "I — bad moon rising"
41 Din-din tie-on
44 Mission — (Orange County city)
46 Nile vipers
48 Go-between
52 Like the acid in vinegar
54 Cyber-address
56 Kennel barks
59 Data, briefly
60 Million-dollar contract, e.g.
62 Gall
65 Barq's maker
67 VW or BMW
68 Flax product
71 Cruise of film
72 State short forms strung together in 12 long answers in this puzzle
79 ER neighbor
80 "I — agree more!"
81 Finger's end
83 Device setting for store display
88 Madrid-to-London dir.
89 Pitman's workplace
92 Above
93 Tucker (out)
95 Joanne of "Drango"
97 Keanu of "Speed"
98 Fish lures
100 Costa —
103 Teaser ad
105 Lamb bearer
106 "What'll —?"
109 Piece of PC hardware
111 Bit of force
113 Popular way to have chili
117 Film director Howard
118 Approach
122 "Bali —"
123 — Marcus (luxury retailer)
125 Nile city
127 Novice
128 Ms. Pac-Man, for one
130 Like some elite U.S. athletes (or an apt alternate title for this puzzle)
132 Bobby of the Chicago Eight
133 Re-sol linkup
134 Chicken chow —
135 Bows
136 Rocker Van Halen
137 Beggar's cry
138 Exam for H.S. juniors
139 Spawn

DOWN
1 Cockatiel kin
2 Bacteria in the gut
3 Staff again
4 Crushes up
5 "Get out" PC key
6 Sweet smoke
7 Our, in Paris
8 Tasty
9 With 12-Down, Manhattan Project physicist
10 Tex-Mex treats
11 Epps of "The Mod Squad"
12 See 9-Down
13 Partnerships
14 Across the pond
15 Seville sun
16 Mindful
17 African nation
18 Catkin-bearing tree
24 Great greed
26 A-bomb, e.g.
32 Very intense
34 "Hugo" star Butterfield
36 Penn & Teller's field
38 Fish-fowl connection
39 Bug planter
41 Crimson Tide, briefly
42 Glaze over
43 "I — differ!"
45 Chef Child
47 Air cell, e.g.
49 English rocker Brian
50 Vikings' org.
51 Burn — crisp
53 New Mexico art colony
55 Capital of Portugal
57 Starchy food
58 Kilt sporter
61 Refer (to)
63 Show over
64 Overturned, with "over"
66 Pal, to Yves
69 "Dateline —"
70 Netflix item
73 Pol Pawlenty
74 "Don't have —!"
75 Rack up
76 "You can count —!"
77 Unworldly
78 Bone-muscle connector
82 — majesty
83 Strike lightly
84 Zeta-theta linkup
85 Me, in Paris
86 Of the eye
87 Teacup part
90 Military mother
91 Sierra —
94 Cup edge
96 Meas. of engine speed
99 Bus rider with no seat
101 Eye layers
102 Excitement
104 Scenting substance
107 One of the "Desperate Housewives"
108 It's a mystery
110 Use a tent
112 Main order
113 Hurry after
114 Propelled a boat
115 Battery type, briefly
116 AOL memos
118 Paramecium propellers
119 Staring at
120 — Triomphe (Paris attraction)
121 Be very hot
124 Radio toggle letters
126 Bexley brews
129 Old Frazier foe
131 Abate

Sudoku

	7				4			6
		2		3	7		1	
1			2			8		
3					5	1		7
	5		4				6	
		6		7				9
	9	1		4			8	
8					6	5		
	2		9					3

Level: Challenging

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Magic Maze • *First-Name Recognition in Female Sports*

S J F B Y U I B R O K H D A X
U N M Q N F R K H E B Y V S P
M J A H F A E B Y V T Q O L I
S E R E N A G D B D Y W T R P
M K T D J I F D A B Y S W U S
Q S I O M E K N I F D A B Z X
S U N E V W I U O S W S C Q O
N L A J B C H L F I D H C A Y
W V T G A A U O L Y R A M S A
Q P N L L K B M A I D A N I I
H F E C B O A Z S Y B W M V U

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Babe
Billie Jean
Brandi
Chris
Marion
Martina
Mary Lou
Mia
Nadia
Olga
Sasha
Serena
Steffi
Venus
Wilma

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HOROSCOPE

Salome's Stars

ARIES (March 21 to April 19) A workplace change doesn't seem to have turned out quite as you'd hoped. Never mind: Just treat yourself to a healthy dollop of that Aries self-confidence, and you'll soon view things differently.

TAURUS (April 20 to May 20) Some of the support you might have hoped for in a difficult situation might not be there. But you have the strength to rely on your own capabilities if you must. Good luck.

GEMINI (May 21 to June 20) A disagreement with a longtime friend can be painful, but it also can be a learning lesson. Insist on a full and complete airing of views. You'll both come away the better for it.

CANCER (June 21 to July 22) A stalled relationship can be restarted with some give and take on both sides. And while it could take more time than you expect, don't rush it. Be patient, and let it happen naturally.

LEO (July 23 to August 22) An opportunity to move a long-stalled project from concept to construction might be opening up for the Big Cat. Meanwhile, be prepared to spend more time dealing with family matters.

VIRGO (August 23 to September 22) Use your Virgo organizational skills to line up support to help you deal with a sticky workplace problem. A personal matter also might be helped with friendly intervention.

LIBRA (September 23 to October 22) Trying to resolve a workplace problem with a longtime associate can be difficult. Consider bringing in an impartial third party to help you both reach a mutually acceptable solution.

SCORPIO (October 23 to November 21) This is a good time to assess your current career situation. Consider whether you have a chance to move up where you are now, or if you should look elsewhere.

SAGITTARIUS (November 22 to December 21) With education being a dominant part of this week's aspect, one of the things you might want to think about is taking courses to enhance your career opportunities.

CAPRICORN (December 22 to January 19) You might have a problem trying to stay focused on a matter you'd rather not deal with. But the sooner you do, the sooner it will be resolved and out of the way.

AQUARIUS (January 20 to February 18) An unforeseen complication creates a difficult problem. But things get resolved once you use your ability to turn negative situations into positive experiences.

PISCES (February 19 to March 20) The Pisces penchant for doing the right thing at the right time helps you deal with a particularly troublesome situation. Consider your best option, and act accordingly.

BORN THIS WEEK: Although you might sometimes seem rigid in your views, your love of justice makes you a trusted friend everyone can rely on.

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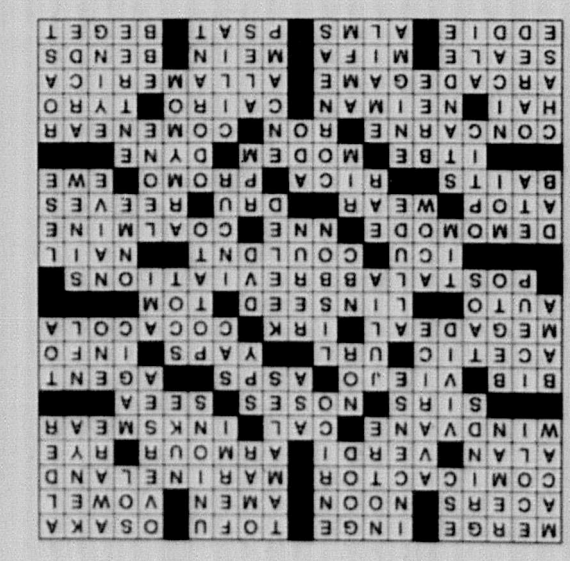
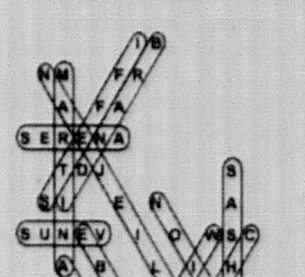
SOLUTIONS





9	7	8	1	5	4	2	3	6
4	6	2	8	3	7	9	1	5
1	3	5	2	6	9	8	7	4
3	8	4	6	9	5	1	2	7
7	5	9	4	1	2	3	6	8
2	1	6	3	7	8	4	5	9
6	9	1	5	4	3	7	8	2
8	4	3	7	2	6	5	9	1
5	2	7	9	8	1	6	4	3

CALENDAR

HOW TO SUBMIT

Planning an event? Send your event information by email to scalendar@wickedlocal.com or by fax to 781-837-4543. Listings must be submitted at least two weeks prior to the event. Email photos as a jpeg attachment at a resolution of at least 200 dpi and no smaller than 3 X 5 inches in size. For more information call 781-837-4518.

Celtic concert at Second Parish

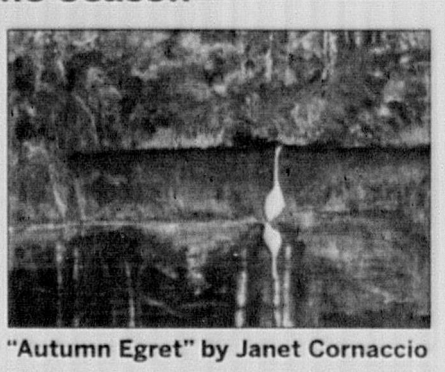
WHEN: 7 p.m. Saturday, Oct. 3.
WHERE: Second Parish, 685 Main St., Hingham
INFO: The violin and piano duo of Calum Pasqua and Susie Petrov will be joined by harpist Haley Hewitt to present a program of traditional Irish music. Pasqua is a renowned Celtic fiddler who has placed first in several international competitions. Petrov has performed at concerts and festivals since 1980 and has taught Scottish music and dance in the US, Canada, and Europe. Hewitt is one of the most exciting, innovative, and gifted harp players of the up-and-coming generation. Tickets are $15 at the door (students $10) or may be purchased in advance at brownpapertickets.com. More information at www.secondparish.org

Calum Pasqua and Susie Petrov

Haley Hewit

Front Street Art Gallery hosts 'Shades of the Season'

WHEN: Sept. 29 to Oct. 25. Reception Friday, Oct. 2, from 6 to 8:30 p.m.
WHERE: Front Street Art Gallery, 124 Front St., Scituate Harbor.
INFO: If you love autumn in New England, you will love the paintings, photographs, and prints being offered by the Gallery artists. The Gallery will be filled with paintings and photographs of local barns framed in oranges and yellows of fall, glowing pumpkins shadowed by dried cornstalks, a cranberry harvest in local bogs, autumn sea grass against the crystal blue skies. Gallery hours are Tuesday through Saturday, 11 a.m. to 5 p.m. and Sunday, noon to 5 p.m. or by appointment. The Gallery is closed Monday. 781 545-6150, www.frontstartgallery.com.


"Autumn Egret" by Janet Cornaccio

The Company Theatre presents 'The 39 Steps'

WHEN: Friday, Oct. 9 through Sunday, Oct. 25
WHERE: Company Theatre Centre for the Arts, 30 Accord Park Drive, Norwell.
INFO: "The 39 Steps" Patrick Barlow's comedy-thriller.
Comedy-thriller brings magic of Hitchcock films to the theatre stage. Tickets range from $24 to $26 and group ticket prices are available. Show times at 7:30 or 8 p.m. from Thursday through Saturday; Sunday performances at 3 p.m. For a complete performance schedule or to order tickets, visit www.companytheatre.com.

(L to R) Jamie Morris and Christie Reading, cast members of "The 39 Steps." PHOTO BY ZOE BRADFORD

SATURDAY, OCT. 3

The 8th Annual Discover the Woods 5K Trail Race and 1 Mile Fun Run. The 5K Trail Race begins at 10 a.m. and the 1 Mile Fun Run begins at 11 a.m. The races take place at Holly Hill Farm, 236 Jerusalem Road, Cohasset. Come early to explore the barnyard that includes historic buildings and the farm animals. The farm stand opens at 11 a.m. To register visit https://racewire.com/register.php?id=5560.

The sixth annual Tour de South Shore, a 25-mile and 50-mile bike ride starts and finishes at Wompatuck State Park in Hingham, traveling through the scenic South Shore towns of Hingham, Cohasset, Scituate and Norwell. The 50-mile ride starts at 7:30 a.m. and the 25-mile ride starts at 9 a.m. Rain or shine. Visit www.firstgiving.com/team/305752 to register.

Join the Hanover Open Space Committee and the Cardinal Cushing Center staff for a two mile tour of the 100 acre Cardinal Cushing property at 10 a.m. Walk to the Third Herring Brook, Tiffany Pond and through the woodland around the historic Barstow Homestead, site of the earliest European settlement (1649) in what is now Hanover. Park at the main lot opposite the Cushing Chapel on Rte. 53. Sturdy walking shoes and insect/tick repellant are recommended. Additional information on is available at http://www.hanover-ma.gov/open-space-committee.

Weir River Farm Fall Festival, 10 a.m. to 2 p.m. at 141 Turkey Hill Lane, Hingham. During this family-friendly event see the livestock, touch a tractor, enjoy food vendors, live music, pumpkin painting, pressing apples, pony rides, crafts and hula hooping. Parking is located on Turkey Hill Lane, and the admission to the event is $5 per person for Trustees members and $8 per person for nonmembers. Children under 12 are free. 781-740-7233

First Saturday takes place in downtown Plymouth from 10 a.m. to 6 p.m. the first Saturday of every month. Businesses in downtown Plymouth (Court and Main streets and Main Street Extension) stay open a little later and offer special deals. www.firstsaturdayplymouth.com

Second Annual Heart Challenge, an adventurous 5K obstacle trail run hosed by The American Heart Association at Prowse Farm in Canton, kicks-off at 9 a.m. with heats running through noon, followed by an on-site fall festival celebration which will include a short speaking program, live music and Hands-Only CPR Trainings.The course is designed to be completed by anyone that can run a 5K. To register visit www.heartchallenge.org or call 781.373.4529.

Kayla's Beat Goes On 5K race will be held at 9 a.m. starting and ending at BID-Plymouth, 275 Sandwich St., Plymouth. To register, go to www.southshoreracemgmt.com.

Annual Rummage Sale from 9 a.m. to noon, at United Church of Christ in Abington. Today is Bag Day. Pay to fill one bag — get another bag to fill for free. Items not sold will be given to local charities. For further information call the church office, 781-878-0199. 781-878-0199.

Ginger Jensen's photography exhibition, Stillness" will be on display in the Hingham Library's Dolphin Gallery, 66 Leavitt St., Hingham through Oct. 29. A reception, open to the public, will be held on today from 2 to 4 p.m.

Front Street Art Gallery hosts "Shades of the Season" If you love autumn in New England, you will love the paintings, photographs, and prints being offered by the Gallery artists from Sept. 29 through Oct. 25, at the Front Street Art Gallery, 124 Front St., Scituate Harbor. A First Friday reception will be held on Oct. 2, from 6 to 8:30 p.m. 781 545-6150, www.frontstartgallery.com.

Jazz at the Ventress with the Ed Sorrentino Quartet at 2 p.m. Hear some sweet jazz, beautiful ballads and energetic Latin songs played by Ed and his quartet, including vocalist Nicole Webster. Free and open to the public; no tickets required. Program Room is handicapped accessible. Light refreshments served at a post-concert reception. 781-834-5535, cwoods@ocln.org, www.ventresslibrary.org

Popcorn for Our Troops. Scituate Cub Scout Pack 7 is on a mission to send as much popcorn to our Troops as the C-17 cargo aircraft can hold by selling popcorn at the Village Market in Scituate. The Cub Scouts will ship a variety of popcorn care packages all over the world to the men and women serving our country. Seventy percent of purchases will be returned to Scituate's Pack 7 and the Old Colony Council. Your popcorn purchase will help fund, Cub Scout excursions, camping and adventure. Support our Troops and help Scituate Cub Scouts experience all the things that make Scouting great.

Celtic Concert at Second Parish 685 Main St., Hingham. The violin and piano duo of Calum Pasqua and Susie Petrov will be joined by harpist Haley Hewitt to present a program of traditional Irish music. The concert is at 7 pm and tickets will be available at the door for $15 ($10 for students under 18). Tickets are also available at brownpapertickets.com.

Vintage and classic car show will be held from 10 a.m. to 1 p.m. at Plymouth Rehabilitation & Health Care Center, 123 South St., Plymouth. Free to spectators and car owners. As space is limited for car owners, call Brenda Gellar at 508-927-3327 to reserve your spot. A People's Choice trophy will be awarded.

Barktoberfest will take place from 11 a.m. to 4 p.m. at Nelson Park in on Water Street in Plymouth. Activities include pet-related vendors, live entertainment, adoption parade, costume contest, loudest bark contest, rabies vaccine, police K-9 demonstration, blessing of the dogs and more. This is a free event. Preceded by a fun run at 9 a.m.; entry fee for race is $15. See www.plymouthbarktoberfest.com/home.html or plymouthchamber.com for details.

Food Truck Burger battle, Loretta LaRoche Productions will present a Food Truck Burger Battle from noon to 5 p.m. in the parking lot at Hanover Mall, 1775 Washington St., Hanover. Chefs Ray Alongi, as seen on Fox TV's "Hell's Kitchen," and Brent Clark, of Alden Park Restaurant, in two monster mobile kitchen trailers, FoodZilla On Wheels and Alden Park'ed, will battle with their best burger recipes for the title of Burger Champion. This is a free event. Burgers will be sold at each truck after the competition. The Jackson Wetherbee Band will provide live music. See www.lorettalarocheproductions.com for more information.

King Richard's Faire, 10:30 a.m. to 6 p.m. Saturdays and Sundays through Oct. 25, and Columbus Day (Oct. 12), at 235 Main St. in Carver. Tickets are $29 per adult (12+) and $16 per child (ages 4-11). Children under 4 are admitted free and parking is free. 508-866-5391 or email info@kingrichardsfaire.net

Tour of Burial Hill, the Plymouth Antiquarian Society invites the public to a free tour of Burial Hill at 1 p.m. the first Saturday of the month (except January), as part of the Antiquarian Society's program, "Burial Hill: History in Progress." Local historians and guides Stephen O'Neill and Joyce Poremski join Antiquarian Director Donna Curtin as tour leaders, 508-746-0012 or www.plymouthantiquariansociety.org.

Tribute to the Big Bands at 7:30 p.m. at Priscilla Beach Theatre, 800 Rocky Hill Road, Plymouth. Tickets are $25 per adult and $15 per age 65+ and are available at www.pbtheatre.org or by calling 508-224-4888.

Plymouth Philharmonic Orchestra will kick off its 100th anniversary season with a concert titled "Hooray for One Hundred" at Plymouth Memorial Hall, 83 Court St., Plymouth. The music begins at 8 p.m. and is preceded by a pre-concert talk by Conductor Steven Karidoyanes at 7 p.m. The concert will feature the world premiere performance of music written by one of the top-tier American symphonic composers of today, Christopher Theofanidis. Acclaimed pianist Marina Lomazov is the featured soloist. Individual ticket prices for the opening night concert are $20, $35, $45 and $55. Senior, youth and group discounts are offered. Advance tickets can be purchased online by visiting plymouthphil.org or calling the Phil office at 508-746-8008.
Preceding the concert, the Phil's opening night soiree reception is from 6 to 7:30 p.m. at Pilgrim Hall Museum, 75 Court St., Plymouth. Soiree tickets are $20 each, and can be purchased by calling the office or visiting plymouthphil.org.

John Gorka and Lori Diamond & Fred Abatelli, 8 p.m. at The Spire Center for Performing Arts, 25 1/2 Court St., Plymouth. Tickets are $25. Visit www.spirecenter.org for details.

Geoff Muldaur concert at 8 p.m. at The Beal House of the Kingston, MA Unitarian Church, 222 Main St., doors open at 7:30 p.m. sponsored by the South Shore Folk Music Club. Tickets members $20, non-members $22. The atmosphere is informal, friendly and smoke and alcohol free. Handicap accessible. More information at: www.ssfmc.org. Advance tickets are available from:
http//:www.brownpapertickets.com/event/891458.

SUNDAY, OCT. 4

Charles David Salon & Spa Benefit Day
Charles David Salon & Spa will donate its time, and all funds from an entire day of booked appointments to benefit local community partners from 9 a.m. to 4 p.m. at three locations including Webster Street in Hanover. All proceeds from this one-day event including hair, nails, skin services, waxing, make-up, massage, acupuncture and products will be donated to benefit four charities this year, including Hospice of the South Shore. Call 781-982-1224 to book your appointment.

Run for the Rivers will be held at 9 a.m., to benefit the North and South Rivers Watershed Association (NSRWA), sponsored by the Scituate Federal Savings Bank. There will be a new route this year along the South River (no sand to run through), beginning and ending at the Marshfield Yacht Club, located at 11 Ridge Road on the South River. Entrance cost is $20 with preregistration. Day of race registration is $25. The first 125 racers get a tote bag. To register online, go to the NSRWA home page at nsrwa.org. Information: paula@nsrwa.org or call 781-659-8168.

Grand Opening, and First Sunday Event, at Atlantic Art and Wood/Hingham Ballet & Musical Theater, 11 Leavitt St., Hingham from 1 to 4 p.m., featuring gallery- landscapes, seascapes, sport and rock and roll paintings, colored pencil drawings and custom wood signs and decor by artist/owner David Hamblen.

Arts By the Bog Festival will be held from 10 a.m. to 4 p.m. at Flax Pond Cranberry Farm, 58 Pond St., Carver. Admission and parking are free. Food will be offered by Wicked Smokin' BBQ, plus music by the Rocky Run Band/

Carver Farmers' Market from noon to 4 p.m. Sundays to Oct. 25, rain or shine, in Shurtleff Park, 108 Main St., Carver, across from the Town Hall. 508-866-2428.

Popcorn for Our Troops. Scituate Cub Scout Pack 7 is on a mission to send as much popcorn to our Troops as the C-17 cargo aircraft can hold by selling popcorn at the Village Market in Scituate. The Cub Scouts will ship a variety of popcorn care packages all over the world to the men and women serving our country. Seventy percent of purchases will be returned to Scituate's Pack 7 and the Old Colony Council. Your popcorn purchase will help fund, Cub Scout excursions, camping and adventure. Support our Troops and help Scituate Cub Scouts experience all the things that make Scouting great.

Haley Hewitt's Harp Through the Ages presented by the Hingham Library, 66 Leavitt St., Hingham at 3 p.m. Join internationally renowned harp player Haley Hewitt for this family-friendly performance.
www.haleyhewitt.com.

The Daniel Webster Estate & Heritage Center, 238 Webster St., Marshfield, will be open from 1 to 4 p.m. for guided tours. This is the only day in October that tours will be offered in the 1880 Victorian mansion. Admission is free but donations are gratefully accepted.
www.danielwebsterestate.org.

Free Walk and Talk at Historic O'Neil Farm, Duxbury, 1:30 p.m. Meet at Autumn Ave trail head and parking lot. For directions and to register, visit HistoricOneilFarm.org. Click on Programs & Events and choose Walk and Talk.

Geoff Parker: from WEST to EAST on display at the South Street Gallery, 149 South St., Hingham, Oct. 1 to 23, with a reception today from 5 to 8 p.m. This exhibit will feature many new paintings, both western landscapes as well as New England and local landscapes; a few still-life paintings will be on display, too. Public is encouraged to stop by during the opening reception to meet this acclaimed Artist from Wyoming. 781-749-0430, www.southstreetgallery.com.

Variations by Beethoven and a sonata by Richard Strauss are among works to be performed by Natasha Farny, cello and Kuang-Hao Huang, piano at The Art Complex Museum, 189 Alden St., Duxbury.

SOLO, a contemporary dance performance by the dancers of the Fred Astaire Dance Studio of Plymouth, will take place at 6 p.m. at The Spire Center for Performing Arts, 25 1/2 Court St., Plymouth, featuring storytelling, video projection and contemporary dance to music ranging from J.S. Bach to Jake Hill. Doors open at 5:30 p.m. Tickets are available for $10 at www.spirecenter.org. For further information, call the Fred Astaire Dance Studio of Plymouth at 508-732-6790.

Tribute to the Big Bands at 2 p.m. at Priscilla Beach Theatre, 800 Rocky Hill Road, Plymouth. Tickets are $25 per adult and $15 per age 65+ and are available at www.pbtheatre.org or by calling 508-224-4888.

MONDAY, OCT. 5

Afternoon Author and Pizza Program at Buttonwood Books and Toys, Shaw's Plaza, Rte. 3A, Cohasset. Informal chat session at 3 p.m. Today: Lisa Graff for "Lost in the Sun" This book is suitable for middle grade students. 781-383-2665.

New Beginnings Singles Support Group, Inc. for newly widowed, separated or divorced adults, meets on Monday evenings at 6:30 p.m. at a new location in the Abington Senior Center at 441 Summer St., Abington. http://nbnorwell.org/, info@nbnorwell.org, call 781-499-2659.

TUESDAY, OCT. 6

Gail Nathanson's painting exhibition, Summer Revisited, will be on display from through Oct. 29, in the Hingham Library's Clemens Gallery, 66 Leavitt St., HIngham. An artist reception is tonight in the Clemens Gallery from 6 to 8 p.m. Refreshments and beverages will be served.

Ballroom Dancing every Tuesday from 7:30 to 11 p.m. at The Viking Club, 410 Quincy Avenue, Route 53, Braintree. Live bands every week. Singles and couples welcomed. Admission is $10. 781-784-2678 or 781-335-3171.

South Shore Men of Harmony rehearse every Tuesday at Hingham Community Center, 70 South St., Hingham, from 7:30 to10:30 p.m. 781-337-SING (7464).

WEDNESDAY, OCT. 7

The Rockland Country Garden Club invites the public to attend their free evening program which features Vicki Hurcombe from Seoane Garden Center speaking on Creating a Topiary. Vicki will discuss the selection of plant material for topiary purposes and she will demonstrate how that material can be used to create a topiary. Doors open at 6:30 pm program starts at 7 p.m. at the Rockland Memorial Library (lower level) at 20 Belmont St next to the Rockland Fire Station. Men and woman from all towns are welcome. 781-837-1433 or abijahfarm@yahoo.com.

THURSDAY, OCT. 8

Plymouth Farmers' Market, 2:30 to 6:30 p.m. each Thursday through October, at Plimoth Plantation in Plymouth, rain or shine, on the grassy field at Plimoth Plantation's River Street entrance. More than 40 vendors, music by local musicians, activities for kids. Free and open to the public. See www.plymouthfarmersmarket.org for details.

Open mike poetry, the Poetry Circle and the Duxbury Free Library will collaborate to present an open mike evening of poetry sharing. All are welcome to join in from 7 to 9 p.m. in the resource room on lower level of the Duxbury Free Library, 77 Alden St., Duxbury. No registration is necessary. Take a poem or two to share, and sign in by 7 p.m. if you want to read or recite. Listeners and poetry appreciators are very welcome. Refreshments will be provided. 781-934-2721, ext. 5610, rhickey@ocln.org for further information.

Guy Davis will perform at 8 p.m. at The Spire Center for Performing Arts, 25 1/2 Court St., Plymouth. Tickets are $25. Visit www.spirecenter.org for details.

Mark T. Small performs at 7 p.m. every Thursday at New World Tavern, 56 Main St., Plymouth, 508-927-4250.

Than Smith & Friends, original blues jam, 7:30 p.m. every Thursday at Shanty Rose Pub, 16 Town Wharf, Plymouth.

FRIDAY, OCT. 9

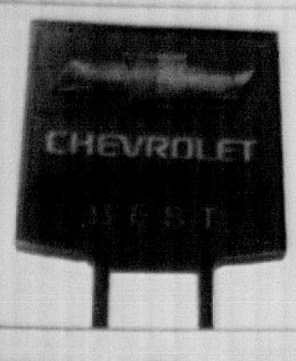
Marshfield Farmers' Market every Friday from 2 to 6 p.m. until Oct. 9, at the Marshfield Fairgrounds, 140 Main St./Route 3A) offers 40+ vendors in an indoor/outdoor setting by the grandstands. Free admission/parking, live music, free demos and kids' activities. Open rain/shine. Easy stroller and handicapped access.
www.MarshfieldFair.org/fm.htm or 781-635-0889.

Art in Bloom opens with a reception from 6 to 8 p.m. today at Plymouth Center for the Arts, 11 North St., Plymouth, 508-746-7222, plymouthguild.org. The show will run through Oct. 12.

Breaking Up is Hard to Do featuring the songs of Neil Sedaka, will be performed at 7:30 p.m. at Priscilla Beach Theatre, 800 Rocky Hill Road, Plymouth. Tickets are $25, $15 for seniors. Visit www.pbtheatre.org call 508-224-4888.

The 39 Steps Patrick Barlow's comedy-thriller, will be presented by the Company Theatre, from Oct. 9 through 25 at the Company Theatre Centre for the Arts, 30 Accord Park Drive, Norwell. Tickets range from $24 to $26 and group ticket prices are available. Show times at 7:30 or 8 p.m. from Thursday through Saturday; Sunday performances at 3 p.m. For a complete performance schedule or to order tickets, visit www.companytheatre.com.

The Stompers celebrate Lennon with special guest Bird Mancini, 8 p.m. at The Spire Center for Performing Arts, 25 1/2 Court St., Plymouth. Tickets are $25. Visit www.spirecenter.org for details.



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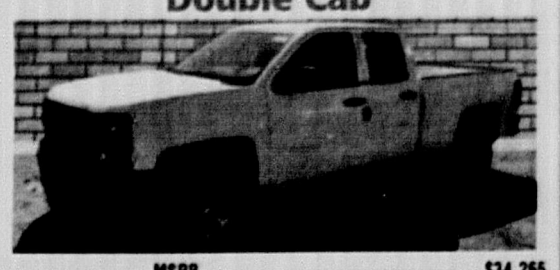

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MSRP	**$19,935**
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Competitive Lease	-$1500

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$995 cash down. Acq., plates, tax, title, doc fee extra. 1st payment waived. Includes competitive lease.

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Bonus Cash	-$500
Competitive Lease	-$1500

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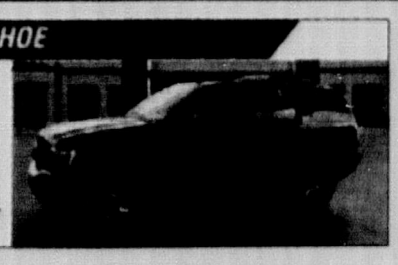

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